



ANNUAL ALL-STAR AWARDS PRESENTATIONS

**MILLTOWN AMERICAN LEGION Post #25
MONDAY, APRIL 29, 2019**

2019-2020 IMPORTANT DATES

(Very Tentative and Very Subject To Change)

Hydration: May begin on/about November 1, 2019

Wednesday, November 20th - GMC Pre Season Meeting 6:00pm, Edison HS

Tryouts: November 25, 26, and 27, 2019

NOTE: No practices allowed on November 28, 29, 30 & 12/1

Official Practices Begins - Monday, December 2, 2019

Thursday, January 30th - GMC Seeding Meeting

NO MATCHES ON THIS DAY

4:00 at the South Plainfield Italian American Club

Friday, January 31st - GMC Tournament at Piscataway

Saturday, February 1st - GMC Tournament at Piscataway

Friday, December 20, 2019- Opening Day

January 15th - 2 Pound Allowance (Pending Approval)

Saturday, February 1st - Team Playoff Cut Off

Tuesday, February 4th - Team Playoff Seeding Meeting

Saturday, February 8th - Individual 30 Match Cut Off

Monday, February 10th - State Sectionals Begins

Wednesday, February 12th - State Sectional Semi-Finals

Friday, February 14th - State Sectional Finals

Sunday, February 16th - Group Finals, Toms River

Thursday, February 20th, District Seeding Meetings

Saturday, February 22th - District Tournaments

Monday, February 24th, Region Seeding Meetings

February 26th, 28th and 29th - Region Tournaments

Tuesday, March 3rd - State Seeding Meeting

March 5th, 6th and 7th - State Tournament in Atlantic City

Wednesday, March 11th - Post Season Meeting 6:00pm, Edison HS

= Assumptions Based on 2018-2019 Schedule

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

ALL-STAR AWARDS PRESENTATIONS

MASTER OF CEREMONIES - RON MAZZOLA

SPECIAL THANKS TO:

**LUCA RISPOLI
DINNER RESERVATIONS**

**MARY RISPOLI
ENTRANCE TABLE**

**RACHEL DADDIO
50/50**

**STU KOHN ~ MILLERS RENTALS
FOR HIS ASSISTANCE WITH DINNER ARRANGEMENTS**

**GREG TUFARO ~ MYCENTRALJERSEY.COM
FOR HIS CONSTANT DEDICATION TO GMC WRESTLING**

**RON MAZZOLA
PROGRAM & AWARDS**

**PROGRAM PRINTING COURTESY OF THE
SOUTH PLAINFIELD BOARD OF EDUCATION**

SPECIAL THANKS TO STEVE JOHNSTON

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

All-Star Wrestlers

106 - Dylan Acevado, Sayreville
106 - Vincent Nadera, Old Bridge
106 - Desmond Pleasant, Piscataway
106 - Julian Irizarry, South Plainfield

113 - Jacob DelVecchio, South Plainfield
113 - Christian Diaz, Bishop Ahr
113 - Deon Pleasant, Piscataway
113 - Jaedon Kearnes, Metuchen

120 - Anthony White, South Plainfield
120 - Joe Fiordaliso, Monroe
120 - Ryan Gagliardi, Bishop Ahr
120 - Ken Beck, Middlesex-Dunellen

126 - James Rodriguez, Perth Amboy
126 - David Loniewski, South Plainfield
126 - Connor Platt, Spotswood
126 - Arjun Khatri, South Brunswick
126 - Michael Bilardo, Monroe

132 - Thomas Fierro, South Plainfield
132 - Michael O'Brien, Edison
132 - Ian Coleman, J. F. Kennedy
132 - Corey Fernandez, Monroe

138 - Alex Amato, South Plainfield
138 - Troy O'Connor, Middlesex-Dunellen
138 - Trevor Mastorio, Sayreville
138 - CJ Smith, South Brunswick

145 - Joe Sacco, South Plainfield
145 - Alec Meyers, Old Bridge
145 - Connor Doherty, Edison
145 - Jaden Catalano, Woodbridge

152 - Ian McCabe, Monroe
152 - Marcus Petite, Piscataway
152 - Marc Giordano, South Plainfield
152 - Luka Stepanashvili, J. P. Stevens

160 - Joseph Hatcher, Piscataway
160 - Jacob Vega, Carteret
160 - Sebastian Santos, South Plainfield
160 - Elijah Ade-Festus, Sayreville

170 - Nick Weikel, Monroe
170 - Gabriel Rodrigues, Piscataway
170 - Freddy Ramirez, Bishop Ahr
170 - Yusuf Elbayar, Woodbridge

182 - John Poznanski, Colonia
182 - Brenden Hedden, South Plainfield
182 - Nicholas Lodato, Piscataway
182 - Christian Perrine, East Brunswick

195 - Luke Niemeyer, South Plainfield
195 - Nick Recine, Piscataway
195 - Savon Kirksey, Sayreville
195 - Bryand Garcia, New Brunswick

220 - Zach DelVecchio, South Plainfield
220 - Keshon Davila, New Brunswick
220 - Joseph Porcaro, Sayreville
220 - Tommy Romond, St. Joseph

285 - Benedict Arthur, Sayreville
285 - Youssef Gamel, East Brunswick
285 - Kentheotio Cross, South River
285 - Johan Coria, Perth Amboy

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

Special Award Winners

OUTSTANDING WRESTLER AWARDS

Zach DelVecchio, South Plainfield

TOM FLANAGAN MEMORIAL

SCHOLAR WRESTLER AWARD

David Loniewski, South Plainfield

Trevor Mastorio, Sayreville

NJWOA-CENTRAL CHAPTER

SCHOLARSHIP AWARD

Gabriel Rodrigues, Piscataway

COURAGEOUS WRESTLER AWARD

Trevor Mastorio, Sayreville

FRESHMAN OF THE YEAR

Jacob DelVecchio, South Plainfield

SOPHOMORE OF THE YEAR

Anthony White, South Plainfield

JUNIOR OF THE YEAR

John Poznanski, Colonia

COACH OF THE YEAR

Ben Ostner, New Brunswick

ASSISTANT COACH OF THE YEAR

Mike Corrigan, Old Bridge

TEAM MVP's

Eli Jacobs-Perez, Highland Park

Cesar Lopez, North Brunswick

TOP TEAM

South Plainfield High School

BEST TEAMS

LARGE SCHOOLS (GR. 3, 4, 5)

Monroe Township High School

SMALL SCHOOLS (GR. 1, 2, 3)

Bishop George Ahr High School

MOST IMPROVED TEAMS

LARGE SCHOOLS (GR. 3, 4, 5)

New Brunswick High School

SMALL SCHOOLS (GR. 1, 2, 3)

Metuchen High School

WRESTLING MAN OF THE YEAR

Stuart Kohn

MEDIA PERSONS OF THE YEAR

Chris Faytok, Star Ledger/nj.com

Pat Lanni, Star Ledger/nj.com

CLIFF LOYSEN MEMORIAL

WRESTLING OFFICIAL OF THE YEAR

Carlo Socio

SPECIAL COACHING ACCOMPLISHMENTS

Career Milestone Wins

100 - Marcus Ivy, Sayreville

SPECIAL COACHING RECOGNITION AWARDS

Pat Appello, Middlesex/Dunellen

Matt Pazinko, East Brunswick

Nick Cilento, John F. Kennedy

Bill Pavlak, South Plainfield

Mark Salge, North Brunswick

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION STATE CHAMPIONS

From Middlesex County

<u>NAME</u>	<u>YEAR</u>	<u>SCHOOL</u>	<u>WT. CL.</u>
HENRY MACK	1962	PISCATAWAY	141
RICH AIELLO	1963	EAST BRUNSWICK	141
STEVE POVOLAC	1964	J.P. STEVENS	141
ED TOMKIEWICZ	1964	EDISON	198
JOE LEMMO	1965	SOUTH PLAINFIELD	106
MAX GUIDOBONI	1965	EAST BRUNSWICK	115
JOHN SMITH	1965	PISCATAWAY	168
LEN CASSIDY	1966	EAST BRUNSWICK	130
GERRY NISIVOC CIA	1970	J.P. STEVENS	115
MARIO IANNI	1970	EDISON	130
GERRY NISIVOC CIA	1971	J.P. STEVENS	123
JOE NISIVOC CIA	1972	J.P. STEVENS	115
JAY STUART	1972	PISCATAWAY	136
BARRY DRILL	1975	J.P. STEVENS	101
JOE DOUGHERTY	1975	MADISON TOWNSHIP	108
JOE DRAIN A	1977	COLONIA	158
MIKE DOUGHERTY	1978	MADISON CENTRAL	108
KEVIN JACOUTOT	1980	MADISON CENTRAL	115
JACK WILSON	1980	MIDDLESEX	HWT
KEVIN JACOUTOT	1981	MADISON CENTRAL	129
TED SLIWINSKI	1983	EAST BRUNSWICK	159
TIM JACOUTOT	1984	MADISON CENTRAL	116
DARREN SCHULMAN	1986	EAST BRUNSWICK	123
JOE DUHIGG	1989	EDISON	119
STEVE GIORDANO	1989	SOUTH PLAINFIELD	145
KEVIN MCCANN	1991	SOUTH PLAINFIELD	135
SCOTT KAMMERER	1991	EAST BRUNSWICK	HWT
FERMAN CRISCO	1992	PERTH AMBOY	152
BRIAN BRADY	1994	MADISON CENTRAL	152
TOM NOTO	1998	SOUTH RIVER	103
TOM NOTO	1999	SOUTH RIVER	103
MATT ANDERSON	2000	SOUTH PLAINFIELD	103
ED GUTNIK	2001	JOHN F. KENNEDY	130
JIMMY CONROY	2004	SOUTH PLAINFIELD	103
ANTHONY ASHNAULT	2010	SOUTH PLAINFIELD	103
ANTHONY ASHNAULT	2011	SOUTH PLAINFIELD	112
ANTHONY ASHNAULT	2012	SOUTH PLAINFIELD	126
SCOTT DELVECCHIO	2012	SOUTH PLAINFIELD	132
SCOTT DELVECCHIO	2013	SOUTH PLAINFIELD	132
ANTHONY ASHNAULT	2013	SOUTH PLAINFIELD	138
JONATHAN SCHLEIFER	2014	EAST BRUNSWICK	160
ZACH DELVECCHIO	2019	SOUTH PLAINFIELD	220

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

State Stuff ...

TEAM



INDIVIDUAL

Listed Alphabetically

Bishop Ahr

Non Public North B Semi-Finalists

Edison

Central Jersey Group 5 Qualifier

Highland Park

Central Jersey Group 1 Qualifier

Metuchen

Central Jersey Group 2 Qualifier

Monroe

Central Jersey Group 5 Semi-Finalist

New Brunswick

Central Jersey Group 5 Qualifier

Piscataway

North 2 Group 5 Semi-Finalists

Sayreville

Central Jersey Group 5 Semi-Finalist

South Plainfield

Central Jersey Group 2 Champion

State Group 2 Champion

Spotswood

Central Jersey Group 1 Semi-Finalist

Woodbridge

North 2 Group 4 Qualifier

STATE CHAMPION

220 - South Plainfield: Zach DelVecchio

STATE RUNNER-UP

182 - Colonia: John Poznanski

3rd Place

195 - South Plainfield: Luke Niemeyer

6th Place

145 - South Plainfield: Joe Sacco

Top 12

120 - South Plainfield: Anthony White

132 - Edison: Michael O'Brien

Top 16

126 - Perth Amboy: James Rodriguez

195 - Piscataway: Nick Recine

285 - Sayreville: Benedict Arthur

Top 24

106 - South Plainfield: Jacob DelVecchio

126 - South Plainfield: David Loniewski

132 - South Plainfield: Thomas Fierro

138 - Middlesex/Dunellen: Troy O'Connor

145 - Old Bridge: Alec Meyers

170 - Monroe: Nicholas Weikel

182 - South Plainfield: Brenden Hedden

195 - Sayreville: Savon Kirksey

220 - East Brunswick: Youssef Gamel

220 - New Brunswick: Keshon Davila

Qualifiers

126 - Monroe: Michael Bilardo

138 - Monroe: Corey Fernandez

138 - South Plainfield: Alex Amato

152 - Monroe: Ian McCabe

160 - Carteret: Jacob Vega

160 - Piscataway: Joseph Hatcher

170 - Piscataway: Gabriel Rodrigues

182 - Piscataway: Nicholas Lodato

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

SUPPORT THOSE WHO SUPPORT YOU!

***The Following Individuals & Businesses
Have Generously Donated
To The 2019 GMC TOURNAMENT***



**SOUTH PLAINFIELD
ITALIAN AMERICAN PROGRESSIVE LEAGUE
1001 Garibaldi Avenue, South Plainfield**

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119 New Market Ave.
South Plainfield NJ 07080**

**BUZZY'S RESTAURANT & PUB
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Piscataway
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**FGF HEATING & COOLING
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**CJA WRESTLING CLUB
Gene Lezark
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908-561-0465**

**SAL'S SPIRIT SHOPPE
1645 Park Avenue
South Plainfield
908-791-9463**

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

Girls Wrestling!!!



No one thought the Girls Wrestling Season would explode the way it did and be such huge success!!!

Kudos to the Ayers family who are here as our guests tonight for playing a big part in this fantastic endeavor. Special thanks to Bill Bruno and the NJSIAA for tackling this head on. Locally, special thanks to Bishop Ahr Head Coach Nick Tonzola for hosting the Inaugural Middlesex County Girls Wrestling Tournament. There are so many others who played a part in getting Girls Wrestling started in High Schools in NJ ... and we thank them all!!!

We are fortunate to have 5 wrestlers from GMC Schools who qualified for the NJSIAA Girls State Tournament, we will be honoring them all!!!

***Katy Ayala, New Brunswick
North 111, Runner-Up and State 4th Place***

***Veronica Whitacre, Monroe
North 136, Champion and State 3rd Place***

***Gabby Miller, Monroe
North 147, Runner-Up and State CHAMPION***

***Donna Walker, New Brunswick
North 161, Runner-Up and State 3rd Place***

***Kerly Borbor, New Brunswick
South 185, 3rd Place and State 3rd Place***

CONGRATULATIONS GIRLS!!! The BEST is YET to come!!!

