

## ANNUAL ALL-STAR AWARDS PRESENTATIONS

SAINT JOSEPH HIGH SCHOOL FRIDAY, JULY 31, 2020

### 2020-2021 IMPORTANT DATES

#### (Very Tentative and Very Subject To Change)

# Hydration: May begin on November 1, 2020

Wednesday, November 18th - GMC Pre Season Meeting 6:00pm, SPHS

Tryouts: November 23, 24, and 25, 2020

NOTE: No practices allowed on November 26, 27, 28 & 29

Official Practices Begins - Monday, November 30, 2020

#### **GMC GIRLS TOURNAMENT TO BE ANNOUNCED**

### Thursday, January 28th - GMC Seeding Meeting NO MATCHES ON THIS DAY

4:00 at the South Plainfield Italian American Club

Friday, January 29th - GMC Tournament at Piscataway Saturday, January 30th - GMC Tournament at Piscataway

#Thursday, December 17, 2020 - Opening Day
#January 15th - 2 Pound Allowance
Saturday, January 30 - Team Playoff Cut Off
Tuesday, February 2nd - Team Playoff Seeding Meeting
Saturday, February 6th - 30 Match Limit Cut-Off

### EXPECT A CHANGE IN THE SECTIONAL AND GROUP SCHEDULES STILL THE WEEK OF FEBRUARY 8th, 2021

Thursday, February 18th, District Seeding Meetings
Saturday, February 20th - District Tournaments
Monday, February 22nd, Region Seeding Meetings
February 24th, 26th and 27th - Region Tournaments
Tuesday, March 2nd - State Seeding Meeting
March 4th, 5th and 6th - State Tournament in Atlantic City
Wednesday, March 10th - Post Season Meeting 6:00pm, SPHS
# = Assumptions Based on 2019-2020 Schedule

# GREATER MIDDLESEX CONFERENCE WRESTLING COACHES ASSOCIATION LALL-STAR AWARDS PRESENTATIONS I

#### MASTER OF CEREMONIES - RON MAZZOLA

**SPECIAL THANKS TO:** 

LUCA RISPOLI DINNER RESERVATIONS/TREASURER

RACHEL DADDIO
ENTRANCE TABLE/SOCIAL MEDIA SPECIALIST

MARY RISPOLI ENTRANCE TABLE

STU KOHN ~ MILLERS RENTALS
FOR HIS ASSISTANCE WITH DINNER ARRANGEMENTS

GREG TUFARO ~ MYCENTRALJERSEY.COM FOR HIS CONSTANT DEDICATION TO GMC WRESTLING

RON MAZZOLA
PROGRAM & AWARDS

SPECIAL THANKS TO SAINT JOSEPH HIGH SCHOOL AND
THEIR WRESTLING PROGRAM
ESPECIALLY HEAD COACH; MIKE CARBONE AND
ASSISTANT COACHES; JOE LIQUORI & ALLAN JORDAN
AND A SPECIAL THANK YOU TO FACILITIES
DIRECTOR/ASSISTANT ATHLETIC DIRECTOR: RYAN LECHNER

## All-Star Wrestlers

**CARTERET** 

Jacob Vega

**COLONIA** 

John Poznanski Michael Torres

**EAST BRUNSWICK** 

Kaleigh Duffy Ethan Keith

**EDISON** 

Alejandro Avellan Brendyn Challenger

**HIGHLAND PARK** 

Luke Tilton

JOHN F. KENNEDY

Sergio Maglione Kirstin Winters

**METUCHEN** 

Elijah Ervin Jack McGowan Francesco Rossiter

**MIDDLESEX** 

Kevin Beck Jordan Campbell **MONROE TOWNSHIP** 

Chris Fanelli Joseph Fiordaliso Ian McCabe Gabby Miller Anthony Profaci Nico Sta Ana

**NEW BRUNSWICK** 

Katy Ayala
Kerly Borbor
Jarazell Bull
Keshon Davila
Bryand Garcia
Jaydin Mahon
Joanna Ortiz
Karla Ruiz
Donna Walker

**NORTH BRUNSWICK** 

Leslie Banos Bautista

Dayana Hoyos

**OLD BRIDGE** 

Aurora Gardner Mandy Gavares Elijah Mack Vincent Nadera Taofiq Price Tyler Sagi

## All-Star Wrestlers

#### **PERTH AMBOY**

Valery Alcantara
Johan Coria
Nicole Hernandez
Alyssandra Pacheco
Kiarra Rivera
James Rodriguez
Ahsia Torres
Yuma Vidal

#### **PISCATAWAY**

Joseph Dulog
Nicholas Lodato
Kendall Jordan
Marcus Petite
Deon Pleasant
Desmond Pleasant
Jake Sisk

#### **SAINT JOSEPH**

Giovanni Alejandro Dave Rosenfarb

#### **SAINT THOMAS AQUINAS**

Owen Disbrow Connor Doherty Jose Martinez Christina Raspa Gabby Shevlin

#### **SAYREVILLE**

Dylan Acevedo Elijah Ade-Festus Darren Figueroa Joseph Porcaro Vincent Rebak

#### **SOUTH BRUNSWICK**

Nick Jairdullo Jackson Radcliffe

#### SOUTH PLAINFIELD

Jacob DelVecchio
JJ Giordano
Julian Irizarry
Julian Medina
Thomas Renna
Xavier Santos
Austin Scott
Anthony White

#### **SPOTSWOOD**

Zach Weiner

#### **WOODBRIDGE**

Alexis Irizarry Tyler Job

TEAM MVP'S - John P. Stevens' Ronaldo Romero-Banos; South River, Marcus Granadiero

## Special Award Winners

OUTSTANDING WRESTLER AWARD
John Poznanski. Colonia

<u>FEMALE WRESTLER OF THE YEAR AWARD</u> Kerly Borbor, New Brunswick

Tom Flanagan Memorial
Scholar Wrestler Award
Joe Fiordaliso, Monroe Township
Luke Tilton, HighlandPark

NJWOA-CENTRAL CHAPTER
SCHOLARSHIP AWARD
Ian McCabe, Monroe Townshipo

<u>Courageous Wrestler Award</u> Sergio Maglione, John F. Kennedy

> FRESHMAN OF THE YEAR Tyler Sagi, Old Bridge

SOPHOMORE OF THE YEAR Owen Disbrow, St. Thomas Aquinas

JUNIOR OF THE YEAR
Anthony White, South Plainfield

COACH OF THE YEAR
Joe Eurell, Monroe Township

ASSISTANT COACHES OF THE YEAR Josh Davis, New Brunswick Joe Montuoro, New Brunswick

SPECIAL COACHING RECOGNITION AWARD
Bryan Garnett, Old Bridge

TOP TEAM
Monroe Township High School

BEST TEAM
LARGE SCHOOLS (GR. 3, 4, 5)
PISCATAWAY HIGH SCHOOL

BEST TEAM
SMALL SCHOOLS (GR. 1, 2, 3)
South Plainfield High School

MOST IMPROVED TEAMS
LARGE SCHOOLS (GR. 3, 4, 5)
South Brunswick High School
SMALL SCHOOLS (GR. 1, 2, 3)
Saint Joseph High School

WRESTLING MAN OF THE YEAR Ben Ostner, New Brunswick

<u>MEDIA PERSONS OF THE YEAR</u> Greg Tufaro, mycentraljersey.com

CLIFF LOYSEN MEMORIAL
WRESTLING OFFICIAL OF THE YEAR
Dan Aiello

NJWOA-CENTRAL CHAPTER
SPORTSMANSHIP AWARDS
Coach
Nick Tonzola, St. Thomas Aquinas

Male Wrestler John Poznanski, Colonia

Female Wrestler Christina Raspa, St. Thomas Aquinas

### NJ STATE CHAMPIONS FROM MIDDLESEX COUNTY

<u>NAME</u>	<u>YEAR</u>	SCHOOL	WT. CL.
HENRY MACK	1962	<b>P</b> ISCATAWAY	141
RICH AIELLO	1963	East Brunswick	141
STEVE POVOLAC	1964	J.P. STEVENS	141
ED TOMKIEWICZ	1964	<b>E</b> DISON	198
Joe Lemmo	1965	SOUTH PLAINFIELD	106
Max Guidoboni	1965	EAST BRUNSWICK	115
John Smith	1965	<b>PISCATAWAY</b>	168
LEN CASSIDY	1966	EAST BRUNSWICK	130
GERRY NISIVOCCIA	1970	J.P. STEVENS	115
Mario Ianni	1970	<b>E</b> DISON	130
GERRY NISIVOCCIA	1971	J.P. STEVENS	123
Joe Nisivoccia	1972	J.P. STEVENS	115
Jay Stuart	1972	<b>P</b> ISCATAWAY	136
BARRY DRILL	1975	J.P. STEVENS	101
Joe Dougherty	1975	MADISON TOWNSHIP	108
Joe Draina	1977	COLONIA	158
MIKE DOUGHERTY	1978	MADISON CENTRAL	108
KEVIN JACOUTOT	1980	MADISON CENTRAL	115
JACK WILSON	1980	MIDDLESEX	HWT
KEVIN JACOUTOT	1981	MADISON CENTRAL	129
TED SLIWINSKI	1983	EAST BRUNSWICK	159
TIM JACOUTOT	1984	MADISON CENTRAL	116
DARREN SCHULMAN	1986	EAST BRUNSWICK	123
Joe Duhigg	1989	<b>E</b> DISON	119
STEVE GIORDANO	1989	SOUTH PLAINFIELD	145
KEVIN McCANN	1991	SOUTH PLAINFIELD	135
SCOTT KAMMERER	1991	EAST BRUNSWICK	HWT
Ferman Crisco	1992	PERTH AMBOY	152
BRIAN BRADY	1994	MADISON CENTRAL	152
Том Nото	1998	SOUTH RIVER	103
Том Nото	1999	SOUTH RIVER	103
MATT ANDERSON	2000	SOUTH PLAINFIELD	103
ED GUTNIK	2001	JOHN F. KENNEDY	130
JIMMY CONROY	2004	SOUTH PLAINFIELD	103
ANTHONY ASHNAULT	2010	SOUTH PLAINFIELD	103
ANTHONY ASHNAULT	2011	SOUTH PLAINFIELD	112
ANTHONY ASHNAULT	2012	SOUTH PLAINFIELD	126
SCOTT DELVECCHIO	2012	SOUTH PLAINFIELD	132
SCOTT DELVECCHIO	2013	SOUTH PLAINFIELD	132
ANTHONY ASHNAULT	2013	SOUTH PLAINFIELD	138
JONATHAN SCHLEIFER	2014	EAST BRUNSWICK	160
ZACH DELVECCHIO	2019	SOUTH PLAINFIELD	<b>220</b>
JOHN POZNANSKI	2020	COLONIA	$\frac{1}{182}$
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## SGGG SGUIT ... EAM NOIVIDUAL

Listed Alphabetically

Highland Park Central Jersey Group 1 Qualifier

Monroe Central Jersey Group 5 Semi-Finalist

New Brunswick Central Jersey Group 5 Qualifier

Perth Amboy North 2 Group 5 Qualifier

Piscataway North 2 Group 5 Semi-Finalists

Saint Joseph Non Public South A Semi-Finalists

Saint Thomas Aquinas Non Public North B Runner-Up

Sayreville Central Jersey Group 5 Semi-Finalist

South Brunswick Central Jersey Group 5 Qualifier

South Plainfield Central Jersey Group 2 Champions

Spotswood Central Jersey Group 1 Semi-Finalist STATE CHAMPION 182 - John Poznanski, Colonia

3rd Place 170 - Jacob Vega, Carteret

4th Place 132 - Anthony White, South P.lainfield

7th Place 170 - Marcus Petite, Piscataway

195 - Thomas Renna, South Plainfield

**Top 12** 

138 - James Rodriguez, Perth Amboy 182 - Nick Lodato, Piscataway

195 - Luke Tilton, Highland Park

**Top 16** 

113 - Desmond Pleasant, Piscataway

132 - Joe Fiordaliso, Monroe

145 - Connor Doherty, St. Thomas Aquinas

152 - Ian McCabe, Momroe

**Top 24** 

126 - Tyler Sagi, Old Bridge

132 - Zach Weiner, Spotswood

138 - Owen Disbrow. St. Thomas Aquinas

220 - Jordan Campbell, Middlesex

220 - Joe Porcaro, Sayreville 285 - Keshon Davila, New Brunswick

**Qualifiers** 

106 - Dylan Acevedo, Sayreville

170 - Sergio Maglione, John F. Kennedy

285 - Austin Scott, South Plainfield

## In Memorium



### Michael Favid Fessino 1990-2020

The GMC Wrestling Community mourned the loss of Mike. He is survived by his wife Katrina (Conrad) who he married on August 30, 2019 and they were expecting their first child, Dominic, in September. He was inducted into the Blue Jay Hall of Fame in 2015.

Donations may be sent to https://www.gofundme.com/f/teamdessino Mike was a 4 time GMCWCA All-Star Wrestler, here is the biography from the 2009 Dinner Program, his senior year.

This season Mike completed one of if not thee most successful careers in Middlesex wrestling history. His career record stands at 145-22. The 145 wins are the most in the schools history. Mike completed his senior season with a 42-3 record. His other accomplishments include a 1st place finish at the Hunterdon Central Invitational, 1st place in the GMC Tournament, 1st place in District 12, 2nd place in Region 3, and a 4th place finish in this years NJSIAA State Tournament. Mike was a state qualifier the last 3 years having placed 8th as a sophomore. Mike leaves Middlesex with an eye on competing at the college level at Bloomsburg University. He will always be used as a reference within the program as we try to push our wrestlers to have his dedication, character, and heart.

The Greater Middlesex Conference has 23 Wrestling Schools. Every two years the division alignment is examined and adjusted if necessary.

Here are the division alignments for the 2020-2021 and 2021-2022 seasons.

#### **RED DIVISION**

**East Brunswick** John P. Stevens **Monroe** Old Bridge Perth Amboy **Piscataway South Brunswick** South Plainfield

#### WHITE DIVISION

Colonia **Edison** John F. Kennedy **New Brunswick** Sayreville St. Joseph's Metuchen Woodbridge

#### **BLUE DIVISION**

**Carteret Highland Park** Metuchen Middlesex-Dunellen **North Brunswick** St. Thomas Aquinas **South River Spotswood** 

### Helping make a difference for boys and girls high school wrestlers in Middlesex County



GMC Wrestling



@GMCWrestling



@GMC Wrestling

NJSIAA has released the new district and region alignments for the next 2 years. These will be in place for the 2020-2021 and 2021-2022 seasons. Locations for Districts and Regions have not yet been selected.

#### REGION 4 - Contains 6 GMC Teams

DISTRICT 13; John F. Kennedy

**DISTRICT 14**; South Plainfield

**DISTRICT 15; Colonia** 

DISTRICT 16; Carteret, John P. Stevens, St. Thomas Aquinas

#### **REGION 5** - Contains 16 GMC Teams

**DISTRICT 17; Sayreville** 

DISTRICT 18; East Brunswick, New Brunswick, North Brunswick

South Brunswick, South River, Spotswood

DISTRICT 19; Edison, Old Bridge, Metuchen, Middlesex-Dunellen,

Piscataway, St. Joseph's Metuchen, Woodbridge

DISTRICT 20; Highland Park, Perth Amboy

#### **REGION 6** - Contains 1 GMC Team

**DISTRICT 24; Monroe** 





#### Giovanni Alejandro, Saint Joseph

As an incoming freshman Giovanni had a major impact on the St Joe's wrestling line up securing the 106 pound weight class and setting school records in only his first year at the high school level. Gio's 35 wins were a new single season record for the St. Joe's program but more impressively 33 of his wins were bonus point wins, including 19 pins which was tied for the team lead. Gio racked up 198 team points through out the year which was also a single season record for the St Joe's wrestling team. He also became St Joe's 2nd District Champion in as many years defeating Ethan Composto from Westfield in the District finals and then placed 6th in the Region 4 tournament. To top off his season Gio garnered All-White Division honors from the GMC coaches association. Gio's freshman year was packed with a ton of success and we only see bigger and brighter things in his future as he continues to grow and develop as a wrestler.

#### Kevin Beck, Middlesex-Dunellen

Kevin is a sophomore and co-captain. He had a strong 2020 season with a GMC 3rd place finish and a region qualifier. Kevin also was close to getting 100 takedowns this season with 96. He already has 59 wins heading into his junior season and is looking to build on that. Kevin works hard in the room which makes his teammates want to work harder. He truly cares about the Middlesex Wrestling program and helps with younger future Blue Jay wrestlers.

#### JJ Giordano, South Plainfield

JJ Giordano entered high school with a familiar last name for the Tigers. He comes from a long line of excellent South Plainfield wrestlers with his father Steve and brothers Jake and Marc having outstanding careers in a Tigers singlet. JJ knew from the get-go he was going to create his own path as he finished with a 24-6 record. He placed second at the Morris Knolls Tournament, 1st in the GMC tournament, before finishing 4th in a very tough district bracket. The coaching staff is expecting big things from JJ because of his phenomenal work ethic which will serve him well in the Tiger wrestling room for the next three years. Congratulations JJ on a terrific freshman campaign.

#### Vincent Nadera, Old Bridge

The captain of the Old Bridge Knights provided consistency and leadership from the 106 lbs weight class all season long. Nadera, a junior, began the season as a top-tier wrestler and continued to carry himself throughout the year as such. Though he did not ultimately reach the NJSIAA tournament, Vincent held wins throughout the year over multiple state qualifiers from the 2019-20 season. Vincent placed second at the Old Bridge Ice Breaker, 2nd in the GMC Tournament, and captured his first District 17 title. Though an unfortunate injury ended his season in the Region 5 WB Semifinals, Nadera's ultimate goal of qualifying for and placing in the NJSIAA tournament will be pursued relentlessly next season. Vincent is the model of consistency and embodies the values of the Old Bridge Knights. The school is very proud of their captain, and we are very encouraged by what the future holds for this young man as he enters his Senior campaign.



#### Dylan Acevedo, Sayreville

Jr. Captain Dylan Acevedo has proved himself tremendous leader and wrestler for the Bombers. In Dylan's 3 years for Sayreville the Bombers have won 3 straight divisions championships. Dylan has never lost a division match. Dylan's junior season he amassed 35 win, 15 pins, 64 takedowns, 191 team points, 329 match points for the Bombers leading the team in most categories. Dylan is a year round wrestler who made team NJ and wrestled in Fargo this past summer. Dylan is just starting to take off and is focusing hard on all aspect of wrestling, free style, weights, folk style, and cardio. If it can make you a better wrestler, chances are Dylan is doing it and getting ready for his senior season. Dylan is doing everything in his power to keep the ball rolling into next season. As the only returning captain the Bombers will look to Dylan even more to lead the team as the fight for a 4thstraight division championship The entire team and coaching staff is very excited about Dylan's senior season!

#### Julian Irizarry, South Plainfield

Julian followed up a successful freshman campaign with another solid season. He finished with a 23-14 record as he finished 2nd at the Morris Knolls Tournament, 4th in a very tough 113lb. bracket at the GMC Tournament, and dominated his was to his first District Tournament Championship, helping the Tigers capture their 36th consecutive District Team title extending their state record. Julian's tough and hard-nosed style of wrestling is a major factor in him being a successful wrestler. With two more years left in Tiger stripes, the coaching staff will look to Julian to become a leader and an example for the younger wrestlers to follow. Congratulations Julian on a great sophomore season.

#### Desmond Pleasant, Piscataway

Desmond had a great junior year campaign as he started off the season with a 3rd place finish at the Hopatcong Invitational and then went on to win the Roselle Park Holiday Tournament. He is always and constantly looking to improve upon his technique, strength and endurance and this showed as a tough loss in the finals of the GMC helped motivate him to step it up a notch for the ladder half of the season. He finished his district tournament with a hard fought 3rd place and then showed immense mental toughness and earned himself a ticket to AC with a 3rd place region finish after beating the top seeded wrestler. Desmond was able to cap off his season with a very respectable top 16 finish at the state tournament and he looks to follow in his mentors footsteps with a podium finish next year.

#### Jackson Ratcliffe, South Brunswick

Finishing up his second year as a starter for South Brunswick, Jackson is building an impressive resume as a Viking wrestler. Jackson had a strong sophomore season which included a 1st place finish and the tournament's lower weight outstanding wrestler award at the GMC Tournament. Jackson placed 3rd at the District XX Tournament and competed in the Region V Tournament. Jackson also is a 2x Buc Classic Champion and recorded 29 victories this season. Jackson's future is bright and seems limitless. His continued growth in the sport will translate to many victories and championships in the Vikings Black and Gold. He will be looked at to help lead the team in work effort, discipline, and a consistent attitude of doing his part to help the team succeed.



#### Jacob DelVecchio, South Plainfield

Jacob turned in another successful season for the Tigers. He finished the year with a 28-13 record. Jacob placed 2nd at the Morris Knolls Tournament, 2nd in the GMC Tournament, and 2nd in the Districts. He finished his sophomore season by placing 6th at the region tournament in a loaded 120lb. bracket. Although the season did not end the way he wanted it to, Jacob will use that as motivation to propel him to his most successful season yet in a Tiger uniform. A tough and physical wrestler, Jacob will continue to be looked upon as a leader for the Tigers and an example for the underclassmen to emulate. The coaching staff expects big things from him as he enters his junior year. Congratulations Jacob on another outstanding season.

#### Alexis Irizarry, Woodbridge

Alexis recorded a team high 33 wins, And now has 67 in his career putting him within striking distance of 100. Alexis finished this season with a 3rd place finish in the Elizabeth Tournament, 2nd Place in East Brunswick Tournament, 3rd Place at 120 lbs in the GMC Tournament, and 2nd place at 113 lbs in the District 13 tournament. Alexis went undefeated against White Division opponents and undefeated in all dual meet action this season. Alexis earned All GMC White Division honors while helping the Barrons to a 15-7 dual meet record.

#### Deon Pleasant, Piscataway

Coming off a sophomore season, in which he placed 3rd in the GMC Tournament, Deon was determined to build on that and improve. Deon won the Roselle Park Tournament. He then went on to capture a GMC title. Deon captured his first District 18 title and finished 5th in the Region 5 Tournament. With another year left, Deon is dedicated to working towards achieving his goal of qualifying and placing at the State Tournament.

#### Dave Rosenfarb, Saint Joseph

Dave entered St Joe's as a sophomore and was a relative unknown prior to the season. He opened some eyes and turned some heads through out the season though picking up 28 wins, taking top 4 in the GMC tournament, and taking silver in his first District Tournament. Dave's season was highlighted at the District Tournament as he entered the tournament a 5 seed despite having 26 wins coming into the tournament. In the quarterfinals against Liam Grahl from Union he broke open a 2-2 match in the 3rd period by running a bar and finding a pin to pit him against the 1 seed Patrick Kahlins from Cranford in the semifinals. Dave won an exciting match upsetting the 1 seed 11-8 and moved into the District finals as a 5 seed exceeding everyone's expectations. Dave put himself on the map his sophomore year and we are hoping for another big jump next year as he enters his junior year.



#### Darren Figueroa, Sayreville

Senior Captain Darren Figueroa has been a main stay in the Bomber line up since 2016. Amassing 75 career wins. Wrestling in the GMC finals as a senior Darren has had 4 amazing seasons as a Bomber. As a leader in the wrestling room and on the mat Darren has had a huge role in the Bombers 3 back to back to back White Division Championships. Darren finished his senior campaign with 24 wins, 6 pins, 7 tech Falls, and 2 major decisions. Winning 15 of his matches with bonus points. Darren also had 128 team points and 273 match points. Darren was always reliable and someone Coach Ivy was able to turn to for a big win. As a 4 year starter Darren will be a tremendous loss for the bombers and not easily replaced. The entire team and coaching staff wishes Darren the best of luck on all his future endeavors.

#### Kendall Jordan, Piscataway

This year was surely a breakout season for Kendall. Not only did this talented wrestler achieve one of his goals by breaching the 30 season win mark but along the way he improved to a 3rd place GMC finish and earned himself a district title as well! While he unfortunately just came short of qualifying for the state tournament he was able to finish his season with a 5th place win at the regions. The coaching staff is very excited to see what he can do next year with another season under his belt as he is looking to represent the Chiefs at the state tournament.

#### Francesco Rossiter, Metuchen

With an explosive Freshman year, Francesco Rossiter is paving the way for the future of the Bulldogs. Francesco started the season off strong with 2nd place finishes at the Edison Classic and Pioneer Classic. Francesco capped a 24 win season, placing 4th in the GMC's and a 3rd place finish in a tough District 14, putting him in the top tier of Freshman competitors in the county. Francesco is a poised student athlete, determined to have a very successful high school career.

#### Tyler Sagi, Old Bridge

Tyler was selected as the recipient of the 'Freshman Wrestler of the Year Award'. For more on Tyler please turn to the page titled 'FRESHMAN OF THE YEAR".



#### Joseph Dulog, Piscataway

Joseph has had season ending injuries the past three years. His love for the sport and determination kept him coming back. This year Joseph placed 2nd in the GMC Tournament. Unfortunately, Joseph's career came to an end at the team sectional dual meet where he was injured. He did not get a chance to compete for a district title. Joseph was a team captain. He lead through his hard work and being a great example to the rest to the team to see. He is one of the hardest working in the wrestling room and most dedicated and will be missed by his teammates and coaches.

#### Jack McGowan, Metuchen

Jack McGowan made great strides in his Sophomore campaign, he put a lot of work in the off-season and it showed when it counted. Jack placed 3rd in both the Edison Classic and Pioneer Classic to start off the season. He showed his resilience and toughness this postseason placing 4th at the GMC's and 3rd in a very tough District 14 weight class. With 45 career wins racked up, Jack has his eye on the 100 win milestone, leading the way for a new era of Bulldog wrestling.

#### Taofiq Price, Old Bridge

Price is a Senior who made a statement in his final season. This young man had incomplete seasons in each of his freshman, sophomore and junior years due to injury. As a Senior in his first full season, Taofiq went 27-11 with a 3rd Place finish at the Old Bridge Icebreaker (138), a 3rd Place finish at the GMC Tournament, and a 4th place finish in a very tough 132 lbs bracket in District 17. Price provided an energetic and tenacious approach to each of his matches, proving to be a dangerous opponent for many. Taofiq provided plenty of bonus points for the Knights, with 16 pins. He held wins over state qualifiers during the year, but ultimately his season ended with a 4th place finish in districts. He often faced some of the opposing teams' better wrestlers who were avoiding the Knights 126 lber. In those matches, Price went 7-1 with 6 pins. The Knights look forward to watching Taofiq continue to develop as he wrestles in college for Middlesex County College. Old Bridge is proud of Taofiq Price.

#### Zach Weiner, Spotswood

Zach is a three year starter and finished an impressive junior year with 25 victories. From the beginning of the season, Zach displayed strong leadership qualities. His work ethic on a daily basis during practices was tremendous. Early in the season, he finished 4th at the East Brunswick Bear Invitational Tournament. At the GMC Tournament, he earned a fifth place medal wrestling back from the quarterfinals. Throughout the season Zach grew as a vocal leader as well as leading by example. His drive and ambition to get better influenced the team and others around him. Zach continued his success winning the District 19 championship and placing 4th in the Region 5 tournament. Zach qualified for the state tournament, finished in the top 24, and earned All Division honors in the Greater Middlesex Conference. Zach is already such an accomplished wrestler as a junior, the team looks forward to his strong influence on the program and continued individual success.

#### Anthony White, South Plainfield

Anthony was selected as the recipient of the "Junior Wrestler of the Year Award". For more on Anthony please turn to the page titled "JUNIOR OF THE YEAR".



#### Owen Disbrow, St. Thomas Aquinas

Owen was selected as the recipient of the "Sophomore Wrestler of the Year Award". For more on Anthony please turn to the page titled "SOPHOMORE OF THE YEAR".

#### Joseph Fiordaliso, Monroe

Joseph is one of the recipients of this years "Tom Flanagan Memorial Scholar Wrestler Award" winners. For more on Joseph, please turn to the page titled "TOM FLANAGAN MEMORIAL SCHOLAR WRESTLER AWARD".

#### Jaydin Mahon, New Brunswick

Jaydin Mahon had his most successful season as a New Brunswick High School as he capped off a career. Jaydin Mahon's growth over the last 4 years has been tremendous. His freshman year, Jaydin compiled a 1-15 record against varsity competition. Jaydin put in an incalculable amount of effort and energy into bettering himself which he was able to demonstrate with his breakout senior season. Mahon was a force in the middle of the New Brunswick lineup as he put together 30 wins throughout the year. A dynamic force on his feet, Jaydin bested three wrestlers who would go on to become state qualifiers in the dual meet portion of the season. Jaydin also placed Top 4 at the GMC Tournament for the first time and finally punched his ticket to the Region tournament after placing 4th in the District twice before. Jaydin ended his Zebra career with 78 wins, which places him 4th on the most career wins since the wrestling team was brought back at NBHS 12 years ago. Jaydin's passion, strength, work ethic and ability to positively motivate others will be greatly missed, but will be an absolute asset for Jaydin's next team at the collegiate level.

#### James Rodriguez, Perth Amboy

James Rodriguez will go down as one of the best wrestlers in Perth Amboy history. His career achievements include: A record of 120-24 (3rd most in PAHS history); 3x GMC Champ (1st ever at PAHS), 2x District Champ,2x Morris Knolls Champ, 2018 Hunterdon Central Tournament Champ, and 2019 Region 5 Champ. Rodriguez was also voted Most Outstanding Wrestler 4 times in his impressive career.

An ankle injury in late December would halt the senior's chance of breaking the school wins record, but it could not break his perseverance. In arguably the most impressive weight classes in the garden state(8 returning medal winners), Rodriguez was one win away from stepping on the podium. In one of the most remarkable displays of grit, James rallied (with an ankle the size of a clementine) to knock off contender after contender. Rodriguez's performance will be talked about for many more trips around the sun.

He will be missed by all his coaches, teachers and teammates. If you've ever gotten the opportunity to meet James you would know instantly that he is as great a person as he is a grappler. James is attending Castleton University as his next step in his wrestling career.



#### Connor Doherty, St. Thomas Aquinas

"CALM, COOL, COLLECTED" Connor Doherty with ice water in his veins never getting ruffled put together an amazing 30-4 junior campaign. With incredible ABS (Always Be Scoring) work ethic Connor only lost 4 matches all by regular decision and two of them to the 4th place finisher in the state. He improved his career record to 60-14 while winning the GMC tournament, District 20 and placing 3rd in Region 5. His relentless attack of drilling in practice helped him perfect his craft scoring non-stop in every match and helping the Trojans win the blue division title. He earned first team blue division honors while placing top 16 in the state. With a great work ethic and incredible listening skills the sky's the limit for Connor in his senior season. He will be counted on to lead the Trojans back to the top of the division. His coaches are excited to see him achieve all his goals next season. Way to go Cool Hand Connor and good luck!

#### Ethan Keith, East Brunswick

Ethan is a Junior and three sport athlete. He finished his best season with the Bears with 29 wins, 15 of which were falls. Keith was a leader for a rebuilding Bears team and the spark the Bears often needed in matches. He started out the season strong, taking 3rd in Bears Invitational. Ethan then went on a run, winning 15 out of his next 17 matches leading into the GMC Tournament. He finished 4th at the GMC Tournament, where his only two losses came to the same individual. Ethan has a natural feel for the sport and was never out of a match, being able to put anyone on their back from his feet. Looking forward to all of Ethan's and the Bear's future achievements.

#### Anthony Profaci, Monroe

Anthony Profaci enjoyed a breakout sophomore season, in which he was named All-Red Division and broke the 25-win mark for the first time in his career. While notching 28 victories, he became a reliable and key contributor in Monroe's success this season. He also gave Monroe another source by adding to bonus points, recording 17 pins. Three of his pins were recorded in the GMC Tournament where he was a finalist at 145-pounds. Profaci also became a region qualifier for the first time in his career, by defeating an opponent in the third-place match (by a one-point decision) who majored him earlier in the season. Profaci's unique approach to the sport made him a fan favorite to watch and he never disappointed anyone with his effort. His heart and dedication in the sport, along with a solid off-season of work, will help him build on his successful sophomore campaign.

#### Jake Sisk, Piscataway

Jake Sisk was a 4 year varsity award recipient for the Chiefs this year. He was a senior captain and a leader for the team. Jake is the definition of a team player who is always willing to do what he can to improve the team as a whole and his teammates around him. He capped off his career with a 2nd place finish at the Hopatcong Invitational, a 3rd place finish at the Roselle Park Holiday Tournament and finally made it on to the box at the GMC's with a hard fought 3rd place finish. Jake will always be remembered for his hard work and his endurance on the mat. He will be taking his talents this fall to NJCU where he will be wrestling and running track.



#### Tyler Job, Woodbridge

Tyler finished second on the team with 30 wins. Tyler was a true 152 lb. wrestler that bumped weights all season to strengthen the lineup. Tyler was also one of the most improved wrestlers in the GMC, improving upon last years (5-16) record to (30-6) this season. Tyler finished 4th in the Elizabeth tournament, 2nd in the East Brunswick Tournament and 3rd place in the GMC at 152 lbs. Tyler played a huge role in the Barrons dual meet success. Tyler earned All GMC White Division honors for this season.

#### Jose Martinez, St. Thomas Aquinas

Jose "Mad Dog" Martinez didn't pick up a pair of wrestling shoes until his freshman year of high school when he competed at 170 lbs. With a competitive personality he quickly fell in love with the sport. As a sophomore and only in his second year of wrestling Jose became a varsity starter at 145 lbs. His relentless mad dog attack helped the Trojans win back to back Blue Division titles. This season Jose went 24-11 improving his career win total to 41. His non stop attack helped him earn 6 come from behind last second victories leading to a 4th place in the GMC tournament and all Blue Division honors. It's no mystery to his coaches Jose understands how to out work his opponent every day in practice and he listens to his coaches. It is with these two attributes that the sky's the limit for Jose in his senior year. His coaches will be counting on his leadership to help the Trojans defend their divisional title as he works to get to the top of the podium in every tournament. Way to go Jose and good luck!