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

Girls All-Stars

Katy Ayala, New Brunswick

Katy Ayala completed her first season as a varsity starter for the NB Zebra wrestling team and had some success against both males and females. Against male opponents, Katy posted a 7-11 record with three wins coming by fall. Katy's dedication and commitment to her team allowed her to slot into a starting slot which helped her team fill a lineup for the first time in program history. Katy had significant success against her female opponents as she posted a 10-6 record. Katy placed 2nd at the Garden State Classic wrestling up two weight classes, and 3rd at the Buc Classic wrestling up on weight class. During the season, Katy bumped up to 120 to wrestle the eventual 127 lb. female state champ from Hunterdon Central. Katy's victory against her female opponent from HC was the first win by a female over a female in a state tournament match. Katy pinned her way to region finals at 111 and along the way became the first female to qualify for the state tournament in New Brunswick history. At the state tournament, Ayala compiled a 2-2 record to place 4th in the state. Katy is looking to improve from her 4th place finish and to ascend to the top of the podium in 2020.

Veronica Whitacre, Monroe

Veronica was by far one of the toughest individuals in the wrestling room. Day in and day out she would push herself in every way possible. Whether it was during drill, conditioning, or live, you could see all she cared about was getting better. Not only did Veronica's work ethic stand out to the coaching staff, but it was her overall enthusiasm she had for the sport. Every day she would be smiling in practice, just happy to be in the room. Every match she would be smiling to ear to ear, excited to wrestle. She has something most people need in order to be successful in this sport, and that's nerve. She does not shy away from big matches or the spotlight and that was on display this season as she won the inaugural Girls GMC Tournament and was voted outstanding wrestler of the tournament. It was also on display again as she took home the North Region 136-pound weight class, becoming the first girls GMC and Region Champion for Monroe. Not to mention, a 3rd place finish in the first ever Girls NJSIAA Wrestling Tournament. With her passion and work ethic the Monroe Wrestling team is looking forward to the next three years to see what she can accomplish.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

Girls All-Stars

Gabby Miller, Monroe

Gabby had to overcome some obstacles this season. She suffered a serious shoulder injury during the offseason and was forced to miss a large portion of the season. She was able to return to action in early February and although, not at 100 percent, she entered into the North Region 147-pound bracket as the #1 seed. She ended the tournament with a tough loss in the finals, but used the loss as motivation for the upcoming state tournament. Miller turned the loss into a positive and spent the next two weeks focusing on improving and training harder than ever. Gabby wrestled extremely well and was able to avenge her loss in the state final, where she won by a 6-3 decision. She became Monroe's first ever state champion. The wrestling community in Monroe is extremely excited to see what the next three years have in store for Gabby.

Donna Walker, New Brunswick

In 2018, Donna Walker was a manager for the Zebras, but in 2019 she decided to lace them up herself. Donna is sure glad that she decided to wrestle in 19' as she made her mark on New Brunswick history by placing third at the inaugural Girls' State Wrestling Championship in Atlantic City. Donna posted an undefeated regular season winning championships at the Garden State Classic, Buc Classic and Brick Memorial Mustang Zoo. Donna also won a Middlesex County Championship pinning her way through the tournament. At the North Region tournament, Donna placed 2nd in the region and punching her ticket to Atlantic City. In Atlantic City, Walker went 2-1 and placed third at 161 by pinning her two opponents in the wrestle backs. Donna is looking forward to her junior campaign to take that next step and reach the state finals.

Kerly Borbor, New Brunswick

Kerly Borbor burst on to the scene in 2019, by placing third at 185 in the Girl's State Tournament. As a Freshman, Kerly compiled a 15-4 record and also contributed to 2 wins to the varsity squad. Borbor won a title at the Garden State Classic to start the season and she added a championship at the Buc Classic where she defeated the state runner up at 225 in the finals of the tournament. Borbor placed 2nd in the Middlesex County Tournament wrestling up a weight class, and had a 2nd place finish at the Buc Classic. In the South Region, Borbor battled her way through the wrestle backs to place 3rd in the tournament and cement her place in Atlantic City. In AC, Kerly went 3-1 to place 3rd in her weight class. Going into 2020, Kerly Borbor will look to put her name up there with the best female wrestlers in the state of New Jersey.



106



Dylan Acevado, Sayreville

As a two year starter for the Bombers Dylan is well on his way to building an impressive wrestling resume. Dylan amassed 27 wins as a freshman and was able to build off that his sophomore season. Dylan became Sayreville's first non heavyweight, and non senior GMC champ in over 10 years. A year round wrestler Dylan is always working to improve and grow in the sport. Dylan's success played a huge role in the success of the Bombers team who had a record setting year. Dylan led the team in pins with 19, Dylan also led the team in team points with 146. Dylan will be taking no time off as he prepares for his Junior season.

Julian Irizarry, South Plainfield

Julian broke out onto the wrestling scene with an outstanding freshman season. He finished 2nd at the Morris Knolls tournament. Julian was tested at the Virginia Duals and proved to be the spark the Tigers needed to start each match as he went 3-1 with key wins in the Nazareth and Parkersburg South matches to help South Plainfield claim the National Division title for the second time in school history. Julian would go on to place fourth in the GMC and went 3-2 over sectionals and groups to help the Tigers capture their fourth straight Group Championship. Julian finished his freshman campaign with a 25-11 record. The coaching staff is very excited for three more seasons with Julian. With his athleticism, work ethic, and determination the sky is the limit for Julian.

Vincent Nadera, Old Bridge

Vincent is a "Student of the game." He is the hardest worker on the team on and off the mat. Vincent, an outstanding student, has a work ethic and kind personality that makes him liked by all at Old Bridge High School.

The 2018 - 2019 season started with high expectations. This was because Vincent put in countless hours at clubs, clinics and tournaments in the off-season. This was made possible by the support of a wrestling family that has a passion for the sport of wrestling that is second to none. As fate would have it Vincent was in one of the toughest weight classes that Region 5 has to offer. Intense seasonal rivalries, such as Dylan Acevado from Sayreville made Vincent and his opponent better. Vincent won the first encounter but then faced Dylan in the GMC finals. After a great match, Vincent ended up taking 2nd. Although the match was over, one of the greatest showings of sportsmanship was about to take place. After the wrestlers exited the mat, Vincent, on his own, walked over to Dylan who was celebrating his victory, and hugged him to congratulate him. This impressed coaches' from both teams. This is a perfect example of what defines Vincent as a person. A great intense wrestler who respects his opponents.

During the Districts and Regions, Vinny saw how 106 was one of the toughest weight classes. After a loss in the District Semi's, he gutted out a win to place 3rd. In the Regions, Vinny ended his season with a win to place 5th. These intense matches will make Vinny all the better for next season.

Desmond Pleasant, Piscataway

Desmond has made some major improvements since last season. His freshman year he was on the Chiefs JV squad. This year he started the season off with a bang finishing 1st and 2nd in our two December tournaments. He continued to push himself and finished with a 3rd at the GMC tournament. His work ethic and pace that he sets in the practice room day in and day out helped him reach his goal by making the regions with a 3rd place finish in our district. Desmond is always doing the right thing which is what the coaches love to see. He has only just started to tap into his potential as a wrestler and we can't wait to see what he will be able to achieve in the coming years.



113



Jacob DelVecchio, South Plainfield

Jacob was selected as the recipient of the "Freshman Wrestler of the Year Award". For more on Jacob please turn to the page titled "FRESHMAN OF THE YEAR".

Christian Diaz, Bishop Ahr

Christian "the ice man" Diaz finished his junior. campaign with 27 wins , this improved his career record to 71-35. Christian was 3rd in the Nottingham tourney , 1st in the Rahway tourney , 2nd in the Elizabeth tourney and a GMC finalist taking 2nd . He also earned first team all division . A leader in a rebound season Christian was junior captain of a 35 boy member team and an 11 girl member team . His leadership was a big part in helping a young team win 15 matches and an undefeated blue division title . His coaches are excited to see what Sr. Year will hold for Christian , with good listen skills and an ever improving work ethic the skies the limit. Congratulations and good luck CD

Jaedon Kearnes, Metuchen

A two-year starter for Metuchen, Kearns had a break out Sophomore year. In practice daily, Jaeden's work ethic sets the tempo daily in the room. Kearns placed 2nd at 106 lbs in the Edison Classic opening weekend. He highlighted his season with a 3rd place finish at New Providence's Pioneer Classic, a 12 team tournament. Then Jaedon showcased his potential, placing for the second time in the County Tournament, this year earning his way to the podium at 4th place.

Deon Pleasant, Piscataway

Deon came on strong at the end of his freshman season and continued that success right into his sophomore year. Deon finished his freshman campaign with a 3rd place finish at District 18 and followed that up with 3rd and 2nd place finishes this season at two early tournaments. Deon continued to grow throughout his sophomore season and took an impressive 3rd place finish at the GMC tournament. That success continued as he went on to place 3rd at District 18 in a very competitive weight class, and then went on to win a match at the Region 5 tournament. With two more years left, Deon has everyone excited to see him not only achieve his goals of qualifying for the state tournament, but also making it on to the podium.



120



Ken Beck, Middlesex-Dunellen

Ken is a senior and a four-year starter at Middlesex. He had a breakthrough season in 2018 where he finished 29-8 and was a GMC finalist and a district champion. In 2019 Ken finished at 22-14 and placed 2nd in the Ice Breaker Tournament, fourth in a tough Hunterdon Central Tournament, and 3rd in the Districts. He finished his career with 70 wins and two-time region qualifier. Ken had a great career in Middlesex and will be known as a great teammate and hard worker.

Joey Fiordaliso, Monroe

Joey Fiordaliso returned as an anchor for Monroe's lightweights in his junior season. Fiordaliso came up big in dual meet competition, including scoring bonus by fall 11 times. He also topped the 30-win mark for the first time in his career, reached the GMC final for the second straight year, and captured his second district title. Fiordaliso's attitude and effort were noticed by his coaches and teammates, leading him in becoming a team leader and captain this season.

Ryan Gagliardi, Bishop Ahr

Ryan "gasman " Gagliardi used a great motor and his first shot at a full time varsity wrestling season to amass an impressive 33-8 record , with losses to only four wrestlers that all qualified for the state tournament .Ryan , a junior wrestled explosive, like throwing gas on a fire he was 2nd in the Rahway tournament , 1st place in the Elizabeth tournament and third in the GMC .Ryan earned first team all division going 7-0 and helping Bishop AHR rebound with an undefeated blue division title . His leadership will be counted on next season the help defend the title. With good listening skills and an ever improving work ethic his coaches believe the skies the limit . Aim high ! Congratulations and good luck next year R G .

Anthony White, South Plainfield

Anthony was selected as the recipient of the "Sophomore Wrestler of the Year Award". For more on Anthony please turn to the page titled "SOPHOMORE OF THE YEAR".



126



Michael Bilardo, Monroe

Mike Bilardo was a four-year starter for the Falcons amassing over 75 wins during his career. Bilardo wrestled with an injury all season and refused to quit. His toughness and determination was something everyone in the room noticed. Despite this, Bilardo still enjoyed arguably his most successful season yet. He was a Walter Woods champion, a 5th place finisher in the GMC, 3rd in District 24, and a Region VI finalist, qualifying for the state tournament for the first time in his career. Bilardo has been a key part to Monroe's lineup over the past four years and he will be missed.

Arjun Khatri, South Brunswick

Finishing up his third year as a starter for South Brunswick, Arjun has left his mark on the Viking wrestling program.. Arjun had a very strong senior season which included a 4th place finish at the GMC Tournament and a 2nd place finish at the District XX tournament., and qualified for the Region V Tournament. Arjun also became a 3x Buc Classic champion winning all three championships in 3 different weight classes. Arjun recorded 27 victories this season and was the team leader in wins, tech falls, majors. Arjun's leadership and focus had a huge impact on the team and will be greatly missed. The team and the coaching staff will miss Arjun and wish him luck in college.

David Loniewski, South Plainfield

David is one of the recipients of this years 'Tom Flanagan Memorial Scholar Wrestler Award' winners. For more on David, please turn to the page titled 'TOM FLANAGAN MEMORIAL SCHOLAR WRESTLER AWARD'.

Connor Platt, Spotswood

As a four year starter for Spotswood, Connor has established himself as one of the premier wrestlers in the program's history. Connor was a tremendous leader whose strong work ethic was infectious to his teammates. His ability to connect with younger wrestlers and act as a mentor was instrumental to our team's success. Over his career, Connor was a three time district placewinner and three time region qualifier. During his junior and seniors seasons, Connor shined in the GMC Tournament finishing fifth and third. Connor completed his senior season with 31 wins and a sixth place finish in the regional tournament. Connor takes pride in his role as a captain and student athlete. He plans on continuing his wrestling career on the collegiate level and truly has a bright future.

James Rodriguez, Perth Amboy

This season we made the decision to move James down from 132lbs to 126lbs weight class. It was a huge adjustment for him, but he accepted the challenge, worked extremely hard to get down to weight. The move proved to be the right one. At 132lbs James won the Morris Knolls and Hunterdon Central tournaments. After making 126, he went on to win his 2nd GMC title (only the 3rd wrestler in Amboy to do so), won his 1st District title and became the 6th Amboy wrestler to win a Region 5 title. Unfortunately, he did not medal at the State tournament. He did win his 100th career victory, which puts him 5th on Amboy's all-time list. James finished this season with a record of 31-4 and now has a career record of 101-20. Next season, James looks forward to finishing his career as the Best Wrestler in Perth Amboy history.



132



Ian Coleman, John F. Kennedy

Ian Coleman finishes his third season with the Mustangs with a strong showing. After capturing 27 wins this season, Ian is on pace to surpass 100 career wins by the end of his senior year. As a first year team captain for the Mustangs, Ian took the reins and lead the Mustangs to 7 more dual meet wins then the year prior. In the GMC tournament this past year, Ian Coleman finished strong and graced the podium with a 3rd place finish, one spot up from the previous year. Ian currently holds an overall record of 75-30. Ian was announced team MVP and also received the Ed Gutnik Wrestler of the Year award.