#### Ian McCabe, Monroe

Ian will be receiving the "NJWOA-Central Chapter Scholar Wrestler Award". For more on Ian, please turn to the page titled "NJ WRESTLING OFFICIALS CENTRAL CHAPTER SCHOLAR WRESTLER AWARD".

#### Xavier Santos, South Plainfield

As first year starter, Xavier made the most of his Junior season as he opened the eyes of a lot of people in the area. He finished the season with a 26-14 record. Xavier dominated his way to a Morris Knolls tournament title. He would go on to place 2nd in the GMC and District Tournaments as he battled his way to a 6th place finish in the region tournament narrowly missing an opportunity to wrestle at the State Tournament. Xavier has a world of talent and athleticism that will serve him well as he enters his Senior campaign. The coaching staff believes he can wrestle with the best guys in the state if he believes it as well. Xavier will be looked upon to take a leadership role for the Tigers in 2021. Congratulations Xavier on a great Junior season.



#### Jarazell Bull, New Brunswick

Jarazell Bull put the GMC on notice that he was ready to make a name for himself in 2020. Prior to 2020, Jarazell was virtually unknown to many and had never made it past the round of 16 in the GMC tournament. In fact, Jarazell was 2-17 as a freshman and 19-13 as a sophomore. Following a full offseason of wrestling and exponential physical and mental growth, Jarazell started the 2019-20 season on fire. Jarazell captured the tournament championship at the Roselle Park tournament and fashioned a 20-3 record entering the GMC Tournament. Bull put on a fantastic performance as he bested all of his opponents in impressive fashion and claimed the first GMC Championship in New Brunswick High School history. Jarazell Bull's winning didn't stop there as he placed 2nd in the District and 5th in the region as he put together a team high 36 wins. Jarazell bested 3 state qualifiers throughout the year and came up just short of qualifying for the State Tournament. Jarazell's weight at the Region tournament was one of the deepest in the state as the Top 3 wrestlers in his Region ended up placing Top 8 at the state tournament. Jarazell is bound and determined to become New Brunswick's first male state medalist and he will have one more opportunity to do so next season.

#### Brendyn Challenger, Edison

Brendyn Challenger was a solid contributor for the Eagles in the middle of the lineup this season. This was a breakout season for Brendyn who is a 3 time varsity letter winner for the Eagles. Brendyn finished his senior campaign with 23 wins. Brendyn started an outstanding senior season by winning the Edison Classic for the first time in his career. Brendyn also finished 3rd in the GMC Tournament making the podium for the first time. Brendyn finished the year placing 3rd in the District 18 tournament. Brendyn matured into one of the toughest middleweight wrestlers in the GMC and turned the corner thanks to his strong work ethic and commitment to off season wrestling. Brendyn will be joining the Marine Corps after highschool.

#### Chris Fanelli, Monroe

Chris Fanelli's hard-nosed style of wrestling is what led him to a strong junior season, breaking the 25-win mark for the first time in his career with 26 total victories, 12 coming via pin. His tenacity and toughness are something his teammates try to replicate and was a major contributor to Monroe's successful season. Fanelli's dedication to the sport led him to his first GMC Tournament finals appearance, as well as his second consecutive district title. As Fanelli heads into his senior season, he will look to continue to take strides and embrace becoming one of the leaders of the Falcons for the 2020-2021 season.

#### Michael Torres, Colonia

A two year starter for Colonia, Michael has jumped leaps and bounds from his freshman season to now. Michael had himself a solid off season and really made himself a better wrestler.

He is a strong leader in the room and on the mat during practice. He started the season strong with a 3rd place in the Elizabeth Minuteman Tournament at 160lbs.

After that he started setting a really high tempo in all his matches as he took on top caliber wrestlers at his weight.

Michael's tournament success continued into the GMC tournament where he placed 3rd, knocking off 2 higher seeds than him in the process. As the post season started Michael took an impressive 3rd place in District 15 and advanced to the Region tournament.

Michael had a total of 20 wins this season and competed at an extremely high level all season. His transformation from his freshman year, to sophomore year, is a tribute to the work he put in during the off season and we couldn't be prouder. The Colonia Patriots are looking forward to this young man being a role model and leader for the future.



#### Elijah Ade-Festus, Sayreville

Senior Elijah Ade-Festus caped of his best season as a 3-year starter for the Bombers. Elijah made it to the District finals for the second straight season, becoming a District Champion his senior year. Of Elijah's 26 wins 22 were won with bonus points most by pins with 18! Elijah has been one of the Bombers most reliable wresters over the past two seasons both in season and during the post season. Elijah is a member of multiple school clubs excelling as a leader on the mat and in the classroom. Elijah was state champion in "open events" for Sayreville's FBLA club. Elijah is also a leader in the Christian Club. The entire team and coaching staff wishes Elijah the best of luck on all his future endeavors.

#### Sergio Maglione, John F. Kennedy

Sergio will be receiving the GMCWCA's "Courageous Wrestler Award". For more on Sergio, please turn to the page titled "COURAGEOUS WRESTLER AWARD".

#### Marcus Petite, Piscataway

Coming off a Junior season, in which he placed 6th in the Region Tournament for the second straight year, Marcus was determined to not only qualify for the State Tournament, but also finish on the podium. Marcus began the season with consecutive wins in both the Hopatcong and Roselle Park Tournaments. He then went on to finish 2nd at the GMC and 2nd at the District 18 Tournament. He pinned his way through the Region 5 Tournament to capture his first Region title and earn a spot at the State Tournament. Marcus then capped off his impressive Senior season, and Piscataway career, with a 7th place finish at the State Tournament. Marcus was not only a team captain for his final two seasons, but also a leader for his entire Piscataway career. He is one of the hardest working and most dedicated wrestlers to come through the Piscataway program and will be missed by his teammates and coaches.

#### Jacob Vega, Carteret

Jacob Vega is a Senior and four year varsity starter. The Ramblers Captain cemented himself in the schools history book by having the most successful season and career ever. Jacob won the Edison Classic, Rahway Tournament, Buc Classic, GMC Tournament, District Tournament and Region Tournament. He then finished his most successful season to date with 3rd place at the NJSIAA tournament in Atlantic City, which is the highest by a Rambler wrestler ever. His marks of 138 career victories, 49 wins in a season, and three trips to the state tournament, are the most in school history. More importantly, Jacob's legacy will show that he has changed the wrestling culture in Carteret and has been the embodiment of hard work and dedication in the school. Jacob will be missed, but his presence will be felt for year



#### Alejandro Avellan, Edison

Alejandro Avellan has been a solid contributor for Edison High School over the last 2 years. This season Alejandro finished with a record of 31-9. He placed 3rd in the GMC Tournament and finished 3rd in the District 18 tournament qualifying for the Region 5 tournament. Alejandro was also an Edison Classic Champion for the first in his career. Alejandro had strong showings at both the 182 and 195 pound weight classes this season beating top tier competition. Alejandro will anchor the upper half of the lineup for the Eagles and will definitely be a wrestler to watch in his senior year.

#### Elijah Erving, Metuchen

A third year wrestler for the Bulldogs, Elijah Ervin showed extraordinary athleticism and toughness. Elijah's on the mat performances in dual meets and tournaments led the way for the Bulldog's the past two seasons. Elijah placed in both Edison Classic and Pioneer Classic to begin the season. He had a stellar post-season, placing 4th in the GMCs and 3rd in a deep weight class at Districts with an upset victory to qualify for the region tournament. Although his season was cut short with an injury at the Region tournament, Elijah's legacy of toughness on

#### Nick Jairdullo, South Brunswick

Finishing up his third year as a full time starter for South Brunswick, Nick has left his mark on the Viking wrestling program. Nick had one of the Vikings more successful seasons of late. Nick's accomplishments included a 2nd place finish at the GMC Tournament, a 2nd place finish at the District XX Tournament, a 5th place finish at the Region V Tournament and a Buc Classic Tournament Championship. Nick recorded 36 victories this season and was the team leader in wins and pins. His 28 pins this season currently put him #1 on the Viking Wrestling leader board for pins in a season. Nick's leadership and focus had a huge impact on this Viking team that qualified for the NJSIAA Central Jersey Group V team tournament for the first time in 8 years. Nick's wholesome fun loving attitude will be greatly missed. Both the team and the coaching staff will miss Nick and wish him luck in college.

#### John Poznanski, Colonia

John is the recipient of this years "Outstanding Wrestler Award". For more on John, please turn to the page titled "OUTSTANDING WRESTLER AWARD".



#### Nicholas Lodato, Piscataway

Nick was coming off an impressive sophomore season, where he placed third at the Region 5 Tournament and qualified for the State Tournament, and he kept that momentum going. After a football injury delayed the start of his season, Nick returned to the lineup without any hiccups and went on to win the Roselle Park Tournament. He then went on to capture a GMC title, avenging a loss from earlier in the season. After a drop in weight classes, Nick captured his first District 18 title and finished 3rd in the Region 5 Tournament to secure a spot at the State Tournament for the second straight year. Nick went on to place top 12 in the state at 182, just one win shy of making the podium. With another year left, Nick is dedicated to working towards achieving his goal of placing at the State Tournament.

#### Thomas Renna, South Plainfield

Tommy took full advantage of his first year as a full-time starter for the Tigers. He finished with a 33-5 record. Tommy placed 2nd at the Morris Knolls and GMC Tournaments before he broke through and dominated his way through the District tournament earning his first title of the year. He followed that performance up with another impressive showing as he captured the Region V title qualifying him for the State Tournament. Tommy would continue his outstanding wrestling at the State Tournament as he battled his way to a 7th place finish. With Tommy's talent and athletic ability, the sky is the limit as he enters his Senior season. The coaching staff expects big things from him for his final opportunity at his goal of becoming a State Champion. Congratulations Tommy on an outstanding Junior season.

#### Nico Sta. Ana, Monroe

Sta. Ana has become a familiar face to Monroe's upper weights as he took the mat for his junior season. After a slow start that gave him a 4-7 record to begin the year, Nico was able to continue to improve and finish the remainder of the season going 17-8. His successful turn-around led him to a 4th place finish in the GMC Tournament, where he scored three falls along the way. Sta. Ana was able to build off his strong GMC performance in the district tournament, where he became a district finalist, allowing him to qualify for the region tournament for the second time in his career. As Nico heads into his senior season, he will look to remain a familiar face for Monroe and continue to improve.

#### Luke Tilton, Highland Park

Luke is one of the recipients of this years "Tom Flanagan Memorial Scholar Wrestler Award" winners. For more on Luke, please turn to the page titled "TOM FLANAGAN MEMORIAL SCHOLAR WRESTLER AWARD".



#### Jordan Campbell, Middlesex-Dunellen

Jordan Campbell is a junior and a co-captain for the Blue Jays. He had great junior season finishing as a GMC champion and in dramatic fashion, pinning 3 tough wrestlers to finish 3rd in the Region and a trip to Atlantic City. In just two years with the Blue Jays, he has 63 wins and could get win #100 in just his 3rd season next year. Jordan is a three sport athlete and his favorite sport is football (with wrestling coming in a close 2nd). He is looking to play football in college.

#### Bryand Garcia, New Brunswick

Bryand Garcia completed a successful sophomore campaign in 2020. Bryand bumped up to 220 this year, and placed 4th at the GMC tournament for the second consecutive season. Bryand eclipsed the 30 win threshold, pinning 18 of his opponents throughout the year. Bryand qualified for the Region tournament where he placed 6th at 220 after he had placed second at the District 20 tournament. Bryand had a few clutch wins for the Zebras as he bested the eventual Region 5 champion during the dual meet season. Bryand Garcia was selected to the 3rd Team All-GMC, 1st Team All NJUWL and All White Division. All of Bryand's losses in 2020 were to upperclassmen who were eventual or previous State Qualifiers. Bryand will look to carry the momentum he has built up over his first two campaigns to help bolster himself to the next level and make his mark in Atlantic City in 2021.

#### Julian Medina, South Plainfield

Julian turned in another great season for the Tigers. He finished his Junior year with a 23-9 record. Julian placed 2nd at the Morris Knolls Tournament and GMC Tournament. It was at the GMC Tournament that he really opened some eyes as he avenged a loss from earlier in the season in the quarterfinals and defeated a wrestler who would go on to become a state qualifier later in the year. In the finals, he lost a close 4-1 match to another state qualifier. Julian would go on to place 4th in the district tournament narrowly missing an opportunity to compete in the Region Tournament. Julian has gotten better with every year he has competed, and the coaching staff is very excited to see what his senior year has in store for him in a Tiger uniform. Congratulations Julian on a tremendous Junior year.

#### Joseph Porcaro, Sayreville

Sr. Captain Joe Porcaro ends the line of the 3 Porcaro Brothers all of whom left a huge mark on Sayreville and the GMC. As a 3 year starter for the Bombers and senior captain Joe played a giant roll in the teams success. Each year Joey was a starter the bombers won the White Division Championships. Over Joey's 3 years as a starter he ended with 73 wins. Joey was always someone the bombers could rely on to gain momentum for the team and help guide us towards more wins each season. Joe is a 2-time District finalist, 2-time GMC 3rdand a senior state qualifier taking 3rdin the Region 5 tournament while also avenging a district finals loss. Joey will be a very hard wrestler to replace. Along with wrestling Joey was also a leader for the Sayreville Football team where he help fight for a state championship in his time on the team. The entire team and coaching staff wishes Joey the best of luck on all his future endeavors.



#### Johan Coria, Perth Amboy

This season it was deuces WILD for Coria. After winning the Morris Knolls tournament in December, Johan finished 2nd in the Hunterdon Central tournament, 2nd at the GMCs, and 2nd at Districts. The junior has a career record of 47-18 and will be looking at some redemption in his final season. He has the physical skills and with some off-season mental training is hoping to make his final year a memorable one.

#### Keshon Davila, New Brunswick

Keshon Davila came into the 2020 with his eyes set on rewriting the New Brunswick High School record books and it is safe to say that his handwriting is all over it. Keshon had a largely successful season in 2020 as he advanced to Atlantic City for the second consecutive season. Moving up to heavyweight this year, Keshon was able to win a District Championship, place 2nd at the Region 5 tournament and capture the school's first individual Championship at the GMC tournament. Keshon's second consecutive District Championship made him the first New Brunswick High School wrestler to win back to back titles since the program was resurrected 12 years ago. Keshon also became New Brunswick's first wrestler to eclipse the 90, 95, and 100 win plateaus, as he completed his four year career with a 115-28 record. Keshon's impact on the New Brunswick program has been completely unprecedented as he was the school's first: GMC Finalist, 2x GMC Finalist and 3x Finalist. Keshon was also selected to the 1st Team All GMC, 1st Team All-NJUWL and All-White Division Team. In addition to his success on the mat, Keshon's leadership, friendship, loyalty, trust, and honesty will be missed greatly as he consistently set an outstanding example for his peers. Keshon will continue his career at Muhlenberg College, where he will look to continue both his football and wrestling careers.

#### Elijah Mack, Old Bridge

A Senior who was coming off a lost 2018-19 season due to an ACL injury, Elijah became a solid anchor for the Knights throughout the season, providing momentous bonus points with 21 pins on the season. Mack did not wrestle varsity as a Freshman, and finished 14-18 as a Soph. In his Senior year he finished 28-14, placing 3rd in Districts and falling one win short of qualifying for the NJSIAA State Tournament. Mack spent much of his season learning how to wrestle again due to all of the missed time due to injury throughout his high school career. He began to hit his stride during the GMC Tournament with a 4th Place finish, and continued to provide vital team points after that point in the season. The Knights are so proud of the efforts of this young man, as he solidified an otherwise thin part of their line-up. Old Bridge wishes Elijah good luck as he continues his athletic career as a collegiate football player.

#### Vincent Rebak, Sayreville

Jr. Heavyweight Vincent Rebak has a tremendous first season as a varsity wrestler Vin acquired 21 wins, 16 by pin and he always kept you on your toes! Vin carried the mantle of Sayreville heavyweight meaning you must place in the GMC. The Bombers have placed a heavyweight top 3 for almost every season over the past 8 years in the GMC tournament and Vin was no different. As well as on the mat Vincent is also a different maker on the football field where the 6'2 280lb wrestler makes a large impact as well. The experience Vin gained this season will be immeasurable as Vin is eager to grow and improve for his upcoming senior season. The entire team and coaching staff is very excited about Vincent's senior season!

#### Austin Scott, South Plainfield

A second-year wrestler, Austin Scott showed that he is built for this sport. As an extremely undersized heavyweight Austin used his height, athletic ability, and conditioning to turn in a truly eye-opening Junior season. He finished with a 24-12 record as he placed third at the Morris Knolls Tournament. Austin would go on to place 2nd in the District tournament earning him a spot in the Region V Tournament. Austin saved his best wrestling for the end. He entered the tournament as the 12th seed and upset 5th and 4th seeded wrestlers in the prelims and quarterfinals to earn a spot in the semifinals. While he dropped his semi-final bout, this did not deter him as he pinned in the wrestle back semi-finals to earn a trip to Atlantic City. The coaching staff believes we are just scratching the surface of Austin's potential and cannot wait to see what his senior year has in store. Congratulations Austin on an incredible Junior season.



Beginning in 2018, the GMCWCA voted to allow teams without an qualifying All-Star Wrestler to add a TEAM MVP to our annual banquet. Now all GMC wrestling schools have representation at the banquet. We are happy and proud to have these wrestlers with us here tonight.

Ronaldo Romero-Banos, John P. Stevens Ronaldo began his wrestling career at John P Stevens as a Freshman. Through tireless commitment he found himself serving as our senior team captain this past season. Ronaldo ended the season with a record of 22-5, and led by example in our wrestling room. He constantly offered help to our newer wrestlers, his love and passion for the sport radiated on all who spent time around him. Ronaldo has aspirations to study at Rutgers next year.

#### Marcus Granadiero, South River

Marcus had a very good sophomore season for the Rams. He finished the year with a record of 18-6. He placed 2nd in the Old Bridge Ice Breaker, 4th in the EB invitational, 5th in the GMC tournament, 3rd In District 18, and team MVP. As a sophomore Marcus was a captain for a very young Rams team. He pushed his teammates in the wresting room and always tried to make his teammates better for each match. Off the mat Marcus also excelled on the football field. He is a 2 year starter for the football team playing fullback and middle inside backer. He led the team with tackles and always came to play each day in practice or games. Marcus is looking forward to getting better on the mat and off the mat for the Rams.



#### Girls Wrestling ... A 2019-2020 Timeline

As we know, in 2018 the NJSIAA debuted girls wrestling as an individual sport. Nick Tonzola at Bishop Ahr (now Saint Thomas Aquinas) stepped up and hosted the first Middlesex County Girls Wrestling Tournament.

The 2019-2020 became a banner year for GMC Girls Wrestling and here is a timeline of things that transpired ...

November 17, 2019 - Ron Mazzola, representing the GMCWCA sends a proposal to GMC President Jeff DiCicco asking the GMC to sanction an official Girls Wrestling Tournament.

November 21, 2019 - The Athletic Directors of the GMC unanimously approve the proposal. The Greater Middlesex Conference makes history and becomes the first league or conference in New Jersey to sanction an official girls high school wrestling conference tournament!

Late November/Early December - In conjunction with Jeff DiCocco and Nick Tonzola, Ron Mazzola along with East Brunswick Volunteer Rachel Daddio begin setting the groundwork for the tournament to be held at Saint Thomas Aquinas on January 26, 2020.

January 8, 2020 - In the 106 pound bout of the East Brunswick-Old Bridge dual meet, East Brunswick sends out sophomore Kaleigh Duffy and Old Bridge counters with freshman Mandy Gavares. The 106-pound bout is the first all-girl bout that counted in the scoring of a regular-season boys conference dual meet.

Mid-January 2020 - GMCWCA members Ron, Rachel along with Luca Rispoli discuss awarding "All-Star" status to the girls based on results of the tournament. Last season the 5 GMC girls who qualified for the NJSIAA State Tournament were invited to this banquet. This year there are 20!!!

January 26, 2020 - The Inaugural Greater Middlesex Conference Girls Wrestling Championships are held at Saint Thomas Aquinas High School, crowning the first official 11 GMC Girls Wrestling Champions!

March 7. 2020 - New Brunswick Kerly Borbor becomes the GMC's 2nd Girls Wrestling State Champion on the mats in Atlantic City! Monroe's Gabby iller will always have the distinction of being our first, winning the title last season.





#### Madeline Gavares, Old Bridge

A first year member of our Lady Knights, Mandy Gavares has become a quiet leader for both girls and boys on the Old Bridge Wrestling Team. A freshman, Gavares began the year an impressive 7-0, including a 1st place finish at the Brick Memorial Zoo, in which she pinned both the 3rd and first place finishers of the Queen of the East Tournament. She continued her success through the season, becoming the first ever GMC Girls Champion with a pin in the 100 lbs final. Mandy continued to impress at the NJSIAA Girl's South Region with a 3rd place finish after going 4-1 in the tournament, with her only loss coming to the eventual champion and NJSIAA 2nd place finisher in the semifinals. Mandy finished her freshman season in Atlantic City with a 6th Place finish in the NJSIAA Girl's State Tournament. Her ultimate goal is to be a state champion one day, and the Knights are confident she will continue to make history for their program.







#### Kaliegh Duffy, East Brunswick

Kaleigh is a Sophomore and is a two sport athlete. Kaleigh led the Lady Bears this season with 12 wins. She finished 2nd in the Girls GMC Tournament and top 6 in the Girls South Region. In addition to her achievements in girls wrestling, Duffy was the starting 106 pounder for the Varsity team. Kaleigh made GMC history this year by participating in the first all-girl match to take place during a varsity meet. No matter who she was supposed to wrestle, Duffy would go out

#### Ahsia Torres, Perth Amboy

The definition of a Student-Athlete Here is her story:

I wrestle because...This sport is very challenging both physically and mentally. I love the level of difficulty and wanted to make a difference as a female wrestler. I want to prove that females are just as capable of succeeding in a male dominated sport. My first year of wrestling was one of the toughest times I have ever experienced in my life. The physical demand was new to me and I had to adapt to changes I never went through before. Mentally, this was by far the hardest challenge for me overall. No one likes to lose and sometimes it can break your confidence but I learned an important lesson from this. You cannot learn to win until you have learned how to lose. As a team, you grow with each other and learn to pick each other up through the wins and losses. I'm grateful for having such loyal teammates and patient coaches that have helped me grow as a person.

This season, I Did not do as well as I hoped although my coaches, friends and teammates tell me otherwise. I won first place and the most outstanding wrestler at the GMC's tournament. I also placed third at the girls Region tournament, qualifying for states. At the state tournament I placed fifth. With a busy wrestling season, I also managed to get good grades(3.7GPA), got accepted into the National Honors Society, and I'm currently taking two classes at Middlesex County College.

Wrestling has prepared me to handle such a hectic schedule. It has taught me to pace myself through the toughest times with a mindset of a winner. Overall, this season was hard but lessons were taught and I'm grateful for it all.

Next Season My Goal is...come back harder, more focused, and mentally prepared to face challenges. I will work and train harder than I ever did before. I want to have a great season and qualify for States again but this time I will place in the top three. I will continue to focus on my studies and go into the new season with a positive attitude.





#### Dayana Hoyos, North Brunswick

Dayana is a 10th grade, first year wrestler, with an impressive record of 8-6, and a 2nd place finish in the all Girl's GMC tournament. Dayana also took 3rd place in the Elizabeth all girl's tournament, and recorded wins in the regions. Dayana is eager to learn and grow in any way possible. She always shows up, both physically and mentally for every practice and match. She is humble and grateful for every win and every loss. She immediately comes off the mat and analyzes the videos of her match so that she can pinpoint areas for continued focus. She is relentless in her pursuit of personal development. I look forward to seeing her growth in the sport in season.

#### Christina Raspa, Saint Thomas Aquinas

When female wrestling was officially announced Christina Raspa was already a huge part of the BGA/STA wrestling program. She was about to start her 3rd season as the head stat girl. I was unsure if we would even have enough girls to have a program when I asked Tina if she would be interested in hanging up the pencils and picking up some wrestling shoes. With the biggest, brightest, smile she said yes and within a few days because of her excitement and energy more than 20 girls had signed up. She quickly became a leader, example and spokesperson for the sport of female wrestling. Her work ethic was unmatched, her positive attitude infecting the boys and girls program alike. This influx helped BGA/STA win back to back Division titles, place 6th in the boys GMC tournament and 3rd in the girls GMC tournament. A 2 yr captain Tina won the first unofficial County Tournament as a junior and in her first season ever earned a 10-4 record. This season she was champion in the first official GMC tournament with a season record of 15-2. Tina finished her career 25-6 with two county titles setting a high bar for the many girls that will follow the wide trail she has blazed pioneering the BGA/STA girls wrestling program. She will be missed tremendously by her coaches as she moves on to Monmouth College. We hope that she will continue to be a leader in the sport of female wrestling by pursuing it further either as a competitor or coach. We know there is nothing she can't accomplish. Way to go Tina and good luck!





#### Katy Ayala, New Brunswick

Katy Ayala had one of the most successful seasons out of any wrestler in the State of New Jersey in 2019-20. Katy's second season as a varsity starter saw her compile an 8-8 record against males and females in the varsity lineup, with 4 wins coming by fall. Katy had much greater success against female competition, as she went undefeated throughout the regular season posting 15 wins with 14 of them coming by fall and 1 by Major Decision. Katy also won titles at the Bloomfield Tournament, St. Joseph's Tournament and at the GMC Tournament. Katy went 3-2 at the North Region Tournament and placed 4th at her weight class. Katy finishes her career as a Zebra as one of the best wrestlers, male or female, to come through the school. She consistently wrestled both males and females with tenacity and toughness, and did whatever was asked of her to best meet the needs of the team. She was New Brunswick's first female State Qualifier and Medalist in 2019, and she helped pave a tremendous legacy for herself.

#### Leslie Banos Bautista, North Brunswick

Leslie is a 9th grade, first year wrestler, with an impressive record of 8-5, and a 3rd place finish in the all Girl's GMC tournament.

Leslie also recorded wins in the regions. Leslie is a force to be reckoned with at all times. She expects a lot from herself and others around her. She thrives on competition and savors every opportunity to face tough opponents both during practice and in matches. She is energized by the sport and transfers that energy to her teammates. I look forward to seeing her improve next year.

#### Alyssandra Pacheco, Perth Amboy

Aly has been wrestling for 4 years

Here is her story:

I wrestle because I want to prove that I can wrestle just as well as a boy can.

This season I wrestled my best and place 2nd at the Girls GMCs.

Next Season my Goal is to work hard as I can and make the State tournament.





#### Nicole Hernandez, Perth Amboy

Nicole is a Born Leader

Here is her story:

I wrestle because I want to break barriers and stereotypes of females not being able to perform as well as males. We are taught to act and look a certain way and participate in female sports. Now it is our time to prove to society that girls can do it just as well as boys. We are making a path for the next generation of girls who want to wrestle.

This season I accomplished a lot, even though my injury stopped me from achieving my ultimate goal: making the STATE Tournament, I will not let the injury get the best of me. I'm going to work 10x harder next season. This season has also brought me an amazing coach and teammates. My Teammates are strong independent young ladies who won't let anyone bring them down. We've all grown from the beginning of the season to the end. This season has given me nothing but happiness into my life.

Next season I will come back stronger than ever. I have taken my injury as a small setback but every setback has a comeback. I didn't really know how much I LOVED this sport until it was taken away from me by injury. I will work hard today because it can be gone tomorrow.

#### Joanna Ortiz, New Brunswick

Joanna Ortiz was a two year starter for the female Zebras and her senior season was a memorable one. Joanna started the year by showing in the Top 6 at the Queen of the East, and she also placed 3rd at the St. Joe's tournament. Joanna used a strong top game to pin her way to the finals of the GMC Tournament where she was able to capture the Gold. Joanna fell short of qualifying for the state tournament, as she finished in the Top 6 of a loaded bracket at the Girls' North Region. Throughout her season campaign, Joanna compiled at 15-6 record and anchored the middle of the Zebras female lineup. Joanna will be missed for her candidness and ability to laugh in practice, and for her irate demeanor after every match win or lose. Joanna is still figuring out her college decision for next year, and with a 4.0 GPA she should have plenty of options available.

#### Kirstin Winters, John F. Kennedy

After joining the wrestling team last season, Kirstin Winters has significantly improved over the past 2 seasons. Her overall record this season was well above the .500 mark. This was in competition with both males and females. At the inaugural GMC Girls Wrestling Tournament, Kirstin took 2nd place in her weight division. Kirstin battled her way to the finals after avenging a loss from her opponent earlier this year in the semi finals and reaching the finals. In the finals, Kirstin wrestled tough and represented JFK Memorial High School with pride. As a program, we are extremely proud of the strides Kirstin has made throughout the season and can't wait to see her on the mat next year.





#### Gabby Miller, Monroe

Gabby Miller turned in another successful season wrestling for the Falcons during her sophomore season. Although she missed several weeks of the season due to injury, Gabby fought back to achieve great heights. She never lost confidence in herself and refused to let it stop her from attempting to reach her goals.

Miller competed for the first time in the Girls GMC Tournament, where she took home the title at 135 pounds, en route to being named the tournament's Most Outstanding Wrestler. Miller went on to wrestle in the South Region Tournament, where she pulled off three consecutive victories before falling in the Region final, qualifying her for the NJSIAA Girls State Championship in Atlantic City.

Miller had a tremendous tournament, recording a 16-7 major decision in the first round, followed by a pin in the semifinals. Miller wrestled with everything she had in the state finals but could not defend her state title she had won the previous year, losing a heartbreaking 5-4 decision.

Miller's drive and determination will ultimately allow her to bounce back and come back stronger than before. With two more years left to go, Miller's expectations are higher than ever. She will continue to set the standard for girls wrestling in Monroe.

#### Karla Ruiz, New Brunswick

Karla Ruiz put together a much improved season from her inaugural one. Last year, Karla entered the wrestling room with not much knowledge about the sport and a raw set of skills. Karla started off slow but became one of our best workers. She consistently pushed herself and her team mates to get better every day. From junior year to senior year, Karla trained in the offseason with House of Pain training and wrestled as often as possible. Karla's offseason training paid off with a very good senior campaign and an appearance in the GMC Finals. Karla also placed third at the St. Joe's Tournament and placed Top 6 at the Queen of the East Tournament. Karla's work ethic and determination to better herself every day was an outstanding model for her peers and will be greatly missed.





#### Kiarra Rivera, Perth Amboy

Kiarra, a freshman, is one of the toughest wrestlers on our team. She, along with her teammate, Ahsia Torres, made Perth Amboy wrestling history. They are both officially Perth Amboy's 1st Girls GMC Champions.

#### Here is her story:

I wrestle because it keeps me focus. Once I step onto the mat everything I have going outside of it is forgotten.

This season I got the opportunity to meet great people. I've become a better person and wrestler because of it. I will always remember what my Coach told us during the season, "If you put your opponent on their back, you better StickEm!"

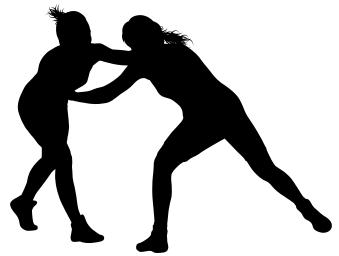
Next season my Goal is to make STATES. I want to experience and witness girls showing everyone their skill and passion for this sport. I will do everything I can to push myself and my teammates to be the best we can be. I'm only a freshman, I have a lot to learn, with my coaches who inspire me, I hope to achieve great things next season.





#### Gabby Shevlin, Saint Thomas Aquinas

In the first year of female wrestling Gabby Shevlin decided to get involved by becoming a stat. She was at every practice and every match watching and recording. As that first season progressed her coaches could see the fire growing in her eyes with the desire to compete. When the second season of girls wrestling started she could not be contained. With an intense and competitive personality Gabby was a natural for the sport of wrestling. With a great attitude and good practice habits Gabby quickly picked up on many high level wrestling techniques. In her first year competing she had a record of 10-3 and was champion of the 151 lb. weight class in the first official GMC tournament. Continuing with her positive attitude and good practice habits the sky's the limit for Gabby next year as she works to defend her GMC title and earn a trip to Atlantic City. Her coaches are excited to see her reach her goals. Congratulations and good luck Gabby!







#### Aurora Gardner, Old Bridge

A first year member of Old Bridge, Aurora has flourished against female competition in her early high school career. As a freshman she competed at 161 lbs throughout the season, going 1-1 at the Brick Memorial Zoo early on. She continued to improve, rattling off a win streak leading into the Girl's GMC Tournament, where she took first with a hard fought match in the finals. Aurora continued to work toward her goals in the NJSIAA Girl's South Region, placing 5th to finish her season. Although she did not make her run to states yet, she is hungry for what lies ahead. The Knights are proud of Aurora, and see her as a vital piece to build around for their growing girl's program.

#### Yuma Vidal, Perth Amboy

Yuma is one of our most improved wrestlers this year.

Here is her story:

I wrestle because wrestling hosts feelings that no other sport offers. The bonding with my teammates, my coaches, pinning my opponent and getting my hand raised is the best feeling ever. I have only wrestled for two years and wrestling has taught me that while I haven't achieve my goals, I am nowhere at the end of my journey. I wrestle because I have a sterling passion for this sport and because I Love it.

This season I've learn so many life lessons. I've learned that when you lose, you should never anguish about it, but instead take pride in how far you've come.