Corey Fernandez, Monroe

Corey finished his senior season with a record of 30-13, where he placed 4th in the GMC, 2nd in District 24, and third in Region VI, qualifying him for the state tournament. His leadership and voice was something the underclassmen always listened and looked for. His toughness, attitude, and style of in your face wrestling is something that the younger guys will always remember and hopefully strive for. Corey has always pushed the pace in the practice room and his work ethic was contagious to others. Monroe wishes Corey all the best on his future endeavors.

Tommy Fierro, South Plainfield

Tommy saved his most successful season in a Tigers uniform for his last. He started off the year by finishing 2nd at the Morris Knolls tournament. Tommy went undefeated at the Virginia Duals getting a key pin against Parkersburg South, West Virginia as the Tigers upset the Nationally Ranked top seed to help claim their second Virginia Duals title in program history. Tommy would go on to capture his second GMC Championship later in January. Tommy earned his 100th career win in early February with a big pin against Emerson High School. He won his second consecutive district title and his first region title as the team entered the post season. Tommy finished 1-2 at the state tournament ending his high school career as a two-time state qualifier. The South Plainfield coaching staff would like to wish Tommy the best of luck in his future endeavors.

Michael O'Brien, Edison

Michael O'Brien has been an outstanding wrestler for Edison High School over the last 4 years. This season Michael finished with a record of 39-7. He placed 3rd in the region 5 Tournament and finished Top 12 in the NJSIAA State wrestling Tournament. He also was a District 18 finalist, GMC finalist, Warren Hills Finalist, and Edison Classic Champion. Michael finished his career with 122 wins making him one of the most winningest wrestlers in Edison High School history. Michaels aggressive and exciting wrestling style made for some of the most exciting matches in every tournament he competed in on a local, region, and state level. Michael will be joining the Marine Corps after graduation.



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Alex Amato, South Plainfield

Alex's senior campaign proved to be his most successful season in a Tiger uniform. He placed third at the Morris Knolls Tournament in a very tough weight class. As the Tigers battled to a first-place finish at the Virginia Duals, Alex came up with a big bonus point win in the finals against St. Augustine prep to help vault the Tigers to the championship. As the GMC Tournament rolled in, Alex entered at the third seed and battled his way to his first GMC Tournament title with a late takedown and ride out in the finals to secure the victory. Alex would go on to have a huge pin in the Group State Finals against High Point to help the Tigers capture their fourth consecutive Group Championship. Alex became a two-time state qualifier as he placed second in the districts and fourth in the region. Alex's grit and toughness will be missed from the Tiger line-up next year. The South Plainfield coaching staff wishes him the best of luck as he continues his education and wrestling career at TCNJ.

Trevor Mastorio, Sayreville

Trevor is this year's recipient of the "Courageous Wrestler Award" and also one of the recipients of the "Tom Flanagan Scholar Wrestler Award". For more on Trevor, please turn to the pages titled "COURAGEOUS WRESTLER AWARD" AND "TOM FLANAGAN SCHOLAR WRESTLER AWARD".

Troy O'Connor, Middlesex-Dunellen

Troy is a senior and a four-year starter. He is one of the best wrestlers to come out of Middlesex High School. He is the eighth Middlesex wrestler to reach 100 wins and his 120 career win total is 4th all time at Middlesex. Troy is a three-time county and district place winner and a 2019 region place winner that earned him a trip to Atlantic City. Troy has demonstrated hard work and leadership in both the wrestling room and the classroom. He is truly a role model for younger Middlesex wrestlers and looks to wrestle in college but is undecided at this time.

CJ Smith, South Brunswick

Finishing up his fourth year as a starter for South Brunswick, CJ has left his mark on the Viking wrestling program. CJ had a very strong senior season which included a 4th place finish at the GMC Tournament and a 2nd place finish at District XX. CJ recorded 24 victories this season. CJ's growth as a young man and wrestler were immense this season. This growth had a positive impact on the younger members of the team and will leave a legacy for those to come. The team and the coaching staff will miss CJ and wish him luck in college.



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Jaden Catalano, Woodbridge

Jaden Catalano was a three year starter for the Barrons. Jaden was a team Captain and tremendous leader for a team that went 15-6. Jaden had a great ability to help younger wrestlers and improve everyone on the team. Over his three year career Jaden won 50 matches for the Barrons and was a two time GMCT place winner, and a district place winner (2nd) 2018. Jaden embodied the true work ethic and heart a wrestle needs to be successful that will certainly help provide him with a bright future.

Connor Doherty, Edison

Connor Doherty was a solid contributor for the Eagles in the middle of the lineup this season. Connor finished with 27 wins this season. He also was a District 18 finalist and an Edison Classic Champion. Connor also placed 3rd in the GMC Tournament in his sophomore season. This was a breakout season for Connor Doherty this year because he unfortunately missed the majority of his Freshman season due to injury. We expect Connor to be one of the standout wrestlers representing the GMC over the next 2 years.

Alec Meyers, Old Bridge

Alec Meyers is the definition of a "Program Kid." He started out as a talented young wrestler who was tough and would not be pinned. He was used in the varsity line-up as a block against those stud wrestlers. Many times the match was closer than expected and sometimes he would even squeak out a win. As Alec matured, he worked hard in practice and at clubs and evolved into a pinning machine.

This past season Alec was one of the shining stars in an otherwise weak line up. He surely was the bonus point leader with his classic cradle. He began the season with a championship at the Ice Breaker on opening weekend and a 5th place finish at the prestigious Hunterdon Central Invitational. After the winter break, Alec began his dominance. He racked up 33 wins many of which were pins. At the County Tournament, Alec placed 2nd, losing in the finals. In the District 17 he took 2nd. In the final, he faced the same wrestler he had already lost to in the dual meet and the County Tournament. In the Region 5 tournament, he also faced in the semis this same familiar foe. Alec ended up placing 4th to qualify for the State Tournament. When the brackets came out we could not believe that he faced the same wrestler in the first round.

Alec has given so much to this program. A team captain, he was a leader who led by example. The staff will surely miss him. We also wish him the best of luck in college. Alec has a goal of becoming a State Trooper as a career choice.

Joe Sacco, South Plainfield

Joseph had an outstanding senior season in the green and white of the Tigers. Joseph won his 100th match on the very first day of his senior season and he never looked back. He finished first at the Morris Knolls Tournament pinning his way to his second title. Joe went 2-2 at the Virginia Duals earning a key overtime victory in the finals against St. Augustine. Later in the season, Joseph would go on to win his second GMC Title in dominating fashion. He went 5-0 during the Team State Tournament as well. As the individual portion of the season got underway, Joe won his first district and region titles qualifying him for the state tournament for the third time in his career. Joseph battled against the states best competition earning a 6th place finish in the state tournament. Joe's leadership and attitude will be missed from the team next season. The coaching staff would like to congratulate Joe on a great career and wish him the best of luck as he continues his academic and wrestling career at Sacred Heart University.



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Marc Giordano, South Plainfield

A two-year starter for Tigers, Marc joined the wrestling team going into his Junior year and were just scratching the surface of his potential as a wrestler. Marc opened his season by placing second at the Morris Knolls Tournament. He went 2-2 at the Virginia Duals coming up with a huge pin against nationally Nazareth (PA) in the quarterfinals to help the Tigers win the title. Marc would go on to place third in the county tournament. He went undefeated in the team state tournament, bumping up to 170 and defeating a very tough wrestler from High Point creating a huge momentum boost for the Tigers. Marc would enter the post season and capture his second District title. He would go on to place fifth in the region narrowly missing out on becoming a state qualifier. The coaching staff would like to wish Marc the best of luck in his future endeavors.

Ian McCabe, Monroe

Ian McCabe enjoyed a breakout year for the Falcons. Ian entered his junior year with 40 career varsity wins and nearly doubled that as he finished the season with a record of 38-2 and was a Neptune Classic, Walter Woods, GMC, District, and Region Champion. McCabe's junior year also saw him collect a total of eighteen falls, one technical fall, and three major decisions. We know that as he enters into his senior season he will be working hard to achieve his goals, both from an individual and team perspective.

Marcus Petite, Piscataway

Marcus is coming off a breakout sophomore season and he continued the success right into his junior year. As a sophomore, he finished 4th in the GMCT and finished off the year with a District 18 championship, qualifying him for the Region 5 tournament and finishing 6th. He continued his success right into his junior season this year obtaining a 2nd place finish in the GMCT. He completed his third season with a 3rd place finish at District 18 and 6th place finish at Region 5. Marcus was a leader in the practice room this year and was named one of the captains for the Chiefs. His dedication to the sport and leadership role he provides has everyone looking forward to a successful senior campaign.

Luka Stepanashvili, J. P. Stevens

Luka was a three-year starter for John P Stevens where he ended his high school career as a team captain. Luka was a leader by example who helped our program embrace the hard work and determination that goes into becoming a great wrestler. During his senior campaign, Luka secured 24 wins, some of which played a pivotal role in securing team victories. In addition to this success, Luka also placed 4th in the GMC tournament and 2nd in the District 14 tournament. J.P Stevens wrestling will miss Luka as he looks to attend Rowan University next year.



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Elijah Ade-Festus, Sayreville

As a second year starter Elijah 23-6 has made his impact on the lineup. The Bombers had to wait few weeks for Elijah to get cleared with his decent plan. But, once he hit his weight the Bombers went on a 25 duel meet win run. Elijah started at 160 where the Bombers go on a run of 6 returning starters and the strength of the Bomber line up. Elijah looks to improve in his senior year and guide a young team to success.

Joseph Hatcher, Piscataway

Joseph began his senior year campaign on a tear. He quickly became a three time GMC champion and entered the district tournament with a record of 31-0. Joseph was able to reach his fourth district final and later took third place in Region 5 at 160 pounds. His presence on the mat and in the practice room are going to be greatly missed. Joe played a huge part in Piscataway's team success over the last four years and will leave a huge hole to fill in the lineup. He will finish his career for the Chiefs with the second most wins in school history and also as a 4x NJSIAA state tournament qualifier. Piscataway wishes him nothing but the best of luck in his future endeavors.

Sebastian Santos, South Plainfield

Sebastian made his first year in the varsity line up a very successful one, even though he was giving up 10-12 pounds all year. He was 1-1 at the Morris Knolls Tournament to open the year and hit some tough wrestlers at the Virginia Duals, but did not surrender anything more than a major decision against multiple state qualifiers and place-winners including wrestling Nazareth's Jake Dressler (PIAA State Qualifier) to a 3-2 decision. Sebastian showed his abilities as he entered the GMC Tournament as entered the tournament as the 13th seed and battled to a 3rd place finish including giving the eventual champion his closest match of the tournament. As the post season rolled in, Sebastian won his first District title in as many tries. He finished fifth in the Region tournament just missing out on qualifying for the State Tournament. Sebastian's determination will be missed in the Tiger line-up next year as the coaching staff wishes him the best of luck in anything the future has in store for him.

Jacob Vega, Carteret

Jacob Vega is a Junior three year varsity starter. After an early injury caused a slow start to the season, Jacob came on strong in the latter portion, riding momentum straight through to Atlantic City. The Ramblers Captain won the Rahway Tournament and the Buc Classic, while finishing second in the GMC, District and Region. Jacob finished his most successful season to date with 37 victories and was the catalyst to a very young, inexperienced Carteret team. He will look to cement his place in the CHS history book during his Senior season as he leads the Ramblers once again.



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Yusuf Elbayar, Woodbridge

Yusuf Elbayar was a four year member and two year starter for the Barrons. Yusuf was a team Captain this year on a team that went 15-6. Yusuf enjoyed a break-out senior season that saw him win 26 matches and place in every tournament he competed in all season, (3rd Roselle Park, 3rd Elizabeth, 4th GMCT, 2ND Districts). Yusuf led the team in Wins and was an extremely hard worker and fantastic Captain. Yusuf is also an excellent student and will certainly enjoy a bright future.

Freddy Ramirez, Bishop Ahr

Having never wrestled before high school, Freddie "the Rock " Ramirez quickly developed a love for the discipline, conditioning, competition and family involved in this sport that means so much to all of us. Competing at 220 and heavyweight for his first three season Fred worked hard in the off season to become AHR teams 170 lber. His work ethic and ability to listen to his coaches helped him reach new heights earning a 27 -11 record. Fred was 3rd in the GMC and champion at both the Rahway and Elizabeth tournaments. He was an unselfish leader moving up to 182 and 195 whenever needed going 7-0 in the division earning 1st team while helping Bishop AHR rebound to an undefeated blue division title. We hope his work ethic in the practice room will remain with AHR returning wrestlers who prepare to defend the title. Congratulations and good luck Fred see you at the Alumni Match.

Gabriel Rodrigues, Piscataway

Gabe will be receiving the 'NJWOA-Central Chapter Scholar Wrestler Award'. For more on Gabe, please turn to the page titled 'NJ WRESTLING OFFICIALS CENTRAL CHAPTER SCHOLAR WRESTLER AWARD'.

Nick Weikel, Monroe

Nick finished his senior season tallying 36 wins, as he became a Neptune Classic, GMC, and District champion. Nick also managed to secure 3rd place in the Region VI tournament, qualifying him to the state tournament for the first time in his career. All year Nick was focused and driven to succeed. He was reliable and consistent all season for Monroe. This year, Weikel went 21-0 during dual meet competition, winning by fall twelve times, receiving three forfeits, and two major decisions, averaging a total of 5.09 team points per match. Nick's bonus power and leadership qualities is something that will be missed tremendously.



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Brenden Hedden, South Plainfield

Brenden has been a staple in the Tiger line-up for the past three seasons and he saved his very best for his final season. He finished 2nd at the Morris Knolls Tournament and would avenge his finals loss two weeks later in the dual meet with Seton Hall Prep. Brenden went 2-2 at the Virginia Duals including winning a key decision against Parkersburg South in the Semi-Finals. Brenden would go on to place 2nd at the GMC Tournament falling to eventual State Finalist John Poznanski of Colonia. During the Team State Tournament Brenden recorded a record of 4-1 coming up with two pins against Hanover Park and High Point to help the team capture the Group II State Title. Brenden finished 3rd in the District Tournament but would bounce back from that to place 2nd in the region, qualifying him for the State Tournament for the first time in his career. Brenden's dedication and leadership will be sorely missed next year. The coaching staff would like to wish him the best of luck!