Next season my goal is work hard not only physically, but mentally and qualify for the State tournament. It is one of my priorities that next season I am able to give everything I have in and outside the mat.



## GIRLS 180



### Kerly Borbor, New Brunswick

Kerly Borbor is the recipient of the "Female Wrestler of the Year Award". For more on Kerly, please turn to the page titled "FEMALE WRESTLER OF THE YEAR".

## NJ CIRLS STATE CHAMPIONS FROM MIDDLESEX COUNTY

NAME GABBY MILLER KERLY BORBOR <u>YEAR</u> 2019 2020

SCHOOL MONROE TOWNSHIP NEW BRUNSWICK WT. CL. 147 180







## **GIRLS 215**



#### Valery Alcantara, Perth Amboy

Our Senior Captain finished 2nd at almost every tournament she entered. Val had a great run towards the end placing 3rd in the North Region and 3rd in the State of NJ. She will continue her education either at Montclair University or Ramapo College.

#### Here is her story:

I wrestle because I fell in LOVE with the sport itself. I love how I feel when I have my arm raised from every win. I learned from my losses and try improve the next day at practice. I became part of a team that looked after each other and treated each other like family. I've met friends along the way that I know I will have for life.

This season I wrestled the best in my high school career. I took everything I've learned from the last three years and utilized it this season. With only a few simple moves, I was able to push through this season and earn a spot on the STATE podium. (3rd place)

Next season I will take time off my college schedule and visit my former team and support them the best way I can.

#### Donna Walker, New Brunswick

In Donna Walker's second year of action, she solidified herself as one of the best female upperweights in the state of New Jersey. Donna bounced in between two weight classes and more than held her own against the state's best. After placing third as a sophomore, Donna medaled again in the state tournament by placing 6th. She also placed second at the Queen of the Beast tournament which was a showcase of 40 teams in South Jersey. Donna also won her second straight GMC/County Championship to help pace the Zebra girls team that led the team scoring at the conclusion at the end of the event. Donna will have one more opportunity to ascend to the top of the podium in Atlantic City and further cement her legacy as one of the toughest females in New Jersey.



In 2018 we started honoring our GMC wrestlers who went on to become Collegiate All-Americans. They will be awarded based on their graduation year/last year of eligibility. If a wrestler can not make it, we will invite them back the following year.

## This years All-American Honorees have yet to be honored so we Welcome and Honor...

Anthony Ashnault, South Plainfield High School & Rutgers University 4x All American; 2015-8th at 141, 2016-4th at 141, 2017-6th at 141, 2019-CHAMPION at 149

Troy Heilmann, South Plainfield High School & University of North Carolina 2018 All-American 4th Place at 149

#### And we look forward to seeing Future Honorees:

Jake Giordano of South Plainfield & TCNJ ~ 2019; 5th - 133 Alexis Soriano of Perth Amboy & Mercyhurst ~ 2019; 8th - 133

With the cancellation of the 2020 NCAA Wrestling Tournament we decided to honor graduate GMC Wrestlers who qualified this year.

Bryan McLaughlin, Drexel Sal Profaci, American



#### MIDDLESEX COUNTY 1987-2020

This list was recently sent to me. Admittedly, the person compiling this list stated that he has not "done the best" in keeping up with anything other than Division I sonce about 2005. If you see any errors or ommissions please bring them to my attention. You can email me at ronmazzz@aol.com (remember to use 3 Z;s). THANK YOU!

YEAR	LAST NAME	FIRST	COLLEGE	DIVISION	CLASS	PLACE	HIGH SCHOOL
2019	Jordan	Bobby	Johnson and Wales	III	133	3rd	Woodbridge
2019	Giordano	Jake	TCNJ	III	133	5th	South Plainfield
2019	Soriano	Alexis	Perth Amboy	III	133	8th	Perth Amboy
2019	Ashnault	Anthony	Rutgers	I	149	1st	South Plainfield
2019	Udott	Etiini	Centenary	III	197	4th	Piscataway
2018	Heilmann	Troy	North Carolina	I	149	4th	South Plainfield
2018	DelVecchio	Scott	Rutgers	I	133	6th	South Plainfield
2018	Jazikoff	Raymond	NYU	III	157	7th	South Plainfield
2018	Udott	Etiini	Centenary	III	197	5th	Piscataway
2017	Jordan	Bobby	Johnson and Wales	III	125	7th	Woodbridge
2017	Ashnault	Anthony	Rutgers	ı	141	6th	South Plainfield
2016	Ashnault	Anthony	Rutgers	ı	141	4th	South Plainfield
2015	Ashnault	Anthony	Rutgers	ı	141	8th	South Plainfield
2013	Roman	Gabe	Missouri Baptist	NAIA	125	3rd	Perth Amboy
2012	Roman	Gabe	Missouri Baptist	NAIA	125	7th	Perth Amboy
2012	Emburgia	Sam	Middlesex	NJCAA	141	7th	Monroe
2012	Ebewo	Eddie	East Stroudsburg	II	197	3rd	Old Bridge
2009	Roman	Gabe	Middlesex	NJCAA	125	3rd	Perth Amboy
2006	Duca	Jad	Ithaca	III	157	7th	South Brunswick
2003	Deniz	Bill	Montclair St	Ш	165	8th	South River
2001	Esposito	Dave	Lehigh	I	149	2nd	JFK Iselin
2000	Esposito	Dave	Lehigh	I	149	3rd	JFK Iselin
1999	Daly	Sean	Middlesex	NJCAA	184	8th	East Brunswick
1998	Cruikshank	Mike	Trenton State	Ш	177	4th	Woodbridge
1996	Cruikshank	Mike	Trenton State	III	177	2nd	Woodbridge
1995	Beagan	Chris	Montclair St	III	134	5th	Sayreville
1994	Giordano	Steve	Kean	Ш	150	4th	South Plainfield
1994	Rance	Will	Kean	III	118	6th	Metuchen
1994	Johnson	Dennis	Middlesex	NJCAA	177	7th	Perth Amboy
1992	Paladino	Ed	Middlesex	NJCAA	118	8th	Woodbridge
1991	Schulman	Darren	Syracuse	I	142	5th	East Brunswick
1991	Viola	Ives	Kean	III	Hwt	3rd	Colonia
1991	Giordano	Steve	Middlesex	NJCAA	150	4th	South Plainfield
1990	Schulman	Darren	Syracuse	I	142	8th	East Brunswick
1988	Jacoutot	Tim	Trenton State	III	118	1st	Madison Central
1987	Jacoutot	Tim	Trenton State	III	118	1st	Madison Central

#### MIDDLESEX COUNTY 1972-1986



YEAR	LAST NAME	FIRST	COLLEGE	DIVISION	CLASS	PLACE	HIGH SCHOOL
1986	Jacoutot	Tim	Trenton State	III	118	3rd	Madison Central
1986	Milonas	Nick	Montclair St	III	126	1st	East Brunswick
1986	Petty	Jim	Montclair St	III	Hwt	2nd	Middlesex
1985	Jacoutot	Tim	Trenton State	III	118	1st	Madison Central
1985	Milonas	Nick	Montclair St	III	126	1st	East Brunswick
1984	Bussey	Ron	Trenton State	III	150	2nd	South River
1984	Glaberman	Bob	Trenton State	III	158	1st	Madison Central
1984	Petty	Jim	Middlesex	NJCAA	190	8th	Middlesex
1983	Fears	George	Navy	I	Hwt	7th	South Brunswick
1983	Bussey	Ron	Trenton State	III	142	2nd	South River
1983	Glaberman	Bob	Trenton State	III	158	3rd	Madison Central
1983	Duhigg	Mike	Middlesex	NJCAA	118	3rd	Edison
1982	Bussey	Ron	Trenton State	III	142	2nd	South River
1982	Glaberman	Bob	Trenton State	III	158	1st	Madison Central
1982	Karl	Ken	Middlesex	NJCAA	126	2nd	Piscataway
1982	Duhigg	Mike	Middlesex	NJCAA	118	6th	Edison
1981	Jacoutot	Mike	Trenton State	III	126	1st	Madison Central
1981	Bussey	Ron	Trenton State	III	134	3rd	South River
1981	Antosiewicz	John	Montclair St	III	167	6th	St Joseph Metuchen
1981	Karl	Ken	Middlesex	NJCAA	126	2nd	Piscataway
1980	Jacoutot	Tom	SUNY Buffalo	III	118	1st	Madison Central
1980	Jacoutot	Mike	Trenton State	111	126	2nd	Madison Central
1980	Antosiewicz	John	Montclair St	111	167	6th	St Joseph Metuchen
1979	Jacoutot	Mike	Trenton State	III	134	2nd	Madison Central
1979	Curka	Paul	SUNY Buffalo	III	Hwt	2nd	Edison
1979	Early	Mark	Middlesex	NJCAA	142	6th	Perth Amboy
1978	Jacoutot	Tom	SUNY Buffalo	III	126	2nd	Madison Central
1978	Curka	Paul	SUNY Buffalo	III	Hwt	3rd	Edison
1978	Valesquez	Irwin	Middlesex	NJCAA	134	6th	South Plainfield
1978	Pavlak	Bill	Middlesex	NJCAA	167	4th	St Thomas Aquinas
1977	Savitsky	Craig	Lycoming	П	150	2nd	Madison Township
1977	Curka	Paul	Middlesex	NJCAA	Hwt	3rd	Edison
1976	Savitsky	Craig	Lycoming	П	150	4th	Madison Township
1976	Curka	Paul	Middlesex	NJCAA	Hwt	4th	Edison
1974	Petty	Ted	Middlesex	NJCAA	190	3rd	Middlesex
1973	Young	Jim	Middlesex	NJCAA	134	2nd	East Brunswick
1972	Young	Jim	Middlesex	NJCAA	126	2nd	East Brunswick
1972	Jacoutot	Bill	Middlesex	NJCAA	134	6th	Madison Township
1972	Petty	Ted	Middlesex	NJCAA	190	3rd	Middlesex

#### **GMC CHAMPIONS**

1986 - MADISON CENTRAL

1987 - South Plainfield

1988 - South Plainfield

1989 - South Plainfield

1990 - SOUTH PLAINFIELD

1991 - MADISON CENTRAL

1992 - Madison Central

1993 - EAST BRUNSWICK

1994 - South Plainfield

1995 - SOUTH PLAINFIELD

1996 - SOUTH RIVER

1997 - SOUTH RIVER

1998 - SOUTH PLAINFIELD

1999 - SOUTH PLAINFIELD

2000 - SOUTH PLAINFIELD

2001 - South Plainfield

2002 - SOUTH PLAINFIELD

2003 - EAST BRUNSWICK

2004 - South Plainfield

2005 - SOUTH PLAINFIELD

2006 - South Plainfield

2007 - SOUTH PLAINFIELD

2008 - SAYREVILLE

2009 - SOUTH PLAINFIELD

2010 - SOUTH PLAINFIELD

2011 - SOUTH PLAINFIELD

2012 - SOUTH PLAINFIELD

2013 - SOUTH PLAINFIELD

2014 - SOUTH PLAINFIELD

2015 - SOUTH PLAINFIELD

2016 - SOUTH PLAINFIELD

2017 - SOUTH PLAINFIELD

2018 - SOUTH PLAINFIELD

2019 - SOUTH PLAINFIELD

2020 - MONROE TOWNSHIP



South Plainfield 26 Titles

Madison Central 3 Titles

East Brunswick 2 Titles

South River 2 Titles

Monroe Township
1 Title

Sayreville 1 Title

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## JOHN POZNANSKI



A four year starter for Colonia and a three year captain. John has broken or set every wrestling record in Colonia High School history. John started his freshman year already a very experienced and tough wrestler.

Observing the skills he had, and how tough he is, we knew right away this was something different then we had ever seen. His freshman year he compiled 33 wins, a district title and earned himself a trip to the states with a 3rd finish at the regions.

After his freshman year he grew bigger and stronger and continued to work on his craft in the off-season. As his sophomore year began, he qualified for the Beast of the East tournament, where he really started to turn some heads ,going 5-2 and beating some top flight opponents.

His sophomore season was coming to its peak, when he faced off with Mike Petite at the 160lb. GMC final, and came out on top against one of the best kids in the GMC and the state. That match was the spring board to the rest of his career.

His sophomore year concluded with a second district title, a region title and an impressive state run, that put him on the podium for the first time at 3rd. He also set new records at Colonia in almost every category.

After an impressive off season and a refocus of our goals, we went into his junior year full steam. It started off again at the Beast of the East, where we suffered our first setback of the season in the quarter finals.

Then John went on a run, knocking off 3 nationally ranked opponents, pinning the nationally ranked \$#2\$ to place 3rd in thatprestigious event. This season it was clear that John had become one of the most dominant wrestlers in the state of New Jersey.

He would finish the regular season unblemished. He rolled into the post season earning his third District Title and second region title. He would set Colonia's all time win record in his Junior year. In the State Tournament John battled his way to the finals before falling to the same guy he lost to at the Beast of the east.

John did not let that loss keep him down. He has always had his mind set on one goal. His drive and determination pushed him to the  $next\ level.\ His\ off\ season\ loss\ in\ the\ Super\ 32\ final,\ would\ be\ his\ last.\ John\ saved\ his\ most\ successful\ campaign\ for\ his\ senior\ year.$ 

He started the season ranked #1 in the state and #3 in the country. He took all of that into the Beast of the East tournament, which he dominated the competition, and was awarded (OW) at that impressive tournament. His senior year was a tribute to all the work that it took him to get there.

He cruised to a third GMC title and third (OW) in that event. The post season was more of the same. John won his forth district title and third (OW) at that event. He then went on to win his third region title and first (OW) in that tournament. It all came down to the goal we had set a year before.

John painted his masterpiece in the state tournament. He walked through all the best talent the state had to offer, winning the famed tournament and even locking down the Donald M. Ringler Award for most outstanding wrestler. He became Colonia's first State Champion in 42 years.

In the post season John either pinned or teched every opponent he faced. He also did not give up a single takedown his entire senior

John finishes with 155 wins which ranks first all-time in Colonia high School history. He was also voted the #1 wrestler pound for pound in the state by NJ.com. John was a leader on and off the mat always striving to give his best effort in everything he did.

He also inspired a young man to follow his dreams no matter what obstacles are in front of him, we want to thank the Falcone family for letting Chase take this journey with us this season. It wouldn't be the same without him, and life long relationships have been built.

John will continue his education and wrestling career at Rutgers University. His dedication and leadership will be missed tremendously. We will also miss our friend. The Colonia Coaching Staff wishes John the best of luck in all of his future endeavors.

## COURACEOUS Wrestler Award



## SERGIO MAGLIONE

JOHN F. KENNEDY

After being sidelined from the sport for 2 years due to multiple knee injuries, Sergio Maglione compiled a record of 35-4 on the season. He qualified for the wrestling state championships in Atlantic City. Over the course of the season, he finished 3rd in the Rahway Invitation, 3rd in the GMC tournament. 1st in the District Tournament. where he pinned his way through the tournament and won the Outstanding Wrestler Award. In the practice room he pushes the younger athletes and leads by example. To see Sergio overcome the adversity of multiple ACL tears in his sophomore and junior years during football season and not able to participate in wrestling was truly an amazement to watch. Sergio wrestled as if he hadn't missed a single minute on the mat. His competitive drive and determination is something as a coach you hope all of your wrestlers will have one day. Sergio left his mark on the program this year, and his name accomplishments this season will forever hang in the halls of John F Kennedy Memorial High School.

## SCHOLARSHIP INITIME

At the conclusion of the 2016-2017 Luca Rispoli approached Ron Mazzola and floated the idea to begin sponsoring weight classes at the GMC Tournament. With the ultimate goal of raising enough money to award two GMC Wrestlers a Financial Scholarship.

After several meetings the plan was formulated and put into action. With the help of many parents, several coaches and especially GMC Wrestling Official Assigner Stu Kohn, we achieved our goal of getting all 14 weight classes sponsored!

In 2018 Joseph Heilman of South Plainfield and Spencer Johnson of John P. Stevens were our initial winners and each received \$500 scholarships. Last seasons scholarships were awarded to David Loniewski of South Plainfield and Trevor Mastorio of Sayreville.

All Senior All-Star Wrestlers, including our girls, were give a Scholarship Application and we received many back. A scholarship committee was formed and each member read these applications (with details removed) and ranked them. In the end, Joseph Fiordaliso of Monroe Township and Luke Tilton of Highland Park were selected as our scholarship winners and will each be receiving \$500 scholarships.

Additionally at that time through Cesar Samaniego and Stu Kohn, of our NJWOA's Central Chapter created a plan to piggy-back on our idea. So, tonight Ian McCabe of Monroe Township will be receiving their \$250 scholarship!!!

If you are interested in becoming a 2021 Sponsor See Ron or Luca at the Head Table or Head Over to Our Facebook Page!

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And SPECIAL THANKS to our GMCWCA Scholarship Selection Committee.

Chairman: Ron Mazzola (No Vote, Complied Everything)

Voting Members: Co-Chairman; Luca Rispoli

Red Division; Steve Johnston, South Plainfield and Rob Morales, Perth Amboy

White Division; Mike Carbone, St. Joseph's and Marcus Ivy, Sayreville Blue Division; Ryan Boyd, Middlesex/Dunellen and Don Smith, Carteret

Special thanks to our Video Producer,
Dan Rispoli, our GMC Finals have been on
YouTube for the past several years. This
year we posted BOTH the girls and the boys!



## Simply Search GMC Wrestling Finals





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VIDEO PRODUCER: DAN RISPOLI

## GREATER MIDDLESEX CONFERENCE SUPPLY SOCIATION

## Special Thanks to Mr. Jeff Miller

Who constructed and donated our new "nesting" awards podium





## GREATER MIDDLESEX CONFERENCE SUPPLY SOCIATION

## TOM FLANGEN MEMORIAL SCHOLAR WRESTLER AWARD

### JOSEPH FIORDALISO

**MONROE TOWNSHIP** 



Joey Fiordaliso returned to the starting lineup for his senior campaign and was the ignition for Monroe's middleweights, which saw four straight GMC finalists between 138 to 160 pounds. Fiordaliso has been a cornerstone for the program the last three years and this season was not any different. He compiled a record of 36-7, recording 15 falls, 4 technical falls, and 6 major decisions. During his time wearing the purple and gold, Joey was a 3x GMC finalist, a 2x district champion, and a 2x state qualifier. Fiordaliso ended his career with 117 wins, putting him fourth all-time on the Falcons win list. Joey's dedication to continuous improvement helped him return to the level of success he had come to expect and has shown the younger Falcons the importance of offseason work.

## TOM FLANGEN MEMORIAL SCHOLAR WRESTLER AWARD



## LUKE TILTON

HIGHLAND PARK

Luke was a four year starter and captain for the Owls. Luke was an excellent leader who's energy and work ethic set the tone for the Owls. He dedicated himself to getting in shape after his junior year and went from a 245 pound heavyweight to a lean 195 pounder. His work in the offseason really paid off in 2020 when he became the first wrestler since 2011 and only the 3rd wrestler in Highland Park history to qualify for the state tournament. He also set a school record with 42 wins this season. He started the season by winning the East Brunswick Bear Invitational in December and went on to place 3rd in the GMC tournament. In the postseason, he finished 2nd in District 20, 3rd in Region 5 and won 3 matches in Atlantic City to finish in the top 12. Luke set an example of what can be accomplished through hard-work that future Owls would be wise to emulate. He was a pleasure to coach and will be missed by everyone at Highland Park. Luke who is also a very fine student and winner of the GMC Coaches Scholar-Athlete Award will be attending Rutgers University in the fall.

# NJ WRESTURG OFFICIALS CENTRAL CHAPTER SCHOLAR WRESTUR AWARD

## IAN MCCABE

MONROE TOWNSHIP



Ian McCabe continued to be the hammer Monroe needed him to be during his senior season. This was evident by his 36 wins this season, 21 of which were by pin. His hard work and dedication paid off when he was able to repeat as GMC champion, Monroe's lone champion, as well as capturing his second district title. McCabe has been a leading protagonist for the success Monroe has had over the last four seasons. The program will miss McCabe's dominance on the mat, but more importantly, they will miss his leadership off of it. McCabe ends his career wrestling for the Falcons as a 2x district champion, 2x GMC champion, a region champion, 2x state qualifier, and amassed 114 career victories, placing him seventh on Monroe's all-time win list.

# GREATER MIDDLESEX CONFERENCE POPO SOCIATION

## JUNIOR OF THE YEAR



## ANTHONY WHITE

SOUTH PLAINFIELD

Anthony turned in another outstanding season for his Junior year. finished with a 41-2 record and his career record sits at 121-9 as he looks to crack into the top 5 on the South Plainfield wins list. As a Junior captain, Anthony was tasked with a tremendous amount of responsibility and handled it with the maturity and capability we have come to expect from him. Anthony dominated his way to his third Morris Knolls and GMC Tournament title. He also went undefeated at the Virginia Duals for the third consecutive year. Anthony would continue his dominance into the post-season as he scored bonus points in all, but one of his district and region matches as he captured his third district title and second region title. Anthony entered the State tournament as the 6th seed and dominated in his first two matches to set up a quarterfinal bout with Delbarton's talented freshman Simon Ruiz. After falling behind in the third period, Anthony would score a takedown with only a few seconds left to send the match into overtime. conditioning and constant pressure would pay off as he scored another takedown in the first overtime earning the victory and his first time on the podium. Anthony completed his season as the fourth-place finisher in the State Tournament. While this wasn't the goal he set out to accomplish, he should be proud of his achievements this past season. Anthony will look to build upon what he has accomplished this season as he chases his goal of becoming a State Champion. Anthony's relentless pressure combined with his tireless work ethic proves why he earned bonus points in 85% of his victories this year. The coaching staff will once again look to Anthony as a leader for the Tigers both on and off the mat. We cannot wait to be a part of his Senior campaign. Congratulations Anthony on being named the GMCWCA Junior Wrestler of the Year!!!

## SOPHOMORE OF THE YEAR

## **OWEN DISBROW**

SAINT THOMAS AQUINAS



Owen "The Destructor" Disbrow destroyed 36 opponents this season with a violent feet attack, a relentless ride and a tornado of motion on the bottom. With a work ethic second to none he led the Trojans to back to back division titles improving his career mark to 66-18. Owen is this seasons GMC Sophomore of the Year placing 3rd in the GMC, first in District 20 and 4th in Region 5. In the regions he was able to avenge an early season loss and all of his other losses came to state qualifiers by regular decision. With an incredible work ethic and listening to his coaches Owen can achieve everything he wants in wrestling. He was first team all blue division and this year he finished top 24 in the state but it will be no surprise to any of his coaches to see Owen on top of every podium he comes across next season. His coaches will be counting on Owens leadership to help bring a third consecutive blue division title home to Saint Thomas Aquinas. We are all excited to be a part of the next two championship seasons for Owen Congratulations and good luck!

## FRESHMAN OF THE YEAR



### TYLER SAGI

**OLD BRIDGE** 

This young man entered high school with lofty expectations he has placed on himself. Tyler is a true student of the sport, and it showed in his Freshman campaign, as he went 39-3 on the season, defeating multiple state qualifiers during the year. Sagi maintained an undefeated streak through the season into the Region 5 Tournament, where he finished 3rd after being upset in the quarterfinals. Sagi began the season with a 1st place finish at the Old Bridge Ice Breaker, and the freshman continued to lead by example throughout the year. He won the GMC Tournament with a dominant performance, and continued to impress through the District 17 Tournament, with a 5-0 win over a state qualifier in the final. Sagi did not let a quarterfinal upset in the Region 5 Tournament deter him, as he wrestled back to finish 3rd, qualifying for the NJSIAA State Tournament in his first attempt. He finished 1-2 and a WB2 in the 2019-20 season, and looks to pursue his goals over the next three years. Old Bridge has a storied history of many standout wrestlers, and Sagi will look to make his name and leave his mark among them when all is said and done. The Knights are eager to see what this young man's future holds, and believe a state championship is in his grasp. Congratulations to Tyler on becoming this years GMCWCA Freshman of the Year!!!

# FEMALE WRESTLER OF THE YEAR AWARD

## KERLY BORBOR

#### **NEW BRUNSWICK**



Kerly Borbor completed one of the most impressive seasons in New Jersey scholastic wrestling in 2020. Following a freshman campaign that saw Kerly get her name on the map, Kerly ensured that wrestling fans across the state were aware that she was a force to be reckoned with.

As a freshman, Kerly Borbor captured championships at the Garden State Classic, Buc Classic and had runner up finishes at the Middlesex County Tournament and Buc Classic. She posted a 15-4 record overall, and finished 3rd in the Region to qualify for the State Tournament. Along with Katy Ayala and Donna Walker, Kerly was part of the triumvirate of ladies who became the first State Tournament qualifiers from New Brunswick since 1971. Borbor placed third at the State Tournament in 2019, and along with the two other females, became New Brunswick High School's first state medalists.

In her sophomore campaign, Kerly Borbor elevated her wrestling to the next level. Kerly posted an undefeated season, compiling a 17-0 record on her way to a State Championship. Kerly's State Championship was the first State Title won by a New Brunswick wrestler.

Throughout the season, 16 of Kerly's wins came by pin fall. Additionally, Kerly did not wrestle past the second period against any female in the state, nor did she allow a point to be scored on her until the State Finals. Kerly's also captured a title at the prestigious Bloomfield Tournament and won the GMC Championship at 180.

Kerly is an outstanding teammate and works tremendously hard in the wrestling room. Kerly also carries a 3.9 GPA and might be one of the nicest people you will meet off of the mat. Kerly is an active member on Team New Jersey in Freestyle and Greco, and she is currently ranked 10th by USA Wrestling at 180. The sky's the limit for this young woman, and the coaching staff is looking forward to following her development over the next two seasons.

# CREATER MIDDLESEX CONFERENCE CIRLS TOURNAMENT RESULTS

- 100 Madeline Gavares (Old Bridge) wbf over Darlyn Silverio (New Brunswick) (Fall 3:30)
- 107 Ahsia Torres (Perth Amboy) dec. over Kaliegh Duffy (East Brunswick) (Dec 7-1)
- 114 Christina Raspa (St. Thomas Aquinas) 9-0 wbf over Dayana Hoyos (North Brunswick) (Fall 5:47)

CHAMPIONSHIP FINALS

- 121 Katy Ayala (New Brunswick) wbf over Alyssandra Pacheco (Perth Amboy) (Fall 1:00)
- 128 Joanna Ortiz (New Brunswick) dec. over Kirstin WInters (JFK-Iselin) (Dec 2-0)
- 135 Gabby Miller (Monroe Township) wbf over Karla Ruiz (New Brunswick) (Fall 2:56)
- 143 Kiarra Rivera (Perth Amboy) wbf over Noeny Bonifacio (North Brunswick) (Fall 0:56)
- 151 Gabby Shevlin (St. Thomas Aquinas) wbf over Kristina Jaimes (North Brunswick) (Fall 0:40)
- 161 Aurora Gardner (Old Bridge) dec. over Yuma Vidal (Perth Amboy) (Dec 6-2)
- 180 Kerly Borbor (New Brunswick) wbf over Jacqueline Garcia (New Brunswick) (Fall 0:31)
- 215 Donna Walker (New Brunswick) wbf over Valery Alcantara (Perth Amboy) (Fall 1:23)

#### **OUTSTANDING WRESTLER AWARDS**

LOWER WEIGHTS - AHSIA TORRES - 107, (PERTH AMBOY)
UPPER WEIGHTS - GABBY MILLER - 135, (MONROE TOWNSHIP)

#### MOST FALLS IN LEAST AMOUNT OF TIME KATY AYALA (NEW BRUNSWICK) 3 IN 1:54

NOTE: Not all finalists were given "All-Star Status".

Determination of All-Stars was made prior to the tournament based on an allocation system. So based on the results of the Girls GMC Tournaments, All-Start Wrestler status was awarded to:

- All Champions will be All Star Wrestlers
- In any bracket of 5, 6, or 7 wrestlers the Runner-Up will be an All Star Wrestler
- In the brackets with 8 or more wrestlers the 3rd Placewinner will be an All Star Wrestler

We also always include any wrestler who makes the State Tournament who was not previously an All Star.

## GOACH OF THE YEAR

## JOE EURELL

**MONROE TOWNSHIP** 



In just his third season at the helm, Coach Eurell led the Falcons to heights that have never before been reached. The Falcon's entered the season with high expectations, but began slowly getting out to a 2-3 start. Following a tough loss to Phillipsburg, Eurell challenged his team to mentally refocus and start new. To take areas of liability and turn them in to areas strength. What followed was a 14 match win streak, the programs first Red Division championship and first GMC tournament championship. Eurell's meticulous approach to practice planning and match preparation enabled the Falcons to get the most out of the lineup each and every day. Before competition, Eurell stressed the importance of scoring bonus points where possible and limiting bonus points where necessary. Nowhere was this highlighted more than the GMC tournament where, despite just one champion, the Falcons were about to secure a team title behind 12 place-winners and bonus points in 28 of 35 wins over the weekend. Following the tournament, adjustments continued with each wrestler during practices and through film sessions. All of the time spent with those adjustments and planning paid off with the Falcons advancing a school record 11 wrestlers to the region tournament.

## ASSISTANT COACHES OF THE YEAR



## JOSH DAVIS & JOEY MONTUORO

**NEW BRUNSWICK** 

Joey Montuoro and Josh Davis have been instrumental in the growth and development of the New Brunswick wrestling program. Over the last three years, the Zebras have attained individual and team success that is unprecedented for the program since its' rebirth 13 years ago.

Effective the third week of January, Head Coach Ben Ostner changed careers and his availability was limited during the week because of his new occupational obligations. Joey and Josh took on the responsibilities of running the team Monday-Friday over the second half of the season (January-February). They completed all of the submissions for the boys and girls county tournaments, coached both boys' and girls' county tournaments, coached the match in the state sectionals, added additional matches to the schedule, ran practices and took on all of the responsibilities of the Head Coach.

#### Joey Montuoro

A graduate of Edison High School, has been involved with New Brunswick wrestling for the last 5 years. Joey volunteered for the first 4 years of his tenure at New Brunswick, but this did not have an impact on his involvement with the Zebras. Joey was at every practice and match over the last half-decade. Joey also helped facilitate off-season conditioning programs, ran practices and group lessons for members of the team, and assisted in coordinating summer competitions. Joey never shied away from his responsibility of being a responsible role model and he showed the members of the NBHS team what it meant to be an upstanding individual. Joey was recognized as the District 20 Assistant Coach of the year and was also voted as the Region 5 Assistant Coach of the Year in 2020.

#### Josh Davis

Josh was a volunteer assistant two years ago and was able to come back this year to help the Zebras in a full-time capacity. Josh, a graduate of Freehold High School and Clarion University, provided a fresh outlook and jolt of energy into the New Brunswick wrestling program. Coach Davis is always looking at the glass half full and consistently brings that demeanor to the practice room which greatly impacts the morale of wrestlers. Josh was directly influential in the success of our upper weights, JV wrestlers and girls on the team. His patience, communication skills, and organization helped direct the team through daily practice routines. Josh's experiences of wrestling at NC State and Clarion helped provide an example to members of the team of what is expected of athletes at the Division 1 level.

Over the last three years, the NBHS Wrestling team was able to tie the record the most wins in school history (21), claim the first two individual GMC Champions in school history, qualify for the state sectionals for the second year in the row, place 5th in the GMC tournament (which was the highest placing in school history), and won the Central Division three times within the New Jersey Urban Wrestling League. The Zebras also had their first GMC finalists in school history, most place winners ever at the GMC tournament, first male state qualifier since 1971, and first top 6 region place winner since 1971.

The Girls' wrestling team was also created and flourished under the direction of the Coaching Staff at NBHS. In the last two years, New Brunswick has claimed 8 GMC champions, 8 individual tournament champions, two team championships at the first two GMC tournaments, and 5 medalists at the NJ State Tournament, including the first State Champion in New Brunswick High School history.

These past three years, and this season, in particular, have been highly successful for New Brunswick wrestling, and it would not have gone as well as it did without the leadership of Joey Montuoro and Josh Davis. The world needs more people like Joey and Josh, who are willing to step up and help out our youth.

## WRESTLING MAN OF THE YEAR

### BEN OSTNER

#### **NEW BRUNSWICK**

Ben wrestled for Centenary College and The College of New Jersey after graduating from Freehold High School in 2007. While completing his undergraduate and graduate degrees, Ben was also a volunteer assistant coach at Freehold High School and Holmdel High School.

Upon graduation from graduate school in 2012, Ben was hired as a Special Education Teacher at Monroe Township High School. At MTHS, Ben predominantly worked with students in a self-contained classroom that taught life and vocational skills to students with autism and other disabilities. Ben taught in that classroom for seven years, where he also helped create an after school club for students with special needs, started four different Special Olympic Unified Teams, and organized dances and other events for students with special needs.

Upon being hired with the Monroe School District, Ben started coaching at Monroe Township Middle School as the head wrestling coach in 2012. During his tenure in Monroe, the Falcons compiled a 42-16 team record, including an undefeated season in 2015, and had 20 wrestlers qualify for the state tournament in Trenton with 8 of those wrestlers placing in the top 8 in the state.

In 2017, Ben was hired as the Head Coach at New Brunswick High School, which became one of the most fulfilling things he has done in his life. Over Ben's three seasons in New Brunswick, the Zebras were able to reach new heights and rewrite many of the pages of the school's record books. The Zebras compiled a 50-32 record over the last 3 years and qualified for the State Sectionals twice. New Brunswick finished 5th in the GMC Tournament in 2019 and 2020, which were the highest team placings in school history.