Nicholas Lodato, Piscataway

After not even being able to crack the varsity line-up last year, Nick was a welcomed surprise this year. He went from 0-1 on the varsity level to becoming a NJSIAA state tournament qualifier this year. He started his year off by winning both the Hopatcong and the Anthony Casselli Invitational tournaments. His hard work during the season led to a third place finish in the GMC tournament and an appearance in the District 18 finals. Nick continued his success into the Region 5 tournament where he secured a third place finish and his first qualification for the NJSIAA state tournament. Piscataway hopes to have Nick put in the necessary work in the off season to be able to come back next year and experience even more success.

Christian Perrine, East Brunswick

Christian, a two-sport Varsity Athlete, just finished up his senior season, while receiving his third varsity letter in as many years as he took to the mat for the Bears. Christian started off the season with a 1st place finish at the Ice Breaker Invitational, and followed that performance up with a 3rd Place finish a week later at the Bear Invitational. As the season got tougher, so did Christian. He placed 4th at the GMC Tournament, and then won the District 20 Tournament in dramatic fashion, while winning the Outstanding Wrestler Award. Christian wrestled a tough region tournament and finished in 6th place, falling one match shy of qualifying for the state tournament.

Christian who recorded 27 wins this season and 69 total wins in 3 seasons for the bears will use his unique wrestling skillset on the turf next year where he will play Division I Lacrosse at Clarkson University in Upstate New York as he is expected to compete for a starting face-off / midfielder for the Golden Knights.

John Poznanski, Colonia

John was selected as the recipient of the "Junior Wrestler of the Year Award". For more on John please turn to the page titled "JUNIOR OF THE YEAR".



195



Bryand Garcia, New Brunswick

Bryand Garcia finished up the best season for a Freshman in New Brunswick Wrestling history. Bryand became the first freshman NB wrestler to place top 4 at the GMC tournament when he placed 4th at 195. Garcia had a dominant season pinning 14 of his opponents and creating a dynamic 1-2 punch with Keshon Davila at the top of the Zebras lineup. Bryand's tough nose approach helped him post positive results throughout the season and helped him attain his high finish at the GMC tournament. Garcia was selected to the First Team All-NJUWL. Bryand captured a Greco-Roman Cadet State Championship and will look to better his overall skillset to propel him to the next level in his sophomore campaign.

Savon Kirksey, Sayreville

As a wrestler who started wrestling only his sophomore year, Savon truly had a remarkable career. Savon had 10 wins his first year and quickly amassed over 25 wins each of the following two seasons. As anyone who know wrestling knows, being successful your first few years is almost impossible, however Savon was not just successful but dominate, leading the team in takedowns last year and second in takedowns this year. Savon is another one of the amazing football players who made our wrestling team so solid. Savon finished the year as a state Qualifier, showing that with hard work anything is possible. In the state tournament he went 1-2 with both his loses coming by a takedown or less, making it obvious he belongs with the most elite wrestlers in the state.

Luke Niemeyer, South Plainfield

Luke has been a mainstay in the South Plainfield line up for the past three seasons. He started off the season by placing 2nd at the Morris Knolls Tournament. Luke turned in a dominating performance at the Virginia Duals as he went 4-0 with four first period pins to help the Tigers win the Virginia Duals. In the GMC Tournament, Luke would go on to capture his third straight county title dominating his was through a tough weight class. The Tigers traveled down to Southern where Luke would close out the dual meet by recording his 100th win to help the team defeat the Group V Champion 33-21. Luke would have a perfect 5-0 record during the Team State Tournament including a big 4-2 decision against High Point while bumping up a weight class. He turned an outstanding post season performance. Luke won his third straight District title and captured his first region title a week later. At the State Tournament Luke would battle his way to a third-place finish making him a two-time state place winner. Luke's work ethic, leadership, and selflessness will be missed from the Tiger line-up. The coaching staff would like to wish Luke the best of luck as he continues his education and wrestling career at Bucknell University!

Nick Recine, Piscataway

A four year starter and two year captain, Nick Recine was a three time GMC finalist capturing a title his junior year. Nick unfortunately missed a few weeks of his senior year due to a chronic injury from the previous football season. He capped off his high school career becoming a three time district champion and making the finals at the Region 5 tournament. This year his main goal was to compete again in Atlantic City, which he achieved, and finished in the top 16 for the 195 pound weight class. Had Nick been healthy and able to compete throughout the entire season, we are certain that he would have topped the 100 win mark and made the podium at the state tournament. Nick's hard work and pace in practice benefited not only himself but his partners and the team as a whole. His talent, skills and dedication in both wrestling and football will be taking him to the next level to compete in both sports on a scholarship at East Stroudsburg University!



220



220 - Keshon Davila, New Brunswick

Keshon Davila completed the most successful season for a male wrestler in New Brunswick History in 2019. Keshon became the first Zebras wrestler to make the finals of the Region 5 tournament, and he was the first Zebra to qualify for the state tournament in Atlantic City since 1971. Placing 2nd at 220 this year, Keshon became the first NB wrestler to make the finals of the GMC tournament in consecutive seasons, and he also became the first Zebra to medal in the GMC tournament 3 times. Davila became NB's 6th District Champion as he posted a team high of 33 wins. With his 33 wins this year, Keshon was able to become the 5th Zebra wrestler to pass the 75-win plateau, and the first to pass the 80-win plateau. Keshon was selected to the 2nd Team All GMC, 1st team All-NJUWL and the the All-White Division team. Davila is now the most winningest wrestler in New Brunswick history and will look to his senior season to become New Brunswick's first 100-win wrestler, in addition to becoming the first New Brunswick wrestler to place Top 8 in Atlantic City.

220 - Zach DelVecchio, South Plainfield

Zach is the recipient of this years "Outstanding Wrestler Award". For more on Zach, please turn to the page titled "OUTSTANDING WRESTLER AWARD".

220 - Joseph Porcaro, Sayreville

Joey had an amazing junior campaign showing huge amounts of growth from his sophomore season. Joey finished with 27 wins a GMC placer and second in the district tournament. Joey comes from a line of outstanding wrestlers, and he is looking to finish up his senior year making his own mark on the GMC. Joseph like a lot of the wrestlers on the team is an outstanding football player as well. Joseph will be looking to lead the team next year on the field as well as on the mat.

220 - Tommy Romond, St. Joseph

Tommy decided to come out for wrestling the day before the season started with the intent that it would help him improve for football where as a sophomore he is already being recruited by Princeton, Lehigh, Harvard, and Dartmouth. No one, including Tommy himself, could have imagined that his first season wrestling could have gone as well as it did. Just 3 weeks into wrestling he took 3rd place at the Hopatcong Tournament, with his only loss coming to Nick Trani of Wayne Valley, 8-3, who was state ranked at the time. From that point forward Tommy would continue to improve and impress through out the season including getting 3 wins with 2 coming by pin in the wrestlebacks at the GMCs and being the first St. Joe's wrestler in over 27 years to place in the GMCs. Tommy was far from done though as he pinned his first opponent in the districts and followed it up by almost upsetting the 1 seed from Voorhees in the district semifinals in a 4-2 dogfight that ended in Sudden Victory. In his 3/4 match at the districts he wrestled a Bayonne opponent who the week before had beaten him 10-8 and Tommy turned the tables on him defeating him 5-2 and advancing to the Region tournament in only his first year wrestling. The sky is the limit for this young wrestler in the future.



285



Benedict Arthur, Sayreville

3 year starter and captain, Ben has done everything right for his high school career. Ben is a stand out football player and leader on the gridiron as well as on the mats. Be had a breakout year as the bombers heavyweight. Last season Ben was slightly above .500, while this season Ben had an outstanding 34 wins. Ben became the 5th heavyweight GMC champion in six years for the Bombers, showing dominance in a long line of outstanding heavyweights for the Bombers. Ben only a 4 year wrestler qualified for the state tournament in his senior year and went 2-2 in A.C. showing his skill was even with any heavyweight in the state.

Johan Coria, Perth Amboy

Johan, a sophomore, finished with a season record of 17-9. He became a first time GMC All-Star by placing 4th in the County tournament. He won his 1st District title and placed 6th at Region 5. He is already in the weight room preparing for next season. Johan has the potential to do great things the next two years and we're all excited to see what the future holds for him. Stay Tuned!!

Kentheotio Cross, South River

Kentheotio Cross is a tremendous athlete. Kenny as he goes by is a remarkable athlete both in the wrestling room as well as on the football field. Kenny joined the South River High School Wrestling Team during his junior year in high school. Despite never wrestling before, Kenny had instant success. Kenny finished with a 12-2 record during his inaugural season and placed 5th in the GMC Tournament. His senior proved to be an even greater success. Kenny finished an injury plagued season with a 16-8 record and finishing 3rd in both the GMC and District Tournaments. Kenny was a team leader for both seasons and selected as the team captain by his peers. Kenny is looking to attend either Springfield College and Delaware Valley College.

Youssef Gamel, East Brunswick

Youssef, a two-sport Varsity Athlete (Football and Wrestling), just finished up his junior season for the bears. Youssef led the Bears this season in wins, with 28, and has accumulated 55 wins in his 3 years for the bears. Youssef started the season off at HWT and finished 2nd at the Ice Breaker Tournament and 2nd at the GMC Tournament. Youssef came into the season as a HWT, but as the season progressed and the wins accumulated for him, he continued to shed the fat and decided to drop to 220 for the postseason. His decision worked and finished 3rd in the District 20 Tournament and 4th at the Region 5 Tournament, qualifying for his first state tournament. Although he did not place he was able to win his second match and reached Top 24 status. We are looking forward to big strides next year for Youssef on the Wrestling mat for the Bears, as he will return as one of the top 220/HWT's in the state next season.

20

TEAM MVP'S

19

Beginning last year, the GMCWCA voted to allow teams without an qualifying All-Star Wrestler to add a TEAM MVP to our annual banquet. Now all GMC wrestling schools have representation at the banquet. We are happy and proud to have these wrestlers with us here tonight.

Congratulations!

***Eli Jacobs-Perez, Highland Park
Cesar Lopez, North Brunswick***

***Working on Making a Difference
for High School Wrestlers
in Middlesex County***



GMC Wrestling



@GMCWrestling

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION



WRESTLING ALL-AMERICANS

Last year we also started honoring our GMC wrestlers who went on to become Collegiate All-Americans. They will be awarded based on their graduation year/last year of eligibility. If a wrestler can not make it, we will invite them back the following year.

This years All-American Honorees:

Anthony Ashnault, South Plainfield High School & Rutgers University
4x All American; 2015-8th at 141, 2016-4th at 141, 2017-6th at 141, 2019-CHAMPION at 149

Troy Heilmann, South Plainfield High School & University of North Carolina
2018 All-American 4th Place at 149

Bobby Jordan, Woodbridge High School & Johnson and Wales
2x All American; 2017-7th Place at 125, 2019-3rd Place at 133

Etiini Udott, Piscataway High School & Centenary University
2x All American; 2018-5th Place at 197, 2019-3rd Place at 197

And we look forward to seeing Future Honorees:

Jake Giordano of South Plainfield & TCNJ ~ 2019; 5th - 133
Alexis Soriano of Perth Amboy & Mercyhurst ~ 2019; 8th - 133



WRESTLING ALL-AMERICANS

**MIDDLESEX
COUNTY
1987-2019**

This list was recently sent to me. Admittedly, the person compiling this list stated that he has not "done the best" in keeping up with anything other than Division I since about 2005. If you see any errors or omissions please bring them to my attention. You can email me at ronmazz@aol.com (remember to use 3 Z;s). THANK YOU!

YEAR	LAST NAME	FIRST	COLLEGE	DIVISION	CLASS	PLACE	HIGH SCHOOL
2019	Jordan	Bobby	Johnson and Wales	III	133	3rd	Woodbridge
2019	Giordano	Jake	TCNJ	III	133	5th	South Plainfield
2019	Soriano	Alexis	Perth Amboy	III	133	8th	Perth Amboy
2019	Ashnault	Anthony	Rutgers	I	149	1st	South Plainfield
2019	Udott	Etiini	Centenary	III	197	4th	Piscataway
2018	Heilmann	Troy	North Carolina	I	149	4th	South Plainfield
2018	DelVecchio	Scott	Rutgers	I	133	6th	South Plainfield
2018	Jazikoff	Raymond	NYU	III	157	7th	South Plainfield
2018	Udott	Etiini	Centenary	III	197	5th	Piscataway
2017	Jordan	Bobby	Johnson and Wales	III	125	7th	Woodbridge
2017	Ashnault	Anthony	Rutgers	I	141	6th	South Plainfield
2016	Ashnault	Anthony	Rutgers	I	141	4th	South Plainfield
2015	Ashnault	Anthony	Rutgers	I	141	8th	South Plainfield
2013	Roman	Gabe	Missouri Baptist	NAIA	125	3rd	Perth Amboy
2012	Roman	Gabe	Missouri Baptist	NAIA	125	7th	Perth Amboy
2012	Emburgia	Sam	Middlesex	NJCAA	141	7th	Monroe
2012	Ebewo	Eddie	East Stroudsburg	II	197	3rd	Old Bridge
2009	Roman	Gabe	Middlesex	NJCAA	125	3rd	Perth Amboy
2006	Duca	Jad	Ithaca	III	157	7th	South Brunswick
2003	Deniz	Bill	Montclair St	III	165	8th	South River
2001	Esposito	Dave	Lehigh	I	149	2nd	JFK Iselin
2000	Esposito	Dave	Lehigh	I	149	3rd	JFK Iselin
1999	Daly	Sean	Middlesex	NJCAA	184	8th	East Brunswick
1998	Cruikshank	Mike	Trenton State	III	177	4th	Woodbridge
1996	Cruikshank	Mike	Trenton State	III	177	2nd	Woodbridge
1995	Beagan	Chris	Montclair St	III	134	5th	Sayreville
1994	Giordano	Steve	Kean	III	150	4th	South Plainfield
1994	Rance	Will	Kean	III	118	6th	Metuchen
1994	Johnson	Dennis	Middlesex	NJCAA	177	7th	Perth Amboy
1992	Paladino	Ed	Middlesex	NJCAA	118	8th	Woodbridge
1991	Schulman	Darren	Syracuse	I	142	5th	East Brunswick
1991	Viola	Ives	Kean	III	Hwt	3rd	Colonia
1991	Giordano	Steve	Middlesex	NJCAA	150	4th	South Plainfield
1990	Schulman	Darren	Syracuse	I	142	8th	East Brunswick
1988	Jacoutot	Tim	Trenton State	III	118	1st	Madison Central
1987	Jacoutot	Tim	Trenton State	III	118	1st	Madison Central