Under Ben's direction, NBHS was able to have their first individual wrestlers to qualify for the finals and win championships at the GMC Tournament. In addition, the Zebras finished second in the White Division in both 2019 and 2020 and won the Central Division in the New Jersey Urban Wrestling League in each of the last three seasons. The Zebras also had their first male state qualifier since 1971 and had two wrestlers eclipse the 100 win mark making them the first wrestlers to do so in New Brunswick HS history.

Ben oversaw the creation of the girls' wrestling team at New Brunswick High School, and the girls have been very successful capturing team championships in the first two years of the GMC/County Tournaments. Since the sport has been a sanctioned sport by the NJSIAA, the Lady Zebras have taken home 5 state medals. In addition, Ben was able to coach Kerly Borbor to a state championship, the first one in school history.

In January 2020, Ben saw one of his life long dreams become a reality as he was able to procure a job as a Police Officer with the Monroe Township Police Department. Starting in the middle of January, Ben had to start training at the Police Academy which was an intensive 22-week program that required him to sleep away in Cape May County. This prohibited Ben from coaching during the week, but had him traveling from Cape May to New Brunswick on Friday evenings, and spending long days in the gym on Saturdays for the boys and Sundays for the females before he would return to the Police Academy on Sunday evenings.

Ben is super appreciative of the efforts of his outstanding assistant coaches Joey Montuoro and Josh Davis. Without their efforts, it would not have been possible to keep the Zebras on track in the second half of the 2020 season and Ben is ecstatic that the GMC recognized these two as the GMC Assistant Coaches of the Year, as they greatly deserve the designation.

Lastly, Ben is most pleased with the growth of the program that has occurred over the last three years. The program had 19 wrestlers during his first season, and they finished the 2020 season with 43 wrestlers on the roster. The creation of the girls' wrestling was a highlight as it gave the opportunity for many more athletes to access this great sport. Ben's most proud at the number of wrestlers who are going on to college or the military to continue their athletic and academic careers. As of this riting, Ben has had wrestlers go on to the University of Maryland, New Jersey City University, Muhlenberg, Middlesex Community College, and the service in the US Army. It is his goal that this trend continues, as these young men and women use the tools and skills they learned from wrestling in high school, and apply it to their lives post-graduation.

## MEDIA PERSON OF THE YEAR

## GREG TUFARO The Home News Tribune and mycentraljersey.com



A national award-winning journalist, Greg Tufaro is in his 30th year covering scholastic and college sports for USA TODAY NETWORK New Jersey newspapers.

The Associated Press Sports Editors have honored Greg with national awards in the categories of investigative reporting, game story writing, breaking news and news reporting. In 2015, the National Sportscasters and Sportswriters Association named Greg New Jersey's Sportswriter of the Year. The New Jersey Press Association named Greg the state's top sportswriter three times and the state's top scholastic sportswriter twice in his newspaper division.

Co-founder of the New Jersey Wrestling Writers Association, Greg has been privileged to receive multiple Media Person of the Year awards from the Greater Middlesex Conference Wrestling Coaches Association and has also been named its Man of the Year. Greg has covered high school wrestling at the Home News Tribune and MyCentralJersey.com for more than a decade, often authoring compelling human-interest stories that transcend his Middlesex County readership.

The NJSIAA has honored Greg with its Service Award for commitment to high school student-athletes and with the Vogeding Award, presented annually to a media representative for his or her contributions to the sport of wrestling.

The Athletic Trainers' Society of New Jersey presented Greg with its 2019 Media Award for "promoting important public awareness of various health issues impacting our student-athletes." Greg's exhaustive reporting on sudden cardiac death in young athletes led Senator Patrick J. Diegnan Jr. to introduce legislation that was signed into law requiring school districts statewide to share information about sudden cardiac death with student-athletes.

Greg and his wife, Cyndi, established The Marisa Tufaro Foundation in loving memory of their beautiful daughter, Marisa, who died three years ago at the age of 13. Marisa was born with a complex cardiac defect. She survived six open-heart surgeries and a heart transplant, but a rare form of cancer claimed her life following a valiant battle.

Since its inception, The Marisa Tufaro Foundation has donated more than \$130,000 to fulfill its mission of helping pediatric patients and other children in need throughout the greater Middlesex County area. The tax-exempt nonprofit has received unwavering support from the scholastic wrestling community. The South Plainfield and Old Bridge high school programs have combined to donate nearly \$12,000 through an annual Marisa Tufaro Memorial Match. The GMC Wrestling Coaches Association has donated thousands more through other fundraising efforts. The Marisa Tufaro Foundation has awarded 17 scholarships to high school student-athletes, several of who were varsity wrestlers that helped fulfill the nonprofit's mission.

# CLIFF LOYSEN MEMORIAL OF THE YEAR



### DAN AIELLO

Daniel began his wrestling career as an athlete at David Brearley High School, wrestling for Brian Luciani and graduating in 2004. After graduation, he became involved with the Kenilworth Recreation program as a volunteer and decided to continue his wrestling career as an official by joining the NJWOA Central Chapter cadet class in 2007 before ultimately becoming a carded official in 2009.

In that time, Daniel has officiated 5 GMC Tournaments, 8 District Tournaments, and 2 Region Tournaments, as well as several sectional matches. His proudest moment as an official, however, came in 2020 when he was selected to officiate the GMC Tournament Finals for the first time.

Daniel works for the State of New Jersey Department of Human Services. He lives in Delaware Township (Hunterdon County) with his wife Alexandra and their two sons, Lucas and Landon. He volunteers his time as a youth coach and also as a class parent at Delaware Township School.

Daniel would like to thank the GMCWCA for recognizing him as their Official of the Year. He would also like to thank his mentor, confidant and officiating brother Stu Kohn for his guidance and leadership throughout his officiating career.

Congratulations to Dan Aiello on being selected as the recipient of the Greater Middlesex Conference Wrestling Coaches Association 2020 Cliff Loysen Memorial Wrestling Official of the Year.

# NEW JERSEY WRESTLING OFFICIALS ASSOCIATION CENTRAL CHAPTER SPORTSMANSHIP AWARDS

The Greater Middlesex Conference Wrestling Coaches Association (GMCWCA) and the New Jersey Wrestling Officials Association's Central Chapter (NJWOA-CC) have always enjoyed a great working relationship.

At last seasons banquet the NJWOA-CC presented 3 sportsmanship awards to Metuchen Coach Joe Keagle, Piscataway Wrestler Nick Recine and Monroe Township Wrestler Gabby Miller. This year they are continuing with these awards and here are the winners of the 2020 New Jersey Wrestling Officials Association's Central Chapter Sportsmanship Awards:

#### **COACH**

Nick Tonzola Saint Thomas Aquinas

MALE WRESTLER
John Pozanski
Colonia

FEMALE WRESTLER
Christina Raspa
Saint Thomas Aquinas

## PIONEER AWARD



### RACHEL DADDIO

NOTE: Last year, the GMCWCA surprised longtime St. Thomas Aquinas High School head coach Nick Tonzola with the inaugural Pioneer Award for his leadership and promotion of girls wrestling conference-wide. It's been suggested and decided to continue this award, as a surprise, if any worthy candidates emerged. This year's recipient was a no-brainer. The GMCWCA is proud to present the 2020 Pioneer Award to Rachel Daddio.

No one is more deserving of this award. Rachel has not only become a key member of the GMCWCA's leadership team, she has become an integral part of GMC girls wrestling.

Rachel is a former wrestler for East Brunswick High School, from which she graduated in 2010, and has actually been around helping since she was in middle school at various youth and high school tournaments. While attending Rutgers University, she was always quick to volunteer and lend a hand at any tournament she attended.

Over the last few years, Rachel has become a mainstay at the head table of the GMC tournament and many other high school tournaments, handling computer and administrative responsibilities as needed. She has become well-versed in Track Wrestling, and this past year she ran the computer for the District 22 Tournament at Middletown North.

Rachel, however, is receiving this award for the tremendous amount of work she has done in continuing the development of GMC girls wrestling.

Once the conference sanctioned the girls tournament, Rachel stepped up and helped with the logistics and organization. She was the point person in developing the seeding criteria and seeding the tournament. She also helped in deciding the allocation of all-star wrestlers. Rachel worked diligently to secure Chick Wrestling as our singular tournament sponsor!

On her own, Rachel coordinated a girls wrestling practice free for all the GMC girls wrestlers at the CJA Wrestling Club in North Brunswick. The practice was held a week before the NJSIAA girls region tournament and more than 30 girls attended!

This season, Rachel became an approved volunteer at her alma mater, East Brunswick High School, where she helps run offseason workouts and invites girls from all over Middlesex County to attend.

After graduating with her Bachelors Degree from Rutgers University, Rachel received a Masters of Science in Nutrition and is a Registered Dietitian Nutritionist. She currently works as a dietitian for the State of New Jersey.

Rachel is a longtime Rutgers wrestling season ticket holder, who also regularly attends college matches at Princeton and Rider, as well.

As you can see, she is truly a wrestling junkie!

The Greater Middlesex Conference Wrestling Coaches Association is extremely fortunate to have Rachel be a part of its team and is proud to award her the 2020 GMCWCA Pioneer Award.

GREATER MIDDLESEX CONFERENCE SUPPLY STRING COACHES ASSOCIATION

# Special Thanks 9...

CHICK WRESILER

www.chickwrestler.com

Who generously donated 11 hair covers ro our GIRLS GMC CHAMPIONS AND Sponsored our ENTIRE Girls Tournament!!!
Thank You Chick Wrestler!!

# GREATER MIDDLESEX CONFERENCE SUPPLY OF STREET STATES COACHES ASSOCIATION

## TOP TEAM

## MONROE TOWNSHIP HIGH SCHOOL

Monroe had arguably their best season in program history during the 2019/20 season. Under the leadership of seniors Jayton Otlowski, Joey Fiordaliso, Christiano Del Vecchio, Johnny Profaci, Cooper Boyum, Ian McCabe, Jon Bouchard, Justin Cholula, Jack Richards, and John Slover, Monroe was able to capture their first ever GMC Red Division title and were crowned the Greater Middlesex County Tournament Champions for the first-time school history. This close-knit group had forged a powerful nexus with one another over the years, which was displayed each time they took the mat. Through all the ups and downs, through each grueling practice, for all the hours put in during the offseason, this group can look back and say they left it all on the mat.

At the GMC Tournament, Monroe's strength of its' lineup was on display as they had four consecutive finalists with Joey Fiordaliso (138), Anthony Profaci (145), Ian McCabe (152), and Chris Fanelli (160). Ian McCabe was the lone champion for the Falcons, achieving his second individual GMC Tournament title. Monroe's grit was on display throughout the wrestleback rounds, where they were able to capture one fourth-place, four fifth-place, and three sixth-place medals. The GMC Tournament represented a complete and total team effort by the Falcons.

Monroe ended the dual meet season with a record of 18-5, where they eventually fell in the Central Jersey Group V Sectional Semifinals. At one point in the season, the Falcons were ranked 20th in the state and had pulled off fourteen consecutive victories. The fourteen-match winning streak spanned over a month of the season. The competitive schedule Monroe competed against no doubt played a role in the individual postseason.

At the District 24 tournament, Ian McCabe and Chris Fanelli earned district titles, both repeating as district champions. Monroe lost the team title by a close margin but ended qualifying a total of eleven wrestlers to the Region VI Tournament. Only four public schools in the state of New Jersey advanced more wrestlers to the region tournament than the Falcons, a true testament to the depth of their lineup. Monroe Seniors Joey Fiordaliso and Ian McCabe each reached the finals of the Region tournament and qualified for their second trip to the NJSIAA State Championships where each won two matches, finishing top 16 in the state.

# FINAL CMG STANDINGS

Red Division		Division	Overall
1)	Monroe	<b>7-0</b>	18-5
<b>2</b> )	South Plainfield	6-1	18-8
<b>3</b> )	Piscataway	5-2	<i>15-10</i>
<b>4</b> )	South Brunswick	<i>4-3</i>	15-11
<b>5</b> )	Perth Amboy	3-4	7-12
<b>6</b> )	Old Bridge	2-5	7-23
<b>7</b> )	East Brunswick	1-6	4-21
<b>8</b> )	John P. Stevens	0-7	7-17

White Division		Division	Overall
1)	Sayreville	<b>6-0</b>	18-8
<b>2</b> )	New Brunswick	<b>5-1</b>	20-13
<b>3</b> )	Edison	<i>4-2</i>	16-7
<b>4</b> )	Woodbridge	3-3	<i>15-7</i>
<b>5</b> )	Saint Joseph	2-4	16-9
<b>6</b> )	Colonia ·	1-5	6-11
<i>7</i> )	John F. Kennedy	0-6	4-15



Blu	e Division	Division	Overall
1)	Saint Thomas Aquinas	<b>7-0</b>	25-10
<b>2</b> )	Metuchen ·	6-1	<i>15-5</i>
<b>3</b> )	Middlesex	<b>5-2</b>	11-13
<b>4</b> )	Spotswood	<i>4-3</i>	8-11
<b>5</b> )	North Brunswick	<b>3-4</b>	9-6
<b>6</b> )	Carteret	2-5	3-19
<b>7</b> )	Highland Park	1-6	7-21
<i>8</i> )	South River	<i>0-7</i>	2-13

# GREATER MIDDLESEX CONFERENCE WRESTLING COACHES ASSOCIATION - LARGE SCHOOLS

## PISCATAWAY HIGH SCHOOL



Coming into the season there were a lot of question marks for them, but Piscataway began the season with a 2nd place finish at the Hopatcong Tournament. They then went on to capture the Roselle Park team title, with four individual champions. Piscataway proved they could compete with anyone in the County with close losses to South Plainfield and eventual Red Division Champions Monroe. Piscataway had an impressive GMC tournament and finished 2nd for the fourth straight year. The team qualified for the Sections and lost in the semifinals to #25 in the state, Westfield. Piscataway was in a tight race at the District 18 Tournament and finished 3rd, just 8 points behind first place Hunterdon Central. They qualified nine wrestlers for the Region 5 Tournament and three wrestlers for the State Tournament. Piscataway will lose a lot of their senior leaders, but have many younger wrestlers ready to step up and prove themselves next year.

# GREATER MIDDLESEX CONFERENCE WRESTLING COACHES ASSOCIATION DEST TEAM - SMALL SCHOOLS I



## SOUTH PLAINFELD HIGH SCHOOL

After graduating 10 of its 14 starters from a team that captured a fourth consecutive group title, the South Plainfield wrestling team knew it would endure some growing pains as the 10 incoming starters matured and gained the confidence to compete at the varsity level. While it took longer than anyone in the green and white would like, the South Plainfield Tigers finished the 2019-2020 season with a record of 18-8. They finished as the Morris Knolls Tournament runners-up, GMC Red Division runners-up, and third place at the GMC Tournament. The Tigers did not downgrade their schedule from the previous seasons, but rather used their rigorous slate of matches to hone their skills, gain confidence, and peak at the right time. The Tigers captured their 6th consecutive sectional title with a decisive 42-30 victory over up and coming Rumson-Fair Haven High School. They would then go on to capture their 36th consecutive district tournament team title, extending their state record. Continuing into the post season, the Tigers qualified 10 wrestlers to the Region V tournament and sent 3 of those wrestlers to the State Tournament coming away with two state place-winners in Tommy Renna (7th at 195) and Anthony White (4th at 132). The Tigers will look to get back to the top of the heap as they return all 14 starters from this past season and expect big things from wrestlers who were not in the starting line-up this past season. Congratulations to all South Plainfield Wrestlers and the High School Coaching staff of Steve Johnston, Mike Jakubik, John Nye, Bill Hamilton, Tyler Hunt, Craig Salvatore, Will Whitefleet and all the coaches of the program on a successful 2019-20 wrestling season. A very special thanks to South Plainfield Athletic Director, Kevin McCann for his guidance. Let's not forget all the wrestling coaches at different levels, parents and the community of South Plainfield for all their support throughout the year.

# MOST IMPROVED TEAM LARGE SCHOOLS

## SOUTH BRUNSWICK HIGH SCHOOL

The South Brunswick Vikings finished their 2019-20 Varsity season with 15 wins and 11 losses, which marks great improvement from their 10-11 finish last season. Under the leadership of captain, Nick Jairdullo (182), the Vikings were able to improve their Red Division record from 3-4 last season to 4-3 this season. As well, the Vikings qualified for and competed in the NJSIAA Central Jersey Group V team tournament losing to perennial state power Hunterdon Central. With contributions from the underclassmen, South Brunswick was also able to improve their District XX team finish moving from 5th place in 2019 to 4th place in 2020. The highlights of the season were watching the experience of the seniors and the heart of the underclassmen work together to place 2nd at both the Collingswood Holiday Tournament in Collingswood High School and 2nd at the Buc Classic Tournament at Red Bank Regional High School. In addition to their improved team record and tournament performances, the Vikings also had many individual accomplishments to be proud of. The most notable of all was Jackson Ratcliffe winning the GMC tournament and garnering the lower weight outstanding wrestler award. The team graduates a large number of contributing seniors this year but is confident that the current underclassmen and incoming freshman class will help build an even stronger program for the future.