**MIDDLESEX
COUNTY
1972-1986**



**WRESTLING
ALL-AMERICANS**

YEAR	LAST NAME	FIRST	COLLEGE	DIVISION	CLASS	PLACE	HIGH SCHOOL
1986	Jacoutot	Tim	Trenton State	III	118	3rd	Madison Central
1986	Milonas	Nick	Montclair St	III	126	1st	East Brunswick
1986	Petty	Jim	Montclair St	III	Hwt	2nd	Middlesex
1985	Jacoutot	Tim	Trenton State	III	118	1st	Madison Central
1985	Milonas	Nick	Montclair St	III	126	1st	East Brunswick
1984	Bussey	Ron	Trenton State	III	150	2nd	South River
1984	Glaberman	Bob	Trenton State	III	158	1st	Madison Central
1984	Petty	Jim	Middlesex	NJCAA	190	8th	Middlesex
1983	Fears	George	Navy	I	Hwt	7th	South Brunswick
1983	Bussey	Ron	Trenton State	III	142	2nd	South River
1983	Glaberman	Bob	Trenton State	III	158	3rd	Madison Central
1983	Duhigg	Mike	Middlesex	NJCAA	118	3rd	Edison
1982	Bussey	Ron	Trenton State	III	142	2nd	South River
1982	Glaberman	Bob	Trenton State	III	158	1st	Madison Central
1982	Karl	Ken	Middlesex	NJCAA	126	2nd	Piscataway
1982	Duhigg	Mike	Middlesex	NJCAA	118	6th	Edison
1981	Jacoutot	Mike	Trenton State	III	126	1st	Madison Central
1981	Bussey	Ron	Trenton State	III	134	3rd	South River
1981	Antosiewicz	John	Montclair St	III	167	6th	St Joseph Metuchen
1981	Karl	Ken	Middlesex	NJCAA	126	2nd	Piscataway
1980	Jacoutot	Tom	SUNY Buffalo	III	118	1st	Madison Central
1980	Jacoutot	Mike	Trenton State	III	126	2nd	Madison Central
1980	Antosiewicz	John	Montclair St	III	167	6th	St Joseph Metuchen
1979	Jacoutot	Mike	Trenton State	III	134	2nd	Madison Central
1979	Curka	Paul	SUNY Buffalo	III	Hwt	2nd	Edison
1979	Early	Mark	Middlesex	NJCAA	142	6th	Perth Amboy
1978	Jacoutot	Tom	SUNY Buffalo	III	126	2nd	Madison Central
1978	Curka	Paul	SUNY Buffalo	III	Hwt	3rd	Edison
1978	Valesquez	Irwin	Middlesex	NJCAA	134	6th	South Plainfield
1978	Pavlak	Bill	Middlesex	NJCAA	167	4th	St Thomas Aquinas
1977	Savitsky	Craig	Lycoming	II	150	2nd	Madison Township
1977	Curka	Paul	Middlesex	NJCAA	Hwt	3rd	Edison
1976	Savitsky	Craig	Lycoming	II	150	4th	Madison Township
1976	Curka	Paul	Middlesex	NJCAA	Hwt	4th	Edison
1974	Petty	Ted	Middlesex	NJCAA	190	3rd	Middlesex
1973	Young	Jim	Middlesex	NJCAA	134	2nd	East Brunswick
1972	Young	Jim	Middlesex	NJCAA	126	2nd	East Brunswick
1972	Jacoutot	Bill	Middlesex	NJCAA	134	6th	Madison Township
1972	Petty	Ted	Middlesex	NJCAA	190	3rd	Middlesex

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

GMC CHAMPIONS

**1984 - Madison Central
1985 - East Brunswick
1986 - Madison Central
1987 - South Plainfield
1988 - South Plainfield
1989 - South Plainfield
1990 - South Plainfield
1991 - Madison Central
1992 - Madison Central
1993 - East Brunswick
1994 - South Plainfield
1995 - South Plainfield
1996 - South River
1997 - South River
1998 - South Plainfield
1999 - South Plainfield
2000 - South Plainfield
2001 - South Plainfield
2002 - South Plainfield
2003 - East Brunswick
2004 - South Plainfield
2005 - South Plainfield
2006 - South Plainfield
2007 - South Plainfield
2008 - Sayreville
2009 - South Plainfield
2010 - South Plainfield
2011 - South Plainfield
2012 - South Plainfield
2013 - South Plainfield
2014 - South Plainfield
2015 - South Plainfield
2016 - South Plainfield
2017 - South Plainfield
2018 - South Plainfield
2019 - South Plainfield**



**South Plainfield
26 Titles**

**Madison Central
4 Titles**

**East Brunswick
3 Titles**

**South River
2 Titles**

**Sayreville
1 Title**

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

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GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

OUTSTANDING WRESTLER AWARD

ZACH DELVECCHIO

SOUTH PLAINFIELD



As Zach entered high school, he touted one of the more recognizable last names in South Plainfield and that name came with colossal expectations (his older brother Scott won two state titles and currently sits at number three on South Plainfield's all-time wins list). Not only did Zach live up to those expectations, but he exceeded them. Zach wasted no time introducing himself to the New Jersey High School Wrestling World by capturing the Morris Knolls Tournament title to start off his Freshman year on the right foot. He would go on to be undefeated in New Jersey until the State Tournament with his only loss coming to nationally ranked Robert Winters of Colonial Forge High School in Virginia while the team competed at the Virginia Duals. Along the way, Zach won his first GMC, District, and Region title while earning a big win the Group State Finals to help the Tigers capture their first Group title since 2013. At the State tournament Zach would go on to place 7th finishing his Freshman season with a record of 38-3.

Entering his Sophomore season, Zach was primed to make a run at a State Title. He won his second straight Morris Knolls Tournament title. Zach went 4-1 at the Virginia Duals coming up with two big pins against Cathedral Prep from Erie, PA in the quarterfinals and again in the 3rd place match to come away to help the team come away with a third-place finish. Zach would go on to capture his second GMC, District, and Region titles later that year. In the Team State Tournament Zach would record a 5-0 record and score a big technical fall up at heavyweight to help guide the Tigers to their second straight Group Championship. In the State tournament Zach would reach the semi-finals before falling in tiebreakers to the eventual State Champion. He finished with a 4th place finish and a record of 44-3 but was not satisfied and as he was hungry for that elusive State Championship.

As his Junior year got underway, Zach entered as the prohibitive favorite to win a State Title. His season started off just as his first two seasons did as he captured his third Morris Knolls title. Zach would go undefeated in the Virginia Duals for the first time in his career as he recorded his 100th win against Christiansburg High School in Virginia. Zach would win his third straight GMC and District titles as well as recording a match closing fall to help the team win its third straight Group Championship. Zach had a 35-0 record as he entered Region week but could not shake an illness that he had been battling for the past two weeks. On Thursday of Regions, he went to the doctor to figure out what was ailing him. Zach was diagnosed with mononucleosis forcing him to end his season without having the chance to win the State Championship he had set his eyes on entering high school.

Zach capped off his high school wrestling career in outstanding fashion as he turned in best season this past winter. Zach won his fourth Morris Knolls Tournament championship. At the Virginia Duals, Zach turned in an incredible performance finishing with a 3-1 record with three falls. His lone loss at the Virginia Duals was to Parkersburg South's heavyweight who weighed in at 280lbs. Zach knew that all the team needed him to do was lose by major decision and the team would garner a win over a nationally ranked program. Zach did his job and wrestled to a 5-0 decision helping to vault the Tigers into the Finals of the Virginia Duals. As the GMC Tournament rolled around, Zach dominated his way to his fourth straight county title pinning his way through the tournament for the third consecutive year. Zach went a perfect 5-0 during the week of Team States including getting the match clinching win against High Point as the Tigers captured their fourth straight Group Championship. Zach would go on to win his 4th straight District title and 3rd Region title. Zach entered the State Tournament as the number 1 seed and was as confident as he always was. He started off the tournament with a quick first period pin and then followed it up with a 2-1 decision to make the quarterfinals. In the quarterfinals, Zach tallied a workman like 5-3 decision recording two takedowns and an escape. Zach faced a familiar opponent in the semifinals and battled his way to a 3-2 ultimate tiebreaker decision recording his winning escape with 2 seconds left on the clock sending him to the state finals for the first time in his career. In the finals, Zach wasted little time to jump on the scoreboard using a body lock to secure a takedown and two near fall points to grab a 4-0. Zach never looked back as he dominated his way to an 8-2 decision to earn his first State Championship capping it off with a crowd-pleasing back flip and finishing the season with a 41-1 record. Zach had done it; he had finally captured that elusive State Title he had set as a goal over four years ago.

Zach finished his career with a 158-7 record placing him fourth all time on the South Plainfield wins list and is a three-time state tournament place-winner. He is a hardworking and dedicated student-athlete that loves to compete. Zach was a two-sport star for the Tigers as he also excelled as a running back and defensive lineman/linebacker on the South Plainfield Football team as he garnered all county honors this past season. Zach has recently decided that he will continue his academic and athletic career at Rutgers University. His tenacity, determination, selflessness, and leadership will be missed in the Tiger line-up. The coaching staff would like to wish Zach the best of luck! Congratulations on being named this year's GMCWCA Wrestler of the Year!!

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

COURAGEOUS WRESTLER AWARD



TREVOR MASTORIO

SAYREVILLE

A 4 year starter and 2 time captain Trevor has been the back-bone of the Bombers team that had a banner year, with 25-2 record (most in school history). As the leader of a very strong Bomber team Trevor has continually lead the team in almost all categories. In his senior year Trevor started with a large set back that found him in the hospital for over a week. Trevor rushed back to the wrestling room as fast as he could, eager to get all his matches in and work to reach his 100th win. As the season went on Trevor regained his strength and reached his 100th win against Voorhees right before the district tournament. Trevor took 3rd in the GMC, 2nd in District 17 and 5th in the Region 5 tournament. Trevor became the 7th person ever to reach 100 wins at Sayreville, he was awarded Tom Flanagan Memorial Scholarship Award at the GMCWCA Courageous Wrestler of the Year Award. Trevor is a member of the National Honor Society, Spanish Honor Society, Math Honor Society, and Student Council. Trevor will be continuing his outstanding career at Stevens Institute of Technology.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

SCHOLARSHIP INITIATIVE

At the conclusion of the 2016-2017 Luca Rispoli approached Ron Mazzola and floated the idea to begin sponsoring weight classes at the GMC Tournament. With the ultimate goal of raising enough money to award two GMC Wrestlers a Financial Scholarship.

After several meetings the plan was formulated and put into action. With the help of many parents, several coaches and especially GMC Wrestling Official Assigner Stu Kohn, we achieved our goal of getting all 14 weight classes sponsored!

Last season Joseph Heilman of South Plainfield and Spencer Johnson of John P. Stevens were our initial winners and each received \$500 scholarships.

All Senior All-Star Wrestlers were give a Scholarship Application and we received many back. A scholarship committee was formed and each member read these applications (with details removed) and ranked them. In the end, David Loniewski of South Plainfield and Trevor Mastorio of Sayreville were selected as our scholarship winners and will each be receiving \$500 scholarships.

Additionally, through Cesar Samaniego and Stu Kohn, of our NJWOA's Central Chapter created a plan to piggy-back on our idea. So, tonight Gabriel Rodrigues of Piscataway will be receiving their \$250 scholarship!!!

***If you are interested in becoming a 2020 Sponsor
See Ron or Luca at the Head Table or Head Over to Our Facebook Page!***

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

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And SPECIAL THANKS to our GMCWCA Scholarship Selection Committee.

Chairman: Ron Mazzola (No Vote, Complied Everything)

Voting Members

Co-Chairman; Luca Rispoli

Red Division; Steve Johnston, South Plainfield and Jess Monzo, East Brunswick

White Division; Mike Carbone, St. Joseph's and Marcus Ivy, Sayreville

Blue Division; Ryan Boyd, Middlesex/Dunellen and Don Smith, Carteret

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

TOM FLANAGAN MEMORIAL SCHOLAR WRESTLER AWARD

DAVID LONIEWSKI

SOUTH PLAINFIELD



David had a great season for the Tigers in his final season of his high school career. He started out his Senior season dominating his way to a Morris Knolls Tournament title. As the calendar turned to 2019, David showed no signs of slowing down his winning ways as he captured his 100th career victory at the Boresch Duals to help the Tigers dominate Group IV Champion Kingsway 54-18. David wrestled very well as the Tigers went down to Virginia recording a 3-1 with two big wins against Parkersburg South and St. Augustine Prep with his lone loss coming to eventual Pennsylvania State Champion Sean Pierson of Nazareth 5-3. David would go on to place second at the GMC Tournament and post a 4-1 record during the Team State Championships. Against High Point, David would record an impressive 16-6 major decision win over State Qualifier Josh Gervy while bumping up to 132lbs. David captured his third District championship and place 3rd in a very tough Region V bracket. David finished in the round of 24 at the state tournament to round out an extremely successful career.

As impressive of a wrestler as David is, he is equally as impressive of a student. David currently owns a 4.43 GPA and is ranked 5th out 260 students in his class. He challenges himself in the classroom by taking numerous honors and Advanced Placement courses as well. David is also a member of the National Honor Society, Spanish Honor Society, and the Science Honor Society and is involved in a myriad of clubs such as the Christian Social Action Club, Environmental Science Club, and the Fishing Club to name a few. He also had tallied of 100 hours of community service this year alone for such activities as being a Project Manager at the local Senior Citizens center, Buddy Ball, and volunteering as a youth coach and mentor for the South Plainfield youth wrestling and baseball programs. David is a young man of many talents and the coaching staff and team will miss his superb work ethic, leadership, and selflessness. Good Luck to David as he continues his academic and wrestling career at Davidson College. Congratulations to David on being one of this year's GMCWCA Tom Flanagan Memorial Scholarship winner!