# GREATER MIDDLESEX CONFERENCE SUPPLY OF STREET STATES ASSOCIATION

# MOST IMPROVED TEAM SMALL SCHOOLS



## SAINT JOSEPH HIGH SCHOOL

In year 2 of the Saint Joseph program being put back on the mat led to some incredible strides and performances. In year 1 St Joe's overall team record was 5-15, they went 0-6 in the division, gave up 50+ points in dual meets 4times, gave up 60+ points in dual meets 5 times, and gave up over 70 points twice! Needless to say year 1 was a difficult and trying year but in year 2 the St Joe's Wrestling program underwent some amazing improvements. The team picked up 16 wins more than tripling their total from the year before, they placed 4 wrestlers in the top 8 of the GMC, sent 5 wrestlers to the Region tournament and had 2 wrestlers place top 6 in the Region tournament. Despite forfeiting a weight class in almost every match the team competed and got better each and every night it took the mat and against teams they had lost to the previous year they had a 6-4 record against this year, and had impressive wins against state semi-finalists Bridgwater and defeated 5 teams that qualified for the sectional tournament after having zero quality wins the previous season. The most impressive part of the season for the wrestling team occurred in the state sectional tournament. St Joe's drew the 6 seed and had to travel down to Red Bank Catholic who was the 3 seed. St Joe's jumped out to an early 27-0 lead but with two weight classes remaining they found themselves trailing 34-33. Kyle Flood and Gianni Principato pulled off back to back wins and St Joe's won their first playoff match in school history 42-34 marking an unbelievable turnaround in only 1 year for the program. With only 2 starters graduating St Joe's could be in for an even better performance next year.

#### CONFERENCE **MIDDLESEX** ASSOCIATION

#### FINAL TEAM SCORES

PLA	ACE TEAM	<b>POINTS</b>
1	<b>Monroe Township</b>	194.0
2	Piscataway	172.0
3	South Plainfield	167.5
4	Sayreville	119.5
5	New Brunswick	101.5
6	St. Thomas Aquin	as 92.0
7	Old Bridge	86.0
7	<b>South Brunswick</b>	86.0
9	Perth Amboy	66.0
10	Colonia	64.5
11	Middlesex	61.0
12	Woodbridge	60.5
13	Edison	53.0
14	Saint Joseph	51.0
15	Carteret	46.5
16	Metuchen	46.0
17	JFK-Iselin	39.0
18	Spotswood	34.5
19	East Brunswick	25.5
20	Highland Park	24.0
21	North Brunswick	13.0
22	South River	10.0
23	John P. Stevens	07.0

#### **OUTSTANDING WRESTLER AWARDS LOWER WEIGHTS (106-145)**

113 - Jackson Ratcliffe (South Brunswick)

**UPPER WEIGHTS (152-285)** 182 - JOHN POZNANSKI (COLONIA)

MOST PINS IN LEAST AMOUNT OF TIME

285 - VINCENT REBAK (SAYREVILLE) 4 IN 6:07

#### CHAMPIONSHIP FINALS

106 - J.J. Giordano (South Plainfield) 20-4 dec. Vincent Nadera (Old Bridge) 23-2 (Dec 2-1)

113 - Jackson Ratcliffe (South Brunswick) 23-4 dec. Desmond Pleasant (Piscataway) 22-3 (Dec 7-6)

120 - Deon Pleasant (Piscataway) 22-3 dec. Jacob DelVecchio (South Plainfield) 18-8 (Dec 10-4)

126 - Tyler Sagi (Old Bridge) 26-0 dec. Darren Figueroa (Sayreville) 3-1 (Dec 11-4)

132 - Anthony White (South Plainfield) 25-0 wbf Joseph Dulog (Piscataway) 17-4 (Fall 3:26)

138 - James Rodriguez (Perth Amboy) 8-1 dec. Joseph Fiordaliso (Monroe) 3-1 (Dec 3-1)

145 - Connor Doherty (St. Thomas Aquinas) 15-0 md over Anthony Profaci (Monroe) 3-1 (MD 14-5)

152 - Ian McCabe (Monroe) 4-0 md Xavier Santos (South Plainfield) 16-9 (MD 9-0)

160 - Jarazell Bull (New Brunswick) 24-3 dec. Chris Fanelli (Monroe) 3-1 (Dec 11-5)

170 - Jacob Vega (Carteret) 25-0 md over Marcus Petite (Piscataway) 21-2 (MD 11-2)

182 - John Poznanski (Colonia) 23-0 tf Nick Jairdullo (South Brunswick) 24-3 (TF- 3:00 (18-3))

195 - Nicholas Lodato (Piscataway) 18-3 dec. Thomas Renna (South Plainfield) 16-3 (Dec 5-2)

220 - Jordan Campbell (Middlesex) 21-3 dec. Julian Medina (South Plainfield) 17-5 (Dec 5-2)

285 - Keshon Davila (New Brunswick) 26-1 dec. Johan Coria (Perth Amboy) 18-2 (Dec 5-1)

#### THIRD-PLACE BOUTS

106 - Kevin Beck (Middlesex) 22-3 dec. Giovanni Alejandro (St. Joseph) 22-4 (Dec 6-0)

113 - Dylan Acevedo (Sayreville) 4-1 dec. Julian Irizarry (South Plainfield) 16-10 (Dec 3-0)

120 - Alexis Irizarry (Woodbridge) 23-3 dec. Dave Rosenfarb (St. Joseph) 20-6 (Dec 8-2)

126 - Kendall Jordan (Piscataway) 20-6 dec. Francesco Rossiter (Metuchen) 17-7 (Dec 4-2)

132 - Taofiq Price (Old Bridge) 19-8 dec. Jack McGowan (Metuchen) 22-5 (Dec 9-7)

138 - Owen Disbrow (St. Thomas Aquinas) 24-3 wbf Jaydin Mahon (New Brunswick) 24-5 (Fall 5:10)

145 - Jake Sisk (Piscataway) 18-7 dec. Ethan Keith (East Brunswick) 20-6 (Dec 5-4)

152 - Tyler Job (Woodbridge) 21-4 dec. Jose Martinez (St. Thomas Aquinas) 18-10 (Dec 9-7)

160 - Michael Torres (Colonia) 17-6 dec. Brendyn Challenger (Edison) 17-5 (Dec 6-4)

170 - Sergio Maglione (JF Kennedy) 25-2 dec. Elijah Ade-Festus (Sayreville) 3-2 (Dec 10-7)

182 - Alejandro Avellan (Edison) 19-5 dec. Elijah Erving (Metuchen) 20-5 (Dec 5-1)

195 - Luke Tilton (Highland Park) 24-2 wbf Nico Sta Ana (Monroe) 3-2 (Fall 2:49)

220 - Joseph Porcaro (Sayreville) 4-1 wbf Bryand Garcia (New Brunswick) 23-4 (Fall 3:41)

285 - Vincent Rebak (Sayreville) 4-1 wbf Elijah Mack (Old Bridge) 17-11 (Fall 1:35)



## AII Conference



Conference Champion - Monroe Conference Runner-Up - Piscataway

106: J.J. Giordano - South Plainfield

113: Jackson Ratcliffe - South Brunswick

120: Deon Pleasant - Piscataway

126: Tyler Sagi - Old Bridge,

Darren Figueroa - Sayreville

132: Anthony White - South Plainfield,

Joseph Dulog - Piscataway

138: James Rodriguez - Perth Amboy,

Joseph Fiordaliso - Monroe

145: Connor Doherty - St. Thomas Aquinas

152: Ian McCabe - Monroe

160: Jarazell Bull - New Brunswick

170: Jacob Vega - Carteret,

Marcus Petite - Piscataway

182: John Poznanski - Colonia,

Nick Jairdullo - South Brunswick

195: Nicholas Lodato - Piscataway,

Thomas Renna - South Plainfield,

Luke Tilton - Highland Park

220: Jordan Campbell - Middlesex

285: Keshon Davila - New Brunswick

Coach of the Year: Joe Eurell - Monroe



## All Red Division



Division Champion: Monroe

Coach of the Year: Joe Eurell - Monroe

Sportsmanship Award: Old Bridge

106: J.J. Giordano - South Plainfield

106: Vincent Nadera - Old Bridge

113: Desmond Pleasant - Piscataway

113: Jackson Ratcliffe - South Brunswick

120: Deon Pleasant - Piscataway

126: Tyler Sagi - Old Bridge

132: Anthony White - South Plainfield

138: James Rodriguez - Perth Amboy

138: Joseph Fiordaliso - Monroe

145: Anthony Profaci - Monroe

152: Ian McCabe - Monroe

152: Joseph Fazzino - Perth Amboy

160: Chris Fanelli - Monroe

160: Gilbert Hill-Sosa - Perth Amboy

170: Marcus Petite - Piscataway

170: Anthony Ceras - Monroe

182: Nick Jairdullo - South Brunswick

195: Thomas Renna - South Plainfield

195: Nicholas Lodato - Piscataway

220: Elijah Mack - Old Bridge

285: Johan Coria - Perth Amboy



## All White Division



Division Champion: Sayreville

Coach of the Year: Marcus Ivy - Sayreville Sportsmanship Award: John F. Kennedy

106: Giovanni Alejandro - St. Joseph

113: Dylan Acevedo - Sayreville

113: Anthony Bistany, St. Joseph

120: Alexis Irizarry - Woodbridge

126: Darren Figueroa - Sayreville

132: Ian Coleman - John F. Kennedy

138: Jaydin Mahon - New Brunswick

145: Jake Wagner - Sayreville

145: Zion Blanco - New Brunswick

152: Tyler Job - Woodbridge

152: Brendyn Challenger - Edison

160: Jarazell Bull - New Brunswick

160: Michael Torres - Colonia

170: Sergio Maglione - John F. Kennedy

182: John Poznanski - Colonia

182: Alejandro Avellan - Edison

195: Ryan Bouchard - Sayreville

220: Joseph Porcaro - Sayreville

220: Bryand Garcia - New Brunswick

285: Keshon Davila - New Brunswick

285: Wilber Ramirez-Gomez - Edison



## All Blue Division



Division Champion: Saint Thomas Aquinas Coach of the Year: Joe Keagle - Metuchen Sportsmanship Award: Saint Thomas Aquinas

106: Kevin Beck - Middlesex-Dunellen

113: Cristian Diaz - Saint Thomas Aquinas

126: Ryan Gagliardi - Saint Thomas Aquinas

132: Zach Weiner - Spotswood

132: Jack McGowan - Metuchen

138: Owen Disbrow - Saint Thomas Aquinas

138: Tyler Haynes - Metuchen

145: Connor Doherty - Saint Thomas Aquinas

145: Jose Martinez - Saint Thomas Aquinas

152: Brandon Kick - Metuchen

152: Connor Johnson - Spotswood

160: Ken Coghan - Carteret

160: Moysha Alhasov - Highland Park

170: Jacob Vega - Carteret

170: Blake Johnson - Middlesex-Dunellen

182: Elijah Ervin - Metuchen

182: Mohamad Elhomossy - North Brunswick

195: Luke Tilton - Highland Park

195: Marcus Grandiero - South River

220: Jordan Campbell - Middlesex-Dunellen

285: Stephen Ruiz - Carteret



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#### FIRST TEAM

106 Dylan Acevedo, Sayreville, Jr.
113 Desmond Pleasant, Piscataway, Jr.
120 Deon Pleasant, Piscataway, Jr.
126 Tyler Sagi, Old Bridge, Fr.
132 Anthony White, South Plainfield, Jr.
138 James Rodriguez, Perth Amboy, Sr.
145 Connor Doherty, St. Thomas Aquinas, Jr.
152 Ian McCabe, Monroe, Sr.
160 Jarazell Bull, New Brunswick, Jr.
170 Jacob Vega, Carteret, Sr.
182 John Poznanski, Colonia, Sr.
195 Thomas Renna, South Plainfield, Jr.
220 Jordan Campbell, Middlesex, Jr.
285 Keshon Davila, New Brunswick, Sr.

#### SECOND TEAM

106 JJ Giordano, South Plainfield, Fr.
113 Jackson Ratcliffe, South Brunswick, So.
120 Jacob DelVecchio, South Plainfield, So.
126 Kendall Jordan, Piscataway, So.
132 Joseph Fiordaliso, Monroe, Sr.
138 Owen Disbrow, St. Thomas Aquinas, So.
145 Anthony Profaci, Monroe, So.
152 Xavier Santos, South Plainfield, Jr.
160 Chris Fanelli, Monroe, Jr.
170 Marcus Petite, Piscataway, Sr.
182 Nicholas Lodato, Piscataway, Jr.
195 Luke Tilton, Highland Park, Sr.
220 Joseph Porcaro, Sayreville, Sr.
285 Austin Scott, South Plainfield, Jr.

#### THIRD TEAM

106 Vincent Nadera, Old Bridge, Jr.
113 Julian Irizarry, South Plainfield, So.
120 David Rosenfarb, St. Joseph, So.
126 Vincent Genna, St. Joseph, Fr.
132 Zach Weiner, Spotswood, Jr.
138 Jaydin Mahon, New Brunswick, Sr.
145 Jake Wagner, Sayreville, Sr.
152 Kenny Coghan, Carteret, So.
160 Michael Torres, Colonia, So.
170 Sergio Maglione, J.F. Kennedy, Sr.
182 Nick Jairdullo, South Brunswick, Sr.
195 Nico Sta Ana, Monroe, Jr.
220 Bryand Garcia, New Brunswick, So.
285 Johan Coria, Perth Amboy, Jr.

#### HONORABLE MENTION

106: Julien Dawson, Edison, Michael Mustillo, Monroe, Giovanni Alejandro, St. Joseph, Kevin Beck, Middlesex. 113: Nick Stump, Monroe, Cristan Diaz, St. Thomas Aquinas, Alexis Irizarry, Woodbridge, Anthony Bistany, St. Joseph, Beqa Bedoshvili, Middlesex, Giovanni Maglione, J.F. Kennedy. 120: Tyler McCrimmon, Middlesex. 126: Francesco Rossiter, Metuchen, Matthew Klimkiewicz, South Brunswick, Andrew Loniewski, South Plainfield. 132: Darren Figueroa, Sayreville, Jack McGowan, Metuchen. 138: Daniel Mikita, Piscataway, Tyler Balent, South Plainfield. 145: Nick D'Alessio, Middlesex, Zion Blanco, New Brunswick. 152: Kenny Shinski, Colonia. 160: Gilbert Sosa, Perth Amboy, Brendyn Challenger, Edison, Dennis Whitford, Sayreville, Daniel Borsos, South Plainfield. 170: Elijah Ade-Festus, Sayreville, Blake Johnson, Middlesex, Anthony Ceras, Monroe. 182: Justin Cholula-Conde, Monroe, Alejandro Avellan, Edison, Mohamed Elhomossy, North Brunswick, Elijah Erving, Metuchen. 195: Marcus Granadeiro, South River, Ryan Bouchard, Sayreville, Hans Tejada, North Brunswick, Masino Rivituso, Colonia. 220: Jack Richards, Monroe, Elijah Mack, Old Bridge, Eliezer Wolfskehl, Piscataway, Stefane Ruiz, Carteret. 285: John Slover, Monroe, Wilber Ramirez-Gomez, Edison, Abrahim Mohamed, Piscataway, Vincent Rebak, Sayreville, Stephen Daramola, Woodbridge, Gianni Principato, St. Joseph.

More Media & More ...

#### **COACHES AWARDS**

The Home News Tribune - All Area Joe Eurell, Monroe Township

The Star-Ledger - Middlesex County Joe Eurell, Monroe Township

NJWCA District Coaches of the Year 17 - Nick Tonzola, Saint Thomas Aquinas 18 - Dan Smith - Piscataway

#### **COACHING ACHIEVEMENTS**

The GMC Wrestling Coaches Association Congratulates Old Bridge's, Bryan Garnett and thanks him for his Contributions To Middlesex County Wrestling over his 32 year career as an assistant and wrestling head coach

#### About this booklet ...

This book is produced mainly by the Head Coaches of the GMC Wrestling Teams.

All of the "narrative" write-ups are written by the coaches, e-mailed to Ron Mazzola, who simply "copies and pastes" these narratives into their proper place. Ron also formats the remainder of the book (lists, graphics, etc.).

This book is a major project and takes many hours, by everyone, to complete.

We apologies for any errors or omissions.

### SPECIAL THANKS

The GMCWCA would like to thank Mr. Jeffrey DiCocco for his many years of service as the league's wrestling chairman. Jeff has done a lot to keep wrrestling as a featured GMC sport and helped create the GMC Girls Wrestling Tournament through the presentation of a well-wrought proposal to the league's membership. Under Jeff's guidance, the GMC made history and became the first league or conference in New Jersey to sanction an official girls high school wrestling conference tournament!

Thank you Jeff for all you have done and good luck in your future position!

The

Greater Middlesex Conference
Wrestling Coaches Association
would like to thank the
coaches, adminstration and staff at

Saint Joseph High School

and

Twin Oaks Caterers

for helping make our All-Star Awards Presentation a great success.