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

TOM FLANAGAN MEMORIAL SCHOLAR WRESTLER AWARD



TREVOR MASTORIO

SAYREVILLE

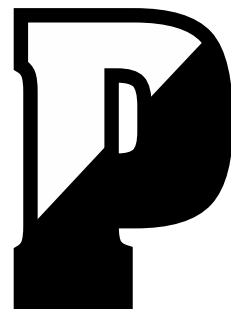
A 4 year starter and 2 time captain Trevor has been the back-bone of the Bombers team that had a banner year, with 25-2 record (most in school history). As the leader of a very strong Bomber team Trevor has continually lead the team in almost all categories. In his senior year Trevor started with a large set back that found him in the hospital for over a week. Trevor rushed back to the wrestling room as fast as he could, eager to get all his matches in and work to reach his 100th win. As the season went on Trevor regained his strength and reached his 100th win against Voorhees right before the district tournament. Trevor took 3rd in the GMC, 2nd in District 17 and 5th in the Region 5 tournament. Trevor became the 7th person ever to reach 100 wins at Sayreville, he was awarded Tom Flanagan Memorial Scholarship Award at the GMCWCA Courageous Wrestler of the Year Award. Trevor is a member of the National Honor Society, Spanish Honor Society, Math Honor Society, and Student Council. Trevor will be continuing his outstanding career at Stevens Institute of Technology.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

NJ WRESTLING OFFICIALS CENTRAL CHAPTER SCHOLAR WRESTLER AWARD

GABRIEL RODRIGUES

PISCATAWAY



Gabe has come a long way in the past few seasons. His junior year he was plagued with an injury and then had trouble finding a spot in the strong middle section of the Chiefs lineup. This year as one of our captains, Gabe stepped it up in the off season and pushed himself every chance he could get to set himself up for success. His senior year campaign was highlighted by making the finals of the GMC tournament, pulling an upset to win District 18 and then placing 2nd in Region 5. Gabe was named the Piscataway Chiefs most improved wrestler and he will be taking his passion for the sport to NYU to wrestle and will major in business. His work ethic, positivity and lead by example attitude will certainly be missed.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

JUNIOR OF THE YEAR



JOHN POZNANSKI

COLONIA

John is setting new records at Colonia High School every season. In his 3rd season at Colonia he has set the All-time wins leader record at 114. He has won 2 GMC titles, and was named Outstanding Wrestler in both. He is Colonia's first 3 time district champ. He is also, a 2 time region champ. John's season started off great, with a 3rd place at the Beast of the East, knocking off 3 nationally ranked wrestlers in the process. He continued on winning the Minuteman Classic in dominant fashion, doing things the right way. At the GMC Tournament, John pinned his way to the finals, with a tech fall for the title. In the post season, John continued to follow his goal winning his 3rd district title, and second region title. The season concluded with John's great run at the state tournament, finishing second. With one more season to go, the sky is the limit. Colonia's staff and student body couldn't be prouder of John.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

SOPHOMORE OF THE YEAR

ANTHONY WHITE

SOUTH PLAINFIELD



Anthony had an outstanding Sophomore season for Tigers. He captured his second straight Morris Knolls tournament title in dominating fashion. At the Virginia Duals, Anthony turned in another incredible performance finishing 4-0, including an 8-5 decision over Pennsylvania state place-winner Andrew Smith of Nazareth to help guide the Tigers to a first-place title. Later that month, Anthony steamrolled the competition scoring bonus points in all his matches to earn his second consecutive Greater Middlesex Conference title. Anthony would turn in another perfect performance the week of the Team State Tournament going 5-0 and recording a huge momentum boosting pin in the finals against High Point. During the post season, Anthony showed he was one of the state's top 120lbs. on his way to winning his second District title and first Region title. Anthony won his first two matches at the state tournament making it to the quarterfinals before dropping his next two matches as he finished in the round of 12 for the second straight year. A year-round wrestler, Anthony has dedicated himself to having an even better Junior season and is planning on breaking through to climb high up on the podium in Atlantic City. The South Plainfield coaching staff will look for Anthony to lead the Tigers next year as he has already been named captain for the 2019-2020 season. Congratulations to Anthony on becoming this year's GMCWCA Sophomore of the Year!

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

FRESHMAN OF THE YEAR



JACOB DELVECCHIO

SOUTH PLAINFIELD

The name DelVecchio has been synonymous with winning for South Plainfield High School Wrestling since 2010 and when the youngest of the DelVecchio clan stepped into the Varsity line-up this year, it was no different. Jacob, being the younger brother of Scott (two-time State Champion) and Zach (2019 State Champion), knew expectations were going to be high as he strapped up a South Plainfield singlet for the first time this season and he did not disappoint. Jacob finished third at the Morris Knolls Tournament to start his high school career. As the Tigers prepared for the Virginia Duals, Jacob was excited and ready for the challenge. He impressed everyone by wrestling to an undefeated 4-0 record picking up key wins in the Nazareth and Parkersburg South matches. Jacob followed up his performance down in Virginia with an equally impressive run as he dominated the 113-pound bracket enroute to his first Greater Middlesex Conference title. Jacob turned in another outstanding effort during the Team State Championships recording a perfect 5-0 during the week, including a first period pin of High Point's Clayton Utter who was ranked in the state at the time to close out the dual meet as the Tigers captured the Group II Championship. Jacob would go on to win a District 17 Championship a week later and follow up that performance by placing 4th in the Region V tournament qualifying him for the State Tournament. Jacob fell short of his goal of becoming a state place-winner and finished in the round of 24 at the State Tournament which is already motivating him to have an even better Sophomore season. Jacob is a tireless worker and has the right attitude that every coach looks for in a wrestler. The South Plainfield coaching staff is very excited for three more seasons with Jacob and will look for him to become even more of leader on the team. Congratulations to Jacob on becoming this years GMCWCA Freshman of the Year!!!

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

COACH OF THE YEAR

BEN OSTNER

NEW BRUNSWICK



Ben began his head coaching career in 2017-18 by leading New Brunswick to a 13-11 season record. The Zebras were able to advance 4 wrestlers to the region tournament with 2 wrestlers placing fifth in their weight classes, which were the highest region finishes for an NB wrestler at the region tournament in over 40 years. New Brunswick also placed 10th at the GMC tournament, which was the first Top 10 finish for the Zebras in the history of the GMC tournament. Two Zebras advanced to the GMC Finals, becoming the first GMC Finalists for New Brunswick. In 2018-19, New Brunswick was able to raise the bar of what can be expected at New Brunswick High School. The team finished 16-11 overall, 5-1 in the White Division and qualified for the State Sectional tournament. The 2nd place finish in the White Division was New Brunswick's highest finish in program history. New Brunswick also placed 5th at the GMC Tournament in the team standings, had 7 wrestlers place in the top 8 of their weight classes, and had their first 2x finalist, which were all new program milestones. New Brunswick advanced 2 wrestlers to the Region tournament and Ostner had his first wrestler advance to the Region Finals. With the advancement of a wrestler to the region finals, Ben helped coach the first wrestler from New Brunswick High School to advance to the State Tournament in Atlantic City since 1971. Also, 3 wrestlers were named to the All-White Division and 2 wrestlers were named to the First Team All-NJUWL. With the NJSIAA's addition of girls' wrestling to the 2018-19 season, the New Brunswick female wrestlers saw great success this past season. Three wrestlers were able to capture Middlesex County Championships in the inaugural tournament. Three wrestlers also placed Top 3 in their weight classes at the Region tournament and qualified to wrestle in the State Tournament in Atlantic City. Two of those wrestlers placed 3rd at their weight classes, and one wrestler placed 4th. These 3 young women became the first NJSIAA place winners in New Brunswick history. Overall, Ben is very excited with the progress of the program over the last two years and looks forward towards helping with the growth and progression going into next season.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

ASSISTANT COACH OF THE YEAR



MIKE CORRIGAN

OLD BRIDGE

If you were going to build the perfect assistant coach from scratch, you would use the abilities of "Rain Man" so he could remember stats and records. You would use the attitudes of "Jack Lalanne" to motivate him to work out so he can look like "The Incredible Hulk" and you would incorporate the traits of "Mr. Rogers" so he is kind to all those around him. This describes - Mike Corrigan.

Mike has been an assistant coach for the past 24 years in Old Bridge. He was the assistant coach under Head Coaches Ken Scott and Keith Cousens, and he has been Bryan Garnett's assistant coach during his 11 years as head coach. Mike has been the one constant. Mike has coached many undefeated JV and freshman teams and has won the sub-varsity county title at least 10 times, because that is how many Championship plaques are hanging in the wrestling office. But really who is this Mike Corrigan? Where did he come from?

Mike Graduated from Roselle Park High School where he maintained a 4.0 GPA while competing in Football, Wrestling and Track. After High School Mike attended Kean University and played Football. He also maintained a 4.0 GPA in college. He received his Masters in Education from Marygrove College and maintained a 4.0 during that process.

Mike's teaching and coaching career began at Hillside High School and then Neptune High School where he coached football. In 1995 Mike came to Old Bridge High School. Along with teaching health, drivers education and phys ed., he began coaching Football, Wrestling and Track.

Mike is a true and loyal friend. As an assistant, I Mike does whatever it takes to make the program better. His total focus during the season is to teach and motivate the athletes and raise the intensity of practice. Congratulations, Greater Middlesex Conference Assistant Coach of the Year - Mike Corrigan!

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

WRESTLING MAN OF THE YEAR

STUART KOHN



Stu wrestled for Division I East Stroudsburg University after graduating from East Brunswick High in 1980. He began officiating in the PIAA in 1981. After finishing college, he transferred to the New Jersey Wrestling Officials Association in 1984. That same year, seeing a need, he helped establish the East Brunswick Recreation Wrestling Program, and served as the coach for many years. The program is thriving today having produced state champions and numerous successful collegiate Division I and Ivy League wrestlers.

He is currently the owner of Miller's Rental of Edison, Executive Dining Services, Mid-Atlantic Skytracker & Premiere Services and U-Haul Rentals. Miller's is a special event company serving a high-end customer base in New York and New Jersey, including Madison Square Garden, Rutgers University, the New York Yankees, New York Rangers, Knicks and Radio City Music Hall. While running his businesses full-time, Stu served as varsity head coach of East Brunswick High School from 1987-1990. He later served as assistant coach at North Brunswick High from 1990-1992. He began officiating on the NCAA DIV I level in 1991 and continues today.

Stu has served in several board offices in the Central Chapter of the NJWOA, and he continues to serve today as Vice President for fund raising. He has been the assignor for Greater Middlesex County since 1996, and the assignor for Central Jersey Middle School Wrestling since 2001. He has served as Vice-Chairman of the East Brunswick Zoning Board since 1998. He currently serves at the state level as the NJSIAA/NJWOA Central Chapter Cadet Supervisor, preparing our future varsity officials.

During the wrestling season, Stu has been seen on television, at one time as the voice of Rutgers Wrestling, providing commentary at the Rutgers home matches. Stu currently does the televised commentary at East Brunswick home matches and our own Greater Middlesex Conference Wrestling Tournament. He has also been a commentator for recreation level wrestling, including league tournaments in Middlesex County for many years.

Stu and his wife Susan are well respected, bedrock citizens of East Brunswick, where they have raised four young men, Brandon, Garrett, Dylan, and Jesse. Each is excelling in his chosen field of endeavors. Garrett, also a car-carrying wrestling official, recently married his high school sweetheart Janay and is currently serving in the US Army overseas.

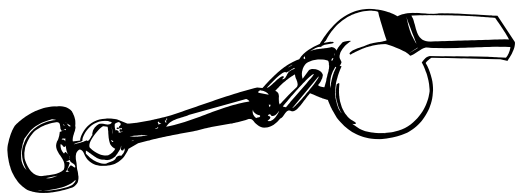
Despite his busy schedule, Stu remains generous with his time. He is active in his community including the Central Jersey Jewish Federation, and the Anshe Emeth Memorial Temple. Since their son Brandon is deaf, the entire family has been very active in support of the deaf community. Stu has been a volunteer at No Limits, an all-deaf theatre group. He was also a volunteer baseball coach in the East Brunswick League. After the untimely passing of one of our chapter members, Charlie Perez, Stu helped in the fund-raising efforts for Charlie's family, and he supported the annual Memorial Scholarship Awards event at the PNC Arts Center for many years.

The high school post season has been a time of extra work for Stu. He has been entrusted as an official at the NJSIAA Regional tournament since 1992, and at the States since 1995, officiating the State Finals 20 times since 2002. He has received the Richard Mirshak Award in 2011. In 2005 Stu was recognized as an NFHS National Official of the Year, and 2017, Stu was inducted into the NJSIAA Region V Hall of Fame.

The GMC Wrestling Coaches Association is proud to award it's 2019 Man of the Year Award to Stuart Kohn.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

CLIFF LOYSEN MEMORIAL OFFICIAL OF THE YEAR



CARLO SOCIO

Carlo wrestled under long time North Brunswick coach Mark Salge, graduating in 1989. He continued his competitive career at Middlesex County College.

Carlo started coaching North Brunswick Recreation Wrestling in 1993 and continues that until the 2003 season.

After much convincing by Charlie Perez, Carlo started his first cadet season reffing in 1997. He has been an official for 20 years now, officiating in 19 District tournaments and 15 region tournaments. Carlo has reffed many sectional playoff matches culminating with several Group wrestling semi-final bouts and has reffed 2 group final matches in Tom's River.

Additionally, Carlo has officiated at the State Tournament 14 times. This year, he was part of the crew to officiate the 1st ever Girls State Finals.

Carlo works for the New Jersey Turnpike Authority. He has been on the North Brunswick Township Council for 19 years, serving as Council President 5 times.

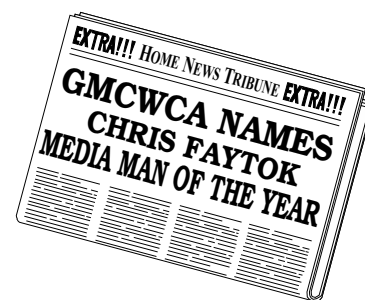
Carlo is married to his wife Debbie and has 2 daughters, Alessandra and Gianna. He volunteers as a coach for their many sports teams as well as volunteers as a class parent for his daughter's classes at school.

Congratulations to Carlo Socio on being selected as the recipient of the Greater Middlesex Conference Wrestling Coaches Association 2019 Cliff Loysen Memorial Wrestling Official of the Year.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

MEDIA PERSON OF THE YEAR

CHRIS FAYTOK
The Star Ledger & nj.com



Chris Faytok has been around the GMC for pretty much his whole life. In high school, he was a starter on a team that set a GMC record, going 88-0 (winning all 22 matches) never giving up a point in conference play, and winning an NJSIAA state championship his senior year at Woodbridge High.

The sport was not wrestling... it was (ahem) bowling. He recalls, freshman year, the wrestling coach tried to recruit him, but after a few years of cutting weight to play Pop-Warner football, he knew wrestling wasn't going to work out for him. He never stepped on a wrestling mat in high school, though his ties to the sport would come later.

Chris's journalism career began in 1990. A junior at the time, he wasn't old enough to drive, so he convinced a friend to go to see a Highland Park playoff football game. He snuck onto the sidelines to photograph one of the state's great running backs, Bruce Presley, who scored five TDs and broke the state's scoring all-time scoring record that game. Chris's photos of Presley were published in The News Tribune the next day and he's been hooked ever since.

He joined the photo staff at The Star-Ledger in 1996. Before that, he was a regular contributor to The Home News and The News Tribune, before the papers combined. An award-winning photojournalist, he's covered almost every major sporting event, including the winter and summer Olympic Games, Giants Super Bowls, Yankees, Nets and Devils playoff runs - and countless N.J. state and county high school championships in every sport. His photos have appeared in every major sports publication, including Sports Illustrated and ESPN The Magazine. He's photographed sports around the GMC for almost 30 years and counts Anthony Ashnault's fourth state title - and NCAA championship, this year - among the most memorable moments he's been lucky enough to photograph.

Since about 2005, he's worked to bolster The Star-Ledger and NJ.com's coverage of wrestling. For the past 13 years, he's produced "Weighing In" - NJ.com's state championship preview videos. The idea was to produce a show that would echo - and honor - the efforts put in by the wrestlers, themselves, on the mat all season. From the start, the feedback from the wrestling community was tremendous. The show has been successful due to the tireless work of the dedicated wrestling journalists, from Bob Behre to James Kratch, Joe Kania and Michael Monday to Pat Lanni, Joe Zedalis and Bill Evans.

Now, as the Senior Manager of NJ Advance Media's H.S. Sports department, he oversees more than two dozen employees who cover every high school sport, statewide, for NJ.com and The Star-Ledger, among other publications. Wrestling is a key part of the operation, from the week-to-week in-season coverage - to the wall-to-wall state tournament coverage, including live video streams of every mat in Atlantic City. He'd like to thank Ron Mazzola and the GMC for putting on the best conference tournament in the state ... and his wife, Kristen and daughter, Addison, for their support throughout the long weekends of the wrestling season.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

MEDIA PERSON OF THE YEAR



PAT LANNI
The Star Ledger & nj.com

Pat Lanni's first assignment covering wrestling was to post scoring updates in the NJ.com comments section so that fans could follow along from the Group Championships in Toms River. The only problem was, he had no idea how to keep score.

As you could imagine, things didn't end well. Phillipsburg fans were furious. Who knew there were two scores in wrestling?

That was Pat's humble introduction to the sport in 2014. His journalism career started at Rutgers University, where he covered several Scarlet Knight teams for The Daily Targum, the second-oldest college newspaper in the country. Through Rutgers, he landed an internship at Dorf Feature Service and was hired upon graduation. At the time, Dorf Feature Service covered high school sports for The Star-Ledger and NJ.com. In his first year, Pat covered football, bowling and golf while handling all of the important rookie duties like picking up dinner, making photocopies and most importantly, running the live blogs for big wrestling tournaments.

A year later, Pat joined James Kratch, Joe Zedalis and Bill Evans as one of the four wrestling reporters for NJ Advance Media. He quickly learned how the sport changes lives and the level of commitment it demands from its athletes and coaches. He has spent the past five seasons covering and promoting the sport all over New Jersey. In addition to wrestling, Pat has covered high school football and track for NJ Advance Media since its inception in 2015. Pat graduated from Rutherford High in 2009 and is willing to take anyone to Fiore's for roast beef and mutz if they come to Hoboken on a Thursday.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

TOP TEAM

SOUTH PLAINFIELD HIGH SCHOOL



South Plainfield finished the 2018-2019 season with a record of 25-2. They captured the Morris Knolls Tournament title outscoring second place Seton Hall Prep by nearly 100 points. The Tigers would finish as the Boresch Duals runner-up losing to Paulsboro in the finals. The team would travel down to the Virginia Duals and enter the tournament as the 4th seed. The Tigers showed their mettle at the duals as defeated multiple nationally ranked teams on their way to a Virginia Duals National High School Division Championship for only the second time in South Plainfield history. South Plainfield went on to win their 11th straight Greater Middlesex Conference Red Division and Greater Middlesex Conference tournament titles. The Tigers also extended their state record of consecutive District Tournament titles to 35 straight years. They captured their fifth straight sectional title by defeated Raritan High School 52-12 in the Central Jersey Group II Sectional Finals. Two Days later, the team would compete for their fourth straight Group Championship. The Tigers defeated Hanover Park in the Group II semifinals 37-25 to set up a showdown with reigning Group II champion High Point. The score seesawed back and forth, but the Tigers took control for good and defeated the Wildcats 46-26 to win their fourth consecutive Group Championship for the first time in school history. South Plainfield was ranked the No. 1 Team in region 5 and in state rankings No. 4 by the coaches and the Star Ledger State Poll. The Tigers were No. 3 in the NJ Writers Association. The Home News Tribune and Courier News ranked the Tigers #1 in All-Area poll. The Tigers also finished ranked No. 47 in the country by Intermat. Individually, the Tigers crowned 7 GMC Champions, 9 District Champions, and qualified 12 for the Region 5 Tournament. South Plainfield had 5 Region 5 Champions, and 9 State Qualifiers. Three South Plainfield wrestlers reached the podium as Joe Sacco finished 6th at 145 pounds, Luke Niemeyer finished 3rd at 195 pounds, and Zach DelVecchio reached the top of the podium as he placed 1st at 220 pounds. The seniors, Alex Amato, Zach DelVecchio, Tommy Fierro, Marc Giordano, Brenden Hedden, Makhi Lemond, David Loniewski, Luke Niemeyer, Divon Pender, Joseph Sacco, and Sebastian Santos record for 2017-18 was 308-91 and their career record was 923-289. The seniors were 4-time Red Division Champions, 4-time team GMC Champions, 4-time District Champions, 4-time Sectional Champions and 4-time Group Champions. Congratulations to all South Plainfield Wrestlers and the High School Coaching staff of Steve Johnston, Mike Jakubik, John Nye, Bill Hamilton, Dan Hedden, Tyler Hunt, Craig Salvatore, and all the coaches of the program on a fantastic 2018-19 wrestling season. Former Tigers also had outstanding years at the collegiate level with Jake Giordano finishing 5th at the Division III National Tournament at 133 pounds for The College of New Jersey and Anthony Ashnault winning the Division I National Title for Rutgers University at 149 pounds. A very special thanks to South Plainfield Athletic Director, Kevin McCann for his guidance. Let's not forget all the wrestling coaches at different levels, parents and the community of South Plainfield for all their support throughout the year.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

FINAL GMC STANDINGS

Red Division

1)	South Plainfield
2)	Monroe
3)	Piscataway
4)	Perth Amboy
5)	South Brunswick
6)	Old Bridge
7)	East Brunswick
8)	John P. Stevens

Division

7-0
6-1
5-2
4-3
3-4
2-5
1-6
0-7

Overall

25-2
17-7
12-10
7-9
10-11
4-16
6-16
7-14

White Division

1)	Sayreville
2)	New Brunswick
3)	Woodbridge
4)	Edison
5)	John F. Kennedy
6)	Colonia
7)	St. Joseph

Division

6-0
5-1
4-2
3-3
2-4
1-5
0-6

Overall

25-2
16-11
14-6
15-10
7-12
7-15
5-15

Blue Division

1)	Bishop Ahr
2)	Spotswood
3)	Metuchen
4)	Middlesex-Dunellen
5)	Carteret
6)	Highland Park
7)	North Brunswick
8)	South River

Division

7-0
6-1
5-2
4-3
3-4
2-5
1-6
0-7

Overall

15-8
15-8
14-7
7-15
7-15
6-25
4-11
1-20



GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

BEST TEAM - LARGE SCHOOLS

MONROE TOWNSHIP HIGH SCHOOL



Monroe had a solid 2018/19 season finishing second in the Greater Middlesex County Red Division, third in District 24, and third at the GMC Tournament. Seniors Ben Devito, Michael Bilardo, Corey Fernandez, Justin Whitacre, and Nick Weikel led a balanced team and provided significant contributions throughout the season. The Falcons once again qualified for the Central Jersey Group V sectional tournament where they reached the semifinals. At the GMC Tournament, Nick Weikel and junior Ian McCabe grinded their way to individual titles. At the District 24 tournament, Joey Fiordaliso, Chris Fanelli, Ian McCabe, and Nick Weikel all earned a district title, with Fiordaliso capturing his second. McCabe went on to win the 152-pound title at the Region 6 tournament and was joined by Bilardo, Fernandez, and Weikel in Atlantic City for the individual state championship.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

BEST TEAM - SMALL SCHOOLS



BISHOP GEORGE AHR HIGH SCHOOL

The 35 strong Trojan wrestlers rebounded off a tough season, and the tragic loss of a former Trojan wrestler Jonathan Black, to put in a great season against a grueling schedule. It felt like the spirit of Jonathan was with us from opening night when with a last second come from behind pin the Trojans were able to defeat New Brunswick. Competing in the Blue Division the Trojans were 7-0 and Division Champions. The young Trojan team made the sectional semi-finals and placed 7th in the GMC Tournament. This season also marked the inaugural Bishop Ahr Lady Trojans. The BGA girls team had 11 members and all competed in 12 or more matches. With a young group of hungry wrestlers and a strong schedule Bishop Ahr is always looking to get to the next level every season.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

MOST IMPROVED TEAM LARGE SCHOOLS

NEW BRUNSWICK HIGH SCHOOL



The New Brunswick Zebras finished the 2018-19 Varsity season with 16 wins and 11 losses, which was an improvement over their 13-11 finish last season. During the regular dual meet season, the Zebras were able to improve their White Division record from 2-4 in 2017-18 to 5-1 in 2018-19. New Brunswick's 5-1 record placed them 2nd in the White Division, which was the highest finish in program history. At the GMC tournament, the Zebras placed 5th which was the highest finish in school history. The Zebras qualified for the NJSIAA Central Jersey Group 5 tournament for the second time in program history. The NBHS also captured the title in the Central Division in the NJUWL. In addition to the dual meet and tournament success, New Brunswick had several individual accomplishments to be proud of. Seven Zebra wrestlers placed top 8 at their respective weight classes at the GMC Tournament, which was also a new record for the program. At the District tournament, 4 wrestlers placed in the Top 4 of their weight classes, while 2 wrestlers advanced on to the Region tournament. The Zebras were able to claim their 6th District Champion since the rebirth of the wrestling program, and New Brunswick had their first male state qualifier since 1971.

In addition to the success of the boys' wrestling team, the New Brunswick wrestling program had the profile of their team bolstered by the inclusion of girls' wrestling. Featuring nine athletes, the New Brunswick Zebras placed multiple champions and placers at the Garden State Classic, Buc Classic, and Mustang Zoo tournaments. New Brunswick had the most champions at the inaugural Girls' Middlesex County Championship. New Brunswick's girls' team placed 3rd in the State Tournament in the unofficial team standings. The Zebras were able to send three females to the state tournament in Atlantic City, and all three girls placed in the Top 4 of their weight classes. These three females were the first state medalists in school history. The NB team graduates a couple of integral pieces to the lineup but is confident that a strong offseason of wrestling will help propel the team to new heights in 2019-20.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

MOST IMPROVED TEAM SMALL SCHOOLS



METUCHEN HIGH SCHOOL

The Metuchen Bulldogs finished their varsity season at 14-7, which marks a groundbreaking turnaround, recognized by the GMC coaches in awarding the team with the Most Improved Team (small school division). The team finished above .500 for the first time under Head Coach Joe Keagle's 2nd year tenure. Senior captains Liam Walker (145), Mike Cyran (170), Chuck Bradley (160) led the way with strong leadership. The Bulldogs placed 3rd in the GMC division, with a 5-2 record, improving dramatically from the previous year's last place finish. An integral part of this success was the increase in participation, from 3 returning wrestlers two years ago, to a roster size of 30, the Bulldogs were able to fill every weight class. Metuchen looks to continue their progress and looks forward to the future, returning a good part of their line-up.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

GREATER MIDDLESEX CONFERENCE TOURNAMENT RESULTS

FINAL TEAM SCORES

PLACE	TEAM	POINTS
1	South Plainfield	296.0
2	Piscataway	177.5
3	Monroe Township	145.5
4	Sayreville	144.0
5	New Brunswick	72.0
6	Middlesex	67.5
7	Bishop Ahr	65.0
8	Woodbridge	62.0
9	Edison	59.5
9	Perth Amboy	59.5
11	South Brunswick	59.0
12	Spotswood	57.5
13	Old Bridge	56.5
14	Colonia	47.5
15	East Brunswick	39.0
16	Carteret	38.0
16	JFK-Iselin	38.0
18	St. Joseph Metuchen	32.0
19	South River	28.0
20	North Brunswick	27.0
21	John P. Stevens	24.0
22	Metuchen	22.0
23	Highland Park	16.0

OUTSTANDING WRESTLER AWARDS

LOWER WEIGHTS (106-145)

126 - JAMES RODRIGUEZ (PERTH AMBOY).

UPPER WEIGHTS (152-285)

182 - JOHN POZNANSKI (COLONIA).

MOST PINS IN LEAST AMOUNT OF TIME

285 - KENNY CROSS (SOUTH RIVER).

4 IN 5:38

CHAMPIONSHIP FINALS (Starting at 120)

120: Anthony White (South Plainfield) md. Joe Fiordaliso (Monroe) 13-4
 126: James Rodriguez (Perth Amboy) d. David Loniewski (South Plainfield) 7-3
 132: Thomas Fierro (South Plainfield) d. Michael O'Brien (Edison) 9-8
 138: Alex Amato (South Plainfield) d. Troy O'Connor (Middlesex) 3-2
 145: Joe Sacco (South Plainfield) d. Alex Meyers (Old Bridge) 3-0
 152: Ian McCabe (Monroe) d. Marcus Petite (Piscataway) 2-1
 160: Joseph Hatcher (Piscataway) p. Jacob Vega (Carteret) 1:03
 170: Nick Weikel (Monroe) md. Gabriel Rordriguez (Piscataway) 12-1
 182: John Poznanski (Colonia) tf. Brenden Hedden (South Plainfield) 24-9 (4:20)
 195: Luke Niemeyer (South Plainfield) d. Nick Recine (Piscataway) 8-1
 220: Zach DelVecchio (South Plainfield) p. Keshon Davila (New Brunswick) 3:43
 285: Benedict Arthur (Sayreville) d. Youssef Gamel (East Brunswick) 3-2 (UTB2)
 106: Dylan Acevedo (Sayreville) d. Vincent Nadera (Old Bridge) 3-1
 113: Jacob DelVecchio (South Plainfield) p. Cristian Diaz (Bishop Ahr) 2:55

THIRD-PLACE BOUTS

106: Desmond Pleasant (Piscataway) md. Julian Irizarry (South Plainfield) 18-7
 113: Deon Pleasant (Piscataway) p. Jaedon Kearns (Metuchen) 1:33
 120: Ryan Gagliardi (Bishop Ahr) d. Ken Beck (Middlesex) 8-4
 126: Connor Platt (Spotswood) md. Arjun Khatri (South Brunswick) 17-8
 132: Ian Coleman (JFK-Iselin) d. Corey Fernandez (Monroe Township) 11-9
 138: Trevor Mastorio (Sayreville) md. CJ Smith (South Brunswick) 13-4
 145: Connor Doherty (Edison) d. Jaden Catalano (Woodbridge) 13-6
 152: Marc Giordano (South Plainfield) md. Luka Stepanashvili (John P. Stevens) 14-3
 160: Sebastian Santos (South Plainfield) p. Elijah Ade-Festus (Sayreville) 3:46
 170: Freddy Ramirez (Bishop Ahr) d. Yusuf Elbayer (Woodbridge) 7-3
 182: Nicholas Lodato (Piscataway) d. Christian Perrine (East Brunswick) 4-3
 195: Savon Kirksey (Sayreville) d. Bryand Garcia (New Brunswick) 4-3
 220: Joseph Porcaro (Sayreville) d. Tommy Romond (St. Joseph Metuchen) 3-2
 285: Kentheotio Cross (South River) p. Johan Coria (Perth Amboy) 0:30

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

GREATER MIDDLESEX CONFERENCE ALL-CONFERENCE

**CONFERENCE CHAMPION - SOUTH PLAINFIELD
CONFERENCE RUNNER-UP - PISCATAWAY**

- 106 - Dylan Acevado, Sayreville**
- 113 - Jacob DelVecchio, South Plainfield**
- 120 - Anthony White, South Plainfield**
- 126 - James Rodriguez, Perth Amboy**
David Loniewski, South Plainfield
- 132 - Thomas Fierro, South Plainfield**
Michael O'Brien, Edison
- 138 - Alex Amato, South Plainfield**
Troy O'Connor, Middlesex-Dunellen
- 145 - Joe Sacco, South Plainfield**
Alec Meyers, Old Bridge
- 152 - Ian McCabe, Monroe**
- 160 - Joseph Hatcher, Piscataway**
- 170 - Nick Weikel, Monroe**
Gabriel Rodrigues, Piscataway
- 182 - John Poznanski, Colonia**
Brenden Hedden, South Plainfield
- 195 - Luke Niemeyer, South Plainfield**
Nick Recine, Piscataway
- 220 - Zach DelVecchio, South Plainfield**
- 285 - Benedict Arthur, Sayreville**

COACH OF THE YEAR ~ STEVE JOHNSTON, SOUTH PLAINFIELD

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

GREATER MIDDLESEX CONFERENCE ALL-RED DIVISION

DIVISION CHAMPION SOUTH PLAINFIELD

- 106 - Julian Irizarry, South Plainfield**
Vincent Nadera, Old Bridge
- 113 - Jacob DelVecchio, South Plainfield**
- 120 - Anthony White , South Plainfield**
- 126 - James Rodriguez, Perth Amboy**
David Loniewski, South Plainfield
- 132 - Thomas Fierro , South Plainfield**
Corey Fernandez, Monroe
- 138 - Alex Amato, South Plainfield**
- 145 - Joe Sacco , South Plainfield**
Alec Meyers , Old Bridge
- 152 - Ian McCabe, Monroe**
- 160 - Joseph Hatcher , Piscataway**
Sebastian Santos, South Plainfield
- 170 - Nick Weikel , Monroe**
- 182 - Brenden Hedden, South Plainfield**
- 195 - Luke Niemeyer , South Plainfield**
- 220 - Zach DelVecchio , South Plainfield**
- 285 - Julian Medina, South Plainfield**
Johan Coria, Perth Amboy
Youssef Gamel , East Brunswick

COACH OF THE YEAR ~ STEVE JOHNSTON, SOUTH PLAINFIELD

SPORTSMANSHIP AWARD ~ JOHN P. STEVENS HIGH SCHOOL

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

GREATER MIDDLESEX CONFERENCE ALL-WHITE DIVISION

DIVISION CHAMPION SAYREVILLE

- 106 - Dylan Acevado, Sayreville**
Anthony Bistany, St Joseph
- 113 - Alexis Irizarry, Woodbridge**
Xavier Laracuenta, Woodbridge
- 120 - Ian Coleman, John F. Kennedy**
- 126 - Zion Blanco, New Brunswick**
- 132 - Michael O'Brien, Edison**
- 138 - Trevor Mastorio, Sayreville**
Derek Zelesnick, St Joseph
- 145 - Connor Doherty, Edison**
Jaydin Mahon, New Brunswick
- 152 - Joseph Brucato, Woodbridge**
- 160 - Elijah Ade-Festus, Sayreville**
Jordan Warren, Edison
- 170 - Yusuf Elbayar, Woodbridge**
Antonio Oneto, Sayreville
- 182 - John Poznanski, Colonia**
- 195 - Savon Kirksey, Sayreville**
K'Shawn Lee Clausell, Colonia
- 220 - Keshon Davila, New Brunswick**
- 285 - Benedict Arthur, Sayreville**

COACH OF THE YEAR ~ MARCUS IVY, SAYREVILLE

SPORTSMANSHIP AWARD ~ JOHN F. KENNEDY MEMORIAL HIGH SCHOOL

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

GREATER MIDDLESEX CONFERENCE ALL-BLUE DIVISION

DIVISION CHAMPION BISHOP GEORGE AHR

- 106 - Kevin Beck, Middlesex-Dunellen**
- 113 - Christian Diaz, Bishop Ahr**
Jaedon Kearnes, Metuchen
- 120 - Ryan Gagliardi, Bishop Ahr**
Zach Weiner, Spotswood
- 126 - Connor Platt, Spotswood**
- 132 - Owen Disbrow, Bishop Ahr**
Cesar Lopez, North Brunswick
- 138 - Troy O'Connor, Middlesex-Dunellen**
- 145 - Kenny Cohgan, Carteret**
- 152 - Liam Walker, Metuchen**
Axel Lucero, North Brunswick
- 160 - Jacob Vega, Carteret**
- 170 - Freddy Ramirez, Bishop Ahr**
- 182 - Eli Jacobs-Perez, Highland Park**
- 195 - Jordan Campbell, Middlesex-Dunellen**
Nick Komosinski, Spotswood
- 220 - Stephan Ruiz, Carteret**
Tom Roarty, Bishop Ahr
- 285 - Luke Tilton, Highland Park**
Kentheotio Cross, South River

COACH OF THE YEAR ~ NICK TONZOLA, BISHOP GEORGE AHR
SPORTSMANSHIP AWARD ~ NORTH BRUNSWICK TOWNSHIP HIGH SCHOOL

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

MEDIA ALL-STARS

The Home News Tribune

FIRST TEAM

106 Jacob DelVecchio, South Plainfield, Fr.
113 Dylan Acevedo, Sayreville, So.
120 Anthony White, South Plainfield, So.
126 James Rodriguez, Perth Amboy, Jr.
132 Thomas Fierro, South Plainfield, Sr.
138 Alex Amato, South Plainfield, Sr.
145 Joe Sacco, South Plainfield, Sr.
152 Ian McCabe, Monroe, Jr.
160 Joseph Hatcher, Piscataway, Sr.
170 Nick Weikel, Monroe, Sr.
182 John Poznanski, Colonia, Jr.
195 Luke Niemeyer, South Plainfield, Sr.
220 Zach DelVecchio, South Plainfield, Sr.
285 Benedict Arthur, Sayreville, Sr.

SECOND TEAM

106 Vincent Nadera, Old Bridge, So.
113 Deon Pleasant, Piscataway, So.
120 Joe Fiordaliso, Monroe, Jr.
126 David Loniewski, South Plainfield, Sr.
132 Michael O'Brien, Edison, Sr.
138 Troy O'Connor, Middlesex, Sr.
145 Alec Meyers, Old Bridge, Sr.
152 Marc Giordano, South Plainfield, Sr.
160 Jacob Vega, Carteret, Jr.
170 Gabe Rodrigues, Piscataway, Sr.
182 Brenden Hedden, South Plainfield, Sr.
195 Nick Recine, Piscataway, Sr.
220 Keshon Davila, New Brunswick, Jr.
285 Kenny Cross, South River, Sr.

THIRD TEAM

106 Desmond Pleasant, Piscataway, So.
113 Julian Irizarry, South Plainfield, Fr.
120 Ryan Gagliardi, Monroe, Jr.
126 Michael Bilardo, Monroe, Sr.
132 Ian Coleman, J.F. Kennedy, Jr.
138 Trevor Mastorio, Sayreville, Sr.
145 Connor Doherty, Edison, So.
152 Marcus Petite, Piscataway, Jr.
160 Sebastian Santos, South Plainfield, Sr.
170 Divon Pender, South Plainfield, Sr.
182 Nick Lodato, Piscataway, So.
195 Savon Kirksey, Sayreville, Sr.
220 Youssef Gamel, East Brunswick, Jr.
285 Johan Coria, Perth Amboy, So.

HONORABLE MENTION

Any wrestler not named first-, second-, or third-team All-GMC who placed among the top four in the conference tournament or qualified for regions earned honorable mention.

106: Jackson Ratcliffe of South Brunswick, Anthony Bistany of St. Joseph, Kevin Beck of Middlesex/Dunellen.

113: Christian Diaz of Bishop Ahr, Jaedon Kearnes of Metuchen.

120: Darren Figueroa of Sayreville, Zach Weiner of Spotswood, Ken Beck of Middlesex/Dunellen.

126: Ricardo Avellan of Edison, Connor Platt of Spotswood, Arjun Khatri of South Brunswick.

132: Owen Disbrow of Bishop Ahr, Zion Blanco of New Brunswick, Corey Fernandez of Monroe.

138: Jake Sisk of Piscataway, CJ Smith of South Brunswick, Derek Zelesnick of St. Joseph, Troy O'Connor of Middlesex/Dunellen, Corey Fernandez of Monroe.

145: Jaden Catalano of Woodbridge.

152: Axel Lucero of North Brunswick, Luka Stepanashvili of J.P. Stevens.

160: Elijah Ade-Festus of Sayreville, Yerami Jimenez of Perth Amboy, Justice Harris of Colonia.

170: Antonino Oneto of Sayreville, Luis Colon of Perth Amboy, Sergio Cespedes of Woodbridge, K'Shawn Lee-Clausell of Colonia, Freddy Ramirez of Bishop Ahr.

182: Mykhaylo Khalabudnyak of Sayreville, Christian Perrine of East Brunswick, Yusuf Elbayer of Woodbridge.

195: Wilber Ramirez-Gomez of Edison, Bryand Garcia of New Brunswick, Eddie Rogers of Spotswood.

220: Joseph Porcaro of Sayreville, Andre Felton of Piscataway, Nick Komosinski of Spotswood, Stefane Ruiz of Carteret, Thomas Romond of St. Joseph.

285: David Greene of Piscataway, Luke Tilton of Highland Park.

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

MORE MEDIA & MORE ...

COACHES AWARDS

The Home News Tribune - Middlesex County
Ben Ostner, New Brunswick

The Star-Ledger - Middlesex County
Ben Ostner, New Brunswick

NJWCA - District 17
*Marcus Ivy, Sayreville &
Steve Johnston, South Plainfield*

COACHING ACHIEVEMENTS

*The GMC Wrestling Coaches Association Congratulates
Middlesex/Dunellen's, Pat Appello; East Brunswick's, Matt
Pazinko; John F. Kennedy's, Nick Cilento; South Plainfield's,
Bill Pavlak and North Brunswick's, Mark Salge and thank
them for their Contributions To Middlesex County Wrestling*

COACHING MILESTONE

*The GMC Wrestling Coaches Association Congratulates
Marcus Ivy of Sayreville on Achieving His 100th Career Win*

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

About this booklet ...

**This book is produced mainly by the
Head Coaches of the
Greater Middlesex Conference Wrestling Teams.**

**All of the “narrative” write-ups are written by
the coaches, e-mailed to Ron Mazzola, who
simply “copies and pastes” these narratives
into their proper place. Ron also formats the
remainder of the book (lists, graphics, etc.).**

**This book is a major project and takes many
hours, by everyone, to complete.**

**We apologies for any
errors or omissions.**

GREATER MIDDLESEX CONFERENCE 2019 WRESTLING COACHES ASSOCIATION

**The
Greater Middlesex Conference
Wrestling Coaches Association
would like to thank the
management and staff at the
Milltown American
Legion ~ Post #25
and
Twin Oaks Caterers
for helping make our
All-Star Awards Presentation
a great success.